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SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 6, 2017

JANUARY SUNRISE/SUNSET: 6 7:18 • 5:51 7 7:18 • 5:51 8 7:18 • 5:52 9 7:18 • 5:53 10 7:18 • 5:54 11 7:18 • 5:54 12 7:18 • 5:55

Roberts To Lecture, Exhibit At Hodges University

by Jeff Lysiak

Later this month, renowned Sanibel artist Myra Roberts will be exhibiting a number of her original paintings, giclées and mixed media collages at Hodges University as part of her ongoing social commentary and activism efforts through art.

In partnership with the Frances Pew Hayes Center for Lifelong Learning, Hodges University will present Dream Peace: Images of Holocaust Horrors and Heroes, a collection of Roberts' artwork which will be on display in Hodges' John White Community Room from January 26 through the end of March.

The Dream Peace exhibit will contain artwork from a number of Roberts' themed series, including Hidden In The Trees, Project Tolerance: The Faces of Anne Frank, Angels On Earth and Smokescreen: Prelude to the 1940s. Several exhibited works were shown in early 2016 at the Sanibel Public Library, with a number of newer works created for the Hodges exhibit.

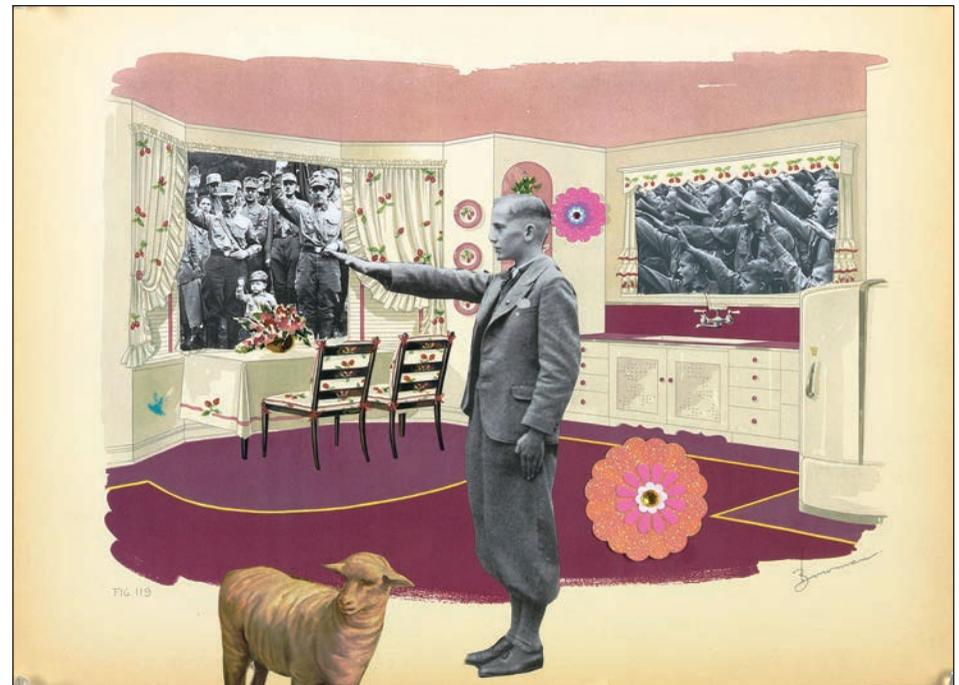
"I never stop creating or painting," said Roberts. "I enjoy doing my social commentary and activism through my art. A lot of my vintage art helps support the work I exhibit at museums."

A graduate of Arizona State University



Myra Roberts was commissioned to paint Myra Janco Daniels' family tree

photos courtesy Myra Roberts



Myra Roberts' mixed media collage, *Sheep*, will be exhibited at Hodges University in Naples from January 26 through the end of March

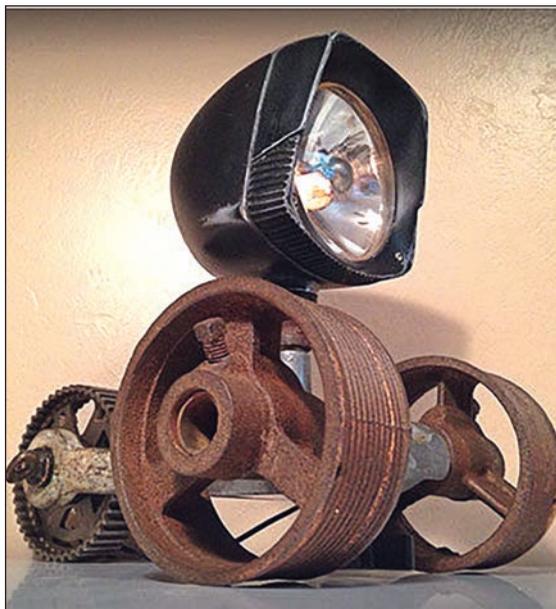
and Northern Illinois University, Roberts has exhibited throughout the United States, including in Chicago, Illinois; Boothbay Harbor and Bar Harbor, Maine; the Cab Calloway School of the Arts in Wilmington, Delaware (grant-funded); the Florida Holocaust Museum in St. Petersburg; the Holocaust Museum & Education Center of Southwest Florida; the Museum of the Everglades, and in galleries

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Two Exhibits At BIG ARTS

BIG ARTS is reigning in the new year with two new and exciting art exhibits in the Phillips and Founders galleries. These new exhibits bring elements both familiar and entirely new to audiences on Sanibel Island – Sight Unseen, brought to you by the Sanibel Captiva Art League, and Reken 'Strekt, created by Florida-based artist Jay Lana.

Sight Unseen is a presentation of Sanibel Captiva Art League, perennial favorites of Sanibel citizens, featuring a slew of brand new artwork. The oxymoronic title challenges artists to create new pieces specifically for this show. The show aims to bring a public eye to the goings on here on Sanibel and Southwest Florida that may have been missed by visitors and even longtime residents – curating scenes of local sights and the ruminations of each artist. The duality of meaning in the title of the



Reclaimed material sculpture by Jay Lana

photo courtesy BIG ARTS

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Kids making a donation from their lemonade stand proceeds

photo courtesy FISH of SanCap

Community Youth Unite To Help Others

Many island youth have grown up serving Sanibel and Captiva islands. When they found out about FISH programs, they knew they had found the right place for their community service efforts.

As community service volunteers, island youth lead and take part in several community service projects and events throughout the year on behalf of FISH. At the FISH Walk-In Center, they assemble and distribute holiday baskets, sort and stock the food pantry, pack and inventory backpack contents. In the community and at

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The HACFM Youth Choir, under the direction of Darlene Mitchell, will sing at the celebration photos courtesy SMAAEC

Celebrate Dr. Martin Luther King In Speech And Song At Sanibel Church

St. Michael and All Angels Episcopal Church (SMAAEC) invites the entire island community to join in its 2nd annual Dr. Martin Luther King, Jr. Day Celebration, to be held at 6 p.m. on Monday, January 16 at the church. As the first church in Lee County – and one of the first Episcopal churches in Florida – to integrate, St. Michael's is especially pleased to host this important event.

The celebration features the second appearance on Sanibel of the Housing Authority of the City of Fort Myers Youth Choir. Comprised of 60 children, ages 5 to 17, who reside in the family development of the authority and the Norstar Accolade company, this choir is the first choral group of its kind in the nation. Formed in 2014 and sustained entirely by numerous monetary and in-kind donations, the choir performs at community events and at functions promoting the mission of the authority. The choir made its debut August 30, 2014 at Dunbar High School to commemorate the Southern Christian Leadership Conference Civil Rights Movement's 50th anniversary. It has since appeared at such venues as Holiday in the [Roberto Clemente] Park, and the Lee County Black History Society's annual Juneteenth/Father's Day celebration. It also performed at a Fort Myers Miracle baseball game in 2015, singing the national anthem.

The choir recently released a compact disc of Christmas music, *Holiday Cheer*, funded by St. Michael and All Angels Episcopal Church. The CD will be available for purchase at the event. Forty of the group's singers will appear at the Dr. King Day Celebration.

The keynote speaker for the event is The Rev. Dr. Michael C. R. Nabors, senior pastor of the 134-year-old Second Baptist Church of Evanston, Illinois, one of the oldest African-American congregations on the North Shore.

The event, which is free and open to the public, begins with a performance by LeQuandre McKnight, a liturgical dancer who has performed in a variety of venues in Southwest Florida for seven years. The program also features 11-year-old Zaire Saldana, a sixth grade student at Cypress Lake Middle School, who returns by popular demand for a memorized recitation of King's famous I Have A Dream speech. The St. Michael's Parish Choir, under the direction of Minister of Music Hank Glass, will join the celebration with a performance of *Ride the Chariot*, *I Have A Dream* and *There is a Balm in Gilead*. The event concludes with the two choirs leading the audience in a sing-along of *We Shall Overcome*.

Youth Choir Director Darlene Mitchell is a well-known area singer and vocal coach. A graduate of Hodges University and member of the client services staff at the Housing Authority of the City of Fort Myers, she has been recognized for her achievement in the arts and in community activism, as a Dr. Martin Luther King Hall of Fame inductee, sponsored by the Dunbar Festival and the Lee County Black History Society, and recipient of the SWF Puerto Rican Chamber of Commerce's 2010 Most Powerful Women Award.

The event will be followed by a reception in the church's Parish Hall.

To inquire about special events at St. Michael and All Angels Episcopal Church, call Rector Ellen Sloan at 472-2173 or visit www.saintmichaels-sanibel.org.



The Rev. Dr. Michael C. R. Nabors will give the keynote address



Liturgical dancer LeQuandre McKnight will open the program



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Sunday Service To Feature Sacred Dance And Song

Three sacred dancers, The Three Peach Sisters, will perform during the Sunday, January 8 morning service starting at 10:30 a.m. at St. Michael and All Angels Episcopal Church. The dancers, appearing in flowing white costumes, are Kerry Salatino, Luann Fortune and Gari Lewis.



The Three Peach Sisters, from left, dancers Luann Fortune, Gari Lewis and Kerry Salatino, surround St. Michael's Rector Ellen Sloan. They will perform on January 8.

photo courtesy SMAAEC

The hymn accompanying the dancers, *This Is My Father's World*, will be sung by popular island soprano Debi Almeida, accompanied by organist Hank Glass. The beautiful late 19th-century sacred poem was written by Maltbie Davenport Babcock, a minister living in New York. Babcock, who took inspiration from the natural surroundings of his home near Niagara Falls and Lake Ontario, routinely called the region "my Father's world." After Babcock's death in 1901, his close friend Franklin Sheppard adapted the text to a traditional English melody.

The dance takes place during the service's Offertory, which St. Michael's Rector Ellen Sloan describes as a time "for worshipers to offer to God a diverse array of gifts, including, in addition to the bread and wine and contributions to the church's mission, song and dance."

Beyond graceful expression, the sacred dance is an integral part of religious experience, used for centuries as a means to give thanks. Fortune said that her experience as a sacred dancer brings her joy, "because it has deepened my faith in the power of dreams and dance."

For more information on music and dance at St. Michael's, contact Rector Ellen Sloan at 472 2173 or visit www.saintmichaels-sanibel.org.



Abdul'Haq Mohammed
photo courtesy SCUCC

Course On War, Women And Personal Stories

It may sound like the beginning of an old joke: a minister, an imam and a rabbi walk into a classroom and share a lecture program. But two Sanibel-based religious leaders and a special guest from Fort Myers aren't joking when they suggest that Christians, Jews and Muslims can learn from one another, and can learn to live in peace.

During the month of January, Rabbi Myra Soifer of Bat Yam Temple of the Islands, a Reform Jewish congregation, the Rev. Dr. John H. Danner, senior pastor of the Sanibel Congregational United Church of Christ, and Imam Abdul'Haq Muhammed will share leadership of a three-part lecture series titled War, Women and Personal

Stories. The program will be held on Wednesdays, January 11, 18 and 25, with identical sessions at 10 a.m. and 7:30 p.m. each week. All sessions will be held at the Sanibel Congregational United Church of Christ (SCUCC), located at 2050 Periwinkle Way on Sanibel.

One session will focus on the faith story of each of the presenters as they trace their own spiritual and religious journey. A second session will review the differing views about women and their roles in society held by each of the three religious traditions. The third session will struggle with varying beliefs around matters of war and peace held within each of the traditions.

Imam Muhammed is the founder and executive director of Quality Life Center. He is a community leader and a motivational speaker with a vision for uplifting children and adults through confidence-building programs based on core values that will teach the tools of a rewarding life.

A native of Harlem in New York City, Muhammed served in the army and attended college in New York. He co-founded the Woodycrest Center for Human Development in the Bronx and developed programs for youth and adults and served as director of youth programs and board chairman.

Muhammed has conducted sensitivity training for officers with the New York Police Department. He has spoken at many universities including Brown, Rutgers, Vassar, NYU, Columbia, City College and Hunter College, and was a frequent guest at the United Nations. He

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Another Perfect New Year's Day For Polar Bear Plungers



John "Papa Bear" Carney, center, directs participants in the 18th annual Polar Bear Plunge on Tarpon Bay Beach to walk into the waters of the Gulf of Mexico backwards, as is the New Year's Day tradition on Sanibel
photos by Jeff Lysiak



Members of the Wilson and Good families, visiting from Cincinnati, Ohio



From left, Van Orilla of Brooklyn, New York, Tracy Orilla of Sanibel and islanders Bogi Von Below and Ann McDonnell

more photos on page 6

*Bright, Shiny Favorites
from Our Galaxy of
Sanibel Keepsakes...*



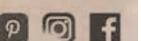
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From page 5

Polar Bear Plungers



Jill and Cal Werner, visiting from Bettendorf, Iowa



According to event organizers, 157 people from 17 states and six countries took part in this year's Polar Bear Plunge



John Carney leading the group in the singing of the Polar Bear Anthem before everyone took the plunge on the perfectly clear, 81 degree day



From left, Joyce and Kim Ross of Sanibel with Kathy Foley of Cape Coral

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Lee Rubino, visiting from Ormond Beach, Florida, was the first "cubbie" to sip from the giant champagne glass


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Sanibel resident Sally Lund, pictured with John Carney, has gone swimming every day for the past 19 years

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At Periwinkle & Casa Ybel

Device Offers Home Access To First Responders



From left, CERT member Bob Kern holding a Knox HomeBox device with Sanibel Fire & Rescue District members Rick Tassoni and Alma McClure photos by Jeff Lysiak

by Jeff Lysiak

Island residents and business owners may want to consider adding a new device to their private and commercial properties in order to be safer and more secure in the new year.

The Sanibel Fire & Rescue District has recently partnered with the Knox HomeBox, a device that provides homeowners with secure, rapid access to a residential property in an emergency without property damage.

Created for residential property owners, at-risk residential occupants and persons responsible for at-risk occupants who need the ability to grant fire departments access to their properties in case of an emergency, Knox HomeBox is the most secure, residential-grade key safe that is trusted and supported by fire departments across the United States.

"Getting in through a locked door or glass, or if you've got hurricane shutters, it can be almost impossible to access a home quickly," said Rick Tassoni, fire marshal for the Sanibel Fire & Rescue District. "If we're doing a welfare check on a resident, we don't have to wait for a key holder to get in. And in case of a fire or other emergency, \$159 (the cost for a Knox HomeBox device) is a lot less expensive than a new door."

Unlike "universal" or "realtor" residential-grade boxes that can be opened by anyone who has a common key or PIN pad, Knox HomeBox is a high security, weather-resistant key safe that can only be accessed by fire departments 24 hours a day, seven days a week.

Tassoni explained that only a member of the Sanibel Fire & Rescue District has the specially coded access key for each Knox HomeBox on the island.

Bob Kern, a member of the Sanibel CERT (Community Emergency Response Team), brought the idea to the local fire department after discovering one of his neighbors had passed out in her home.

"I had to call 9-1-1 to have somebody come and see if she needed CPR," Kern recalled. "When I learned about the Knox HomeBox, I thought it was a great idea."

The Knox HomeBox system currently protects hundreds of thousands of government and commercial properties in more than 13,500 fire jurisdictions across North America.

Some of the advantages to having a Knox HomeBox installed at your home include:

- Helps first responders to enter the home quickly
- Reduces property damage
- Makes re-securing accessed property reliable, easier and faster
- Utilizes the highly secure Knox proprietary key system that is already in place for commercial buildings in your municipality

Available in three colors and priced from \$159 to \$174, the Knox HomeBox comes in three hanging styles. Once purchased, a member of the Sanibel Fire & Rescue District will come to your home and install the device.

"We can install it in concrete, in a metal or a wooden door frame, and we can offer advice on the best location to install them," said Tassoni. "Best of all, we don't charge for the installation. That's just one of the extra services we offer for our island residents – we want everyone in the community to be safe."

For persons who may have a temporary disability, the Sanibel Fire & Rescue District has three loaner Knox HomeBox devices. "If it gets more popular, we might buy some more for loan purposes," he said, explaining that homeowners can fill out an application in order to qualify for the free loaner.

"From a safety standpoint, you can't break into these with a hammer or a crowbar," added Tassoni, who offered to speak about the device with any local groups, organizations or homeowners associations who may be interested in learning more about the Knox HomeBox.

Visit www.knoxhomebox.com for a product overview and ordering instructions. For more information, contact Sanibel Fire Marshal Rick Tassoni at 472-5525.✱



Firefighter Alma McClure demonstrates accessing the Knox HomeBox system

American Legion Post 123

On Sunday, January 8, American Legion Post 123 will be offering barbecue ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14.

There will be an American Legion general meeting at 6 p.m. Sunday, January 15.

Every Monday is an 8-ball pool league at 5 p.m. Stop in and watch some good shooting. On Tuesdays, tacos are served all day. Spaghetti

and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has shell ornaments available. If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✱

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Gonzalez-Cook

Heather Cook, daughter of Mr. Douglas and Mrs. Robin L. Cook of Sanibel, and Rolando Gonzalez, son of Dr. Rolando Gonzalez and Mrs. Joy Gonzalez of Miami were married on November 12, 2016.

Heather and Rolando were married at sunset under a full moon on the beach along West Gulf Drive. The ceremony was conducted by Heather's great uncle, George Cook. Grandparents from both sides attended from Hawaii, California and Miami, along with Rolando's three siblings. Rolando's sister, Tatiana Gonzalez, traveled from London where she is serving in the military to attend and read a poem at the ceremony.

Heather, a graduate of Fort Myers High School, earned her BA in art history at Florida State University and her MA in art history and museum studies at Case Western Reserve. She is the head of education and visitor experience at The Wolfsonian Museum-FIU in Miami.

Dr. Gonzalez earned his BS in biology at Florida State University and achieved his MD at North East Ohio Medical University. He is now a child psychiatry fellow at UM Hospitals Miami. The couple plans to reside in Miami.✪



Rolando Gonzalez and Heather Cook
photo courtesy Robin Cook

Shared Scholar Lecture And Seminar

A consortium of faith communities on Sanibel and Captiva has announced plans for the 2017 Shared Scholar Lecture, which will feature the Rev. Heidi Neumark. The program will be held at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel, on Monday, January 23 beginning at 7 p.m.

Pastor Neumark's presentation will expand upon the story of her discovering her Jewish ancestry, which she has detailed in her book *Hidden Inheritance: Family Secret, Memory and Faith*. The lecture will be followed by a reception with Pastor Neumark. No advance registration is required for the January 23 lecture.

Pastor Neumark's journey into her unimagined past has had life-changing repercussions for her future. In her lecture she will discuss how her discovery that her grandparents were Jewish and held in Nazi concentration camps, where her grandfather died, has impacted her life and work as a Christian pastor.

On Tuesday, January 24, Pastor Neumark will lead a special Shared Faith Communities Working Together for Social Change. Drawing on her many years of experience working in the Bronx and Manhattan, Pastor Neumark will help participants focus on ways their congregations can be engaged in social outreach. The seminar will be held from 10:30 a.m. to 1 p.m. and will include a light lunch. To register for the January 24 seminar, call the church office at 472-0497.

Neumark is an author, speaker and Lutheran pastor who has served congregations in the South Bronx and presently in Manhattan. Her experiences in congregational and community organizing in the Bronx led to a highly acclaimed book, *Breathing Space: A Spiritual Journey in the South Bronx*. In her present position, Pastor Neumark also serves as the executive director of a shelter for homeless LGBTQ youth.

Her second book, *Hidden Inheritance: Family Secrets, Memory and Faith*, weaves together personal



Rev. Heidi Neumark photo courtesy SCUCC

narrative, social history, theology and Biblical reflection in a story that challenges the author's identity, vocation and her theology. The book recounts how she was shocked to uncover her Jewish roots and successive family loss and trauma through the Holocaust. Neumark's readers are invited to consider for themselves how secrets, closeted identities and silence can shape their lives.

A graduate of Brown University and Lutheran Theological Seminary at Philadelphia, Pastor Neumark holds an honorary doctorate of divinity from Muhlenberg College. She is married, has two adult children and lives in New York City.

The Shared Scholar Committee is made up of representatives from five congregations on the islands: Bat Yam Temple of the Islands, Captiva Chapel-by-the-Sea, St. Michael and All Angels Episcopal Church, Sanibel Christian Science Church and Sanibel Congregational United Church of Christ. Support for the series is provided by the participating congregations, a grant from the Leo Rosner Foundation and free-will donations made by attendees. Both the Shared Scholar Lecture Seminar are open to the public.

For further information about the lecture or seminar, call the Sanibel Congregational United Church of Christ (SCUCC) office at 472-0497.✪

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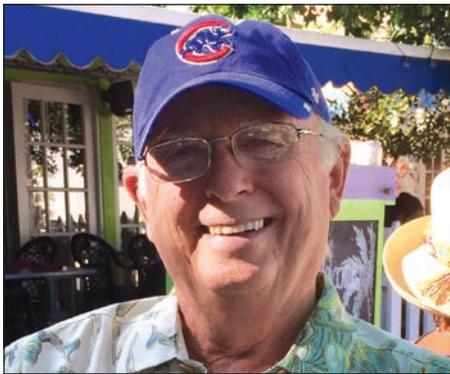
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OBITUARY



GEORGE SELL

George A. Sell, Jr., who was born in Detroit, Michigan on November 9, 1946, passed away on December 22, 2016 on Sanibel. He was formerly from Barrington, Illinois. George was preceded in death by his parents, George A. Sell, Sr. and Ruth Atkinson Sell of Palatine, Illinois; father-in-law Robert A. Flynn of Sanibel; and brother-in-law Chip Hayward of Chicago, Illinois. He leaves behind his wife of almost 39 years, Susan Hayward Sell, and his best friend and son, Graham Hayward Sell of Sanibel; brother Gregory Sell (wife Laura Sell) of Woodridge, Illinois; sister-in-law Betsy H. Dekker of Sanibel; two nieces, one nephew, cousins and extended family, the Ladleys from Barrington and Northbrook, Illinois.

George was truly a gentleman and great friend to all who knew him. He will be greatly missed but never forgotten. George worked hard, but competed in sports even harder. He was a member of the USTA, USGA, Lions Club, Kiwanis Club and a teaching tennis professional. He met his wife Susan giving a lesson at the Woodfield Racquet Club in Schaumburg, Illinois.

An information technology manager for Baxter, Kraft Foods and retired from Hewlett-Packard, he quickly became completely involved with golf, tennis and billiards here on the island. He was also a very active member at St. Michael's and the Kiwanis Club of Sanibel.

Service will be at Saint Michael and All Angels Episcopal Church, 2304 Periwinkle Way, Sanibel, 11 a.m. Saturday, January 14. Reception to follow at The Dunes Golf & Tennis Club.

Goodbye, sweet man, you will be

OBITUARY



SUZANNE AMREIN

Our loving mother, Suzanne M. Amrein, born on May 12, 1924 in Kamenicky Senov, Czechoslovakia, died peacefully in her sleep on January 2, 2017 in her home on Sanibel.

Suzanne is survived by her children Peter, Nina, Alexander, Tanya and Karen, her grandchildren Elena, Nicholai, Sonia, Laura, Ella, Alexander, Sam, Emily and Dominic, and her best friend and dearest companion Sparkle.

Suzanne was an extraordinary and compassionate lady who embraced life to the fullest. She will be missed by all those who had the privilege to know her.

Funeral services will be held at St. Isabel's Catholic Church on Friday, January 6 at 11 a.m.✝



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Shell Of The Week

Brown-line Niso



by José H. Leal, PhD,
Bailey-Matthews National
Shell Museum Science
Director and Curator

This shell of the Brown-line Niso, *Niso aeglees* Bush, 1885, is – so far – a one-of-a-kind find for the islands of Sanibel and Captiva. This conical shell measures about

10mm (about 0.4 inches), and is usually smooth or glossy, presenting no sculpture or ornamentations. Its color is whitish, with a thin red-brown band just above suture (groove separating two adjacent whorls).

The species is known to occur in deeper water in the Gulf of Mexico, but this shell was found by Steve Rosenthal on Sanibel's Blind Pass, on December 20, 2016. The area is known for accumulation of deeper-water species brought in with sand from beach nourishment efforts. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events:

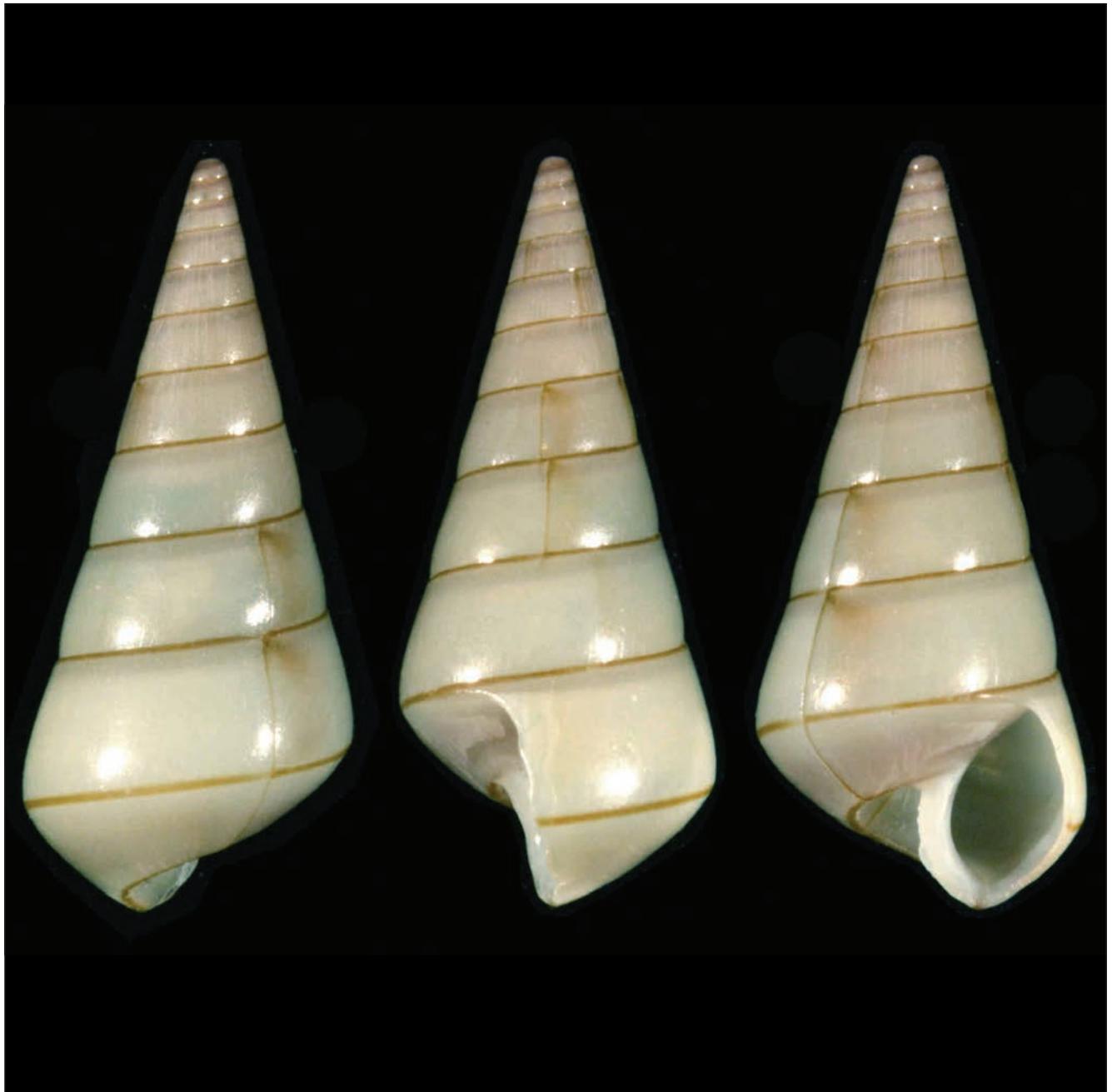
Daily programs are included with paid admission:

Live Tank Talks – Presented by a marine biologist throughout the day.

Arts & Crafts – 1:30 to 2:30 p.m.

Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.



The Brown-line Niso, *Niso aeglees*, from Blind Pass

photos by José H. Leal

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Sanibel Historical Village

SANIBEL HISTORICAL VILLAGE ANNOUNCES ITS 2017 TWILIGHT TALKS

Jan. 17: Toni Lapi reminisces about 'Tween Waters Inn and Captiva.

7 p.m., Tickets \$10, Shore Haven at the Village

Feb. 16: Siblings of Sanibel and Captiva - Mark McQuade and Deb Gleason, twins, will talk about their early days growing up on Sanibel (the 1950s and 1960s). Ellen Mayeron and Victor Mayeron will share stories of doing business on Sanibel and Captiva in the 1970s and 1980s.

7 p.m., Shore Haven at the Village

March 7: Author and local historian Jeri Magg will tell stories that celebrate the achievements of the women who shaped Sanibel and Captiva in her book, Remarkable Women of Sanibel and Captiva.

7 p.m., Shore Haven at the Village

April 3: Officials will introduce the city's Heritage Trail.

7 p.m., The Community House

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RSVP to Emilie Alfino, Sanibel Historical Village, 239-472-4648, or email info@sanibelmuseum.org, 950 Dunlop Road, Sanibel, FL 33957.



Captiva Community Panel To Meet

The next meeting of the Captiva Community Panel will be held on Tuesday, January 10 beginning at 9 a.m. in the Cone Rooms (room subject to change) in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Discussion of planning options to strengthen plan protections with David Depew
- LCEC update by Tricia Dorn

- Update on the sea level rise workshop in January
- Vote on panel officers
- Update on priority committees including wastewater and Captiva Drive bike/ped improvements, as well a call for new committee members

• A Captiva Erosion Prevention District update

- A Captiva Fire District update
- Other business as necessary

Public participation is invited and encouraged. The next Captiva Community Panel meeting will be held on February 14. Information and background documents are available online at www.captivacommunitypanel.com.✱

Symphonic Fundraiser

The Symphonic Chorale of Southwest Florida is holding its annual Fundraising Gala on Saturday, January 28 from 6 until 10 p.m. at The Landings Yacht Club in Fort Myers, located at 5200 Landings Drive.

The evening's theme is Where There Is Love, There Is Music. The fundraiser will feature a full-course dinner, entertainment and both a live and silent auction. Baritone Ed Pember will entertain with music that spans a variety of genres including classical, opera, Broadway and art songs. The emcee for the evening is Robert Van Winkle, NBC-2 weather anchor.

Pember resides in Fort Myers, but brings an international reputation to Southwest Florida and to this gala. His singing career began with his service in the United States Air Force, and his performances with the Air Force Band. Once he returned home to his native Michigan, he performed as a featured artist with numerous symphony orchestras and chorales including the Michigan Opera Theater and the Detroit Symphony, and later developed his operatic repertoire through his performances with the New York City Opera, including *Moses In Egypt*, *La Perichole* and *A Quiet Place*. He has also been a guest artist on *The Today Show* and *Phil Donahue*.

This gala evening is an important one to the Symphonic Chorale, but also to the community. Money raised at the gala allows the chorale to continue bringing exceptional music to Southwest Florida audiences.

"Ticket sales to concerts only cover about 35 percent of our costs when we bring a production to the community," said Lynn Apelgren, Symphonic Chorale board president. "Events like our fundraising gala help offset those costs and allow us to present beautiful musical experiences and still keep ticket prices affordable."

To make reservations, visit the Symphonic Chorale's website at www.symphonicchorale.com. The cost per attendee is \$85.

The Symphonic Chorale of Southwest Florida is a highly select, auditioned professional core chorus under the artistic direction of conductor Dr. Trent Brown. Members come from Fort Myers, Naples, Bonita Springs, Cape Coral and surrounding areas.✱

Republican Women's Club Luncheon

Lee County Clerk of the Circuit Court Linda Doggett will be the featured speaker at the monthly Fort Myers Republican Women's luncheon on Tuesday, January 17. Her topic will cover activities of her department and changes that have been made since she's been in office. A question-and-answer session will be held following her formal presentation.

Following Doggett's remarks, she will be presented with the club's GEM Award. The GEM award represents individuals who have shown great leadership, effort in establishing programs and policies, and being a major contributor to the community through time and effort. Doggett has demonstrated these attributes since being elected to the office.

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings, located in South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. The luncheon cost is \$18 per person. Reservations are required by Thursday, January 13, and may be made by contacting Tina Laurie at 489-4701.

Additional information about the club may be obtained by contacting Carole Green at 850-590-2206.✱

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Power Squadron Offering Two Boating Courses

The Sanibel-Captiva Sail & Power Squadron is hosting two boating courses available to both members and non-members. They are designed to build boaters' confidence and competence to prepare for safe and fun on-the-water adventures.

Seamanship provides a foundation of knowledge and skills for those who are relatively new to boating or those who simply want to take a course to increase their level of proficiency in

safely operating a recreational vessel. For many boaters, this class is the next step after America's Boating Course, although completion of the class is not a prerequisite for the course. Seamanship teaches skills applicable to both power and sail and includes topics such as types of boats and how they behave on the water, anchoring, docking and line handling, close quarter maneuvering, rules of the road, communication with other boats and basic knot-tying.

The Seamanship course will be taught by Bill Hay and will begin on Wednesday, February 8 at 1:30 p.m. at Bank of the Islands, located at 1699 Periwinkle Way on Sanibel, and continue for five consecutive

Wednesdays. The cost is \$68 for members and \$140 for non-members.

Coastal Navigation/Piloting provides boaters with an opportunity to learn the essentials of safe coastal and inland navigation using basic GPS in conjunction with charts and other marine data. This course teaches how to use the GPS along with dead reckoning techniques for planning and plotting out safe routes, as well as ensuring you are on-course while underway.

The course will be taught by John Fridlington and will begin on Tuesday, January 17 from 9 to 11 a.m. at Bank of the Islands on Sanibel; instruction will continue for nine weeks. The cost is \$78 for members and \$160 for

non-members.

For more information or to register for either of these courses, visit www.usps.org/localusps/sancap, select "education" and a list of courses will appear. Click on the course you are interested in and the pre-registration form will appear.

The Sanibel-Captiva Sail & Power Squadron is an organization dedicated to promoting boating safety and education. Members are also provided with opportunities for boating-related social activities. Membership information can be obtained by contacting JoAnne Heroy-Giller at 244-1165.*

Sea Level Rise Symposium

The Captiva Community Panel invites you to learn how rising seas could impact Captiva, Sanibel and Pine Island Sound at Now In My Back Yard. This symposium is open to all and will be held on Friday, January 13 from 1 to 5 p.m. at the South Seas Island Resort conference center.

Local and regional presenters include:

- Keynote speaker Harold Wanless, PhD, University of Miami
- Joseph F. van Gaalen, PhD, Director of Student Assessment, Florida SouthWestern State College

- Hans J. M. Wilson, PE, President, Hans Wilson & Associates, Fort Myers
- James T. Evans III, Director of Natural Resources, City of Sanibel

- Erin Deady, Esq. AICP, Corbett, White, Davis and Ashton, Lantana

- Christine Shepard, PhD, Director of Science; The Nature Conservancy Gulf of Mexico Program, Punta Gorda

- Jason Evans, PhD, Assistant Professor of Environmental Science and Studies, Stetson University, DeLand

There will be an opportunity for questions and discussion at the end. Cost to attend is \$20 per person.

Planning and land use professionals are invited to attend a morning session on The GIS Toolbox for Land Use Professionals, held from 10 to 11:30 a.m. at South Seas.

CEUs will be available; cost is an additional \$10 per person.

There will also be a special cocktail reception to support the Captiva Community Panel and discuss local issues from 6 to 7:30 p.m. at Kings Crown, located on the north end of the resort. A donation of \$50 per person is requested for the gathering featuring an open bar and heavy hors d'oeuvres.

Register online for all three events at www.eventbrite.com/e/sea-level-rise-symposium-tickets-29658123245?aff=cap_tivaSLRSymposium.

The Captiva Community Panel is an advisory group of island volunteers working on land use and zoning issues for the island. More information is available online at www.captivacommunitypanel.com.*

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Christmas Heat Wave



by Capt. Matt Mitchell

Even though winter is officially here with our temperatures in the 80s, it's still just a little hard to believe. You've just gotta love that as other parts of the country

are experiencing record cold, we are out on the water enjoying Christmas week and catching lots of fish. Traditionally, January is the coldest month of the year for us. So as long as this bonus winter heat wave sticks around, get out and take advantage of it.

Catch-and-release snook fishing continued to be on fire all week despite the slow moving daytime tides. During an average four-hour trip, I'm carefully releasing 20 or more snook. Mangrove creeks that had even just a little moving water held great numbers of fish including snook, jacks, snapper, gag grouper and a few trout. When fishing on these slow

water movement days, often finding somewhere the wind is pushing the water is what it took to find feeding fish.

While riding down mangrove shorelines on my tower this week, I finally started to see some larger sheepshead. These are the first bigger sheepshead I have seen in any kind of numbers so far this winter. Most docks on the ICW also had these sheepshead show up this week on them, too. As long as the weather stays good, I don't really start targeting these fish until a client wants to or cold weather makes it the best fishing option.

On trips this past few weeks, when I have clients who want to go home with fillets, I opted to target mangrove snapper. Fishing sunken structures in the southern sound, limits of mangroves up to 15 inches came easily once you fired up the fish with some live shiners. Watching these snapper explode on the surface as they chase down the live shiners makes for a great visual bite and a tasty dinner. I don't ever remember catching as many or such quality mangrove snapper in late December before.

When I'm traveling from place to place, I'm always checking crab pots and markers along the way looking for that bonus fish... aka a tripletail. This paid off over the weekend as we stumbled



Paul Holder with a bonus tripletail caught this week with Capt. Matt Mitchell

across a roughly 10-pound tripletail in the middle sound. After pulling the hook and losing this fish, my client quickly got over it as a few more buoys down the line, he caught a quality five-pounder that took the sting out of losing the first one. Another half-mile down the buoy line, we then saw one of the biggest tripletail I have seen in the past few years. This giant was in the 20-pound-plus range. After casting at this monster over and

over, it would just not close the deal and eat a bait. After about 20 minutes, the monster spooked, swimming down and never returned to the buoy.

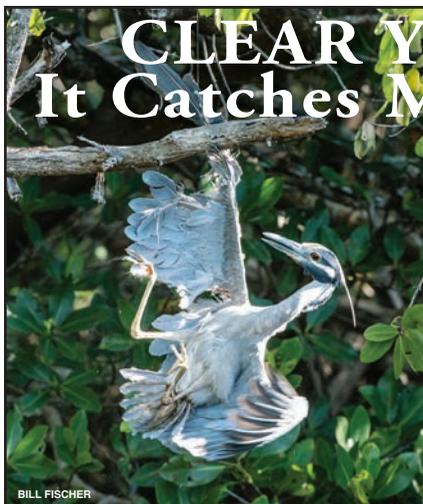
Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandnews.com or call 395-0113.

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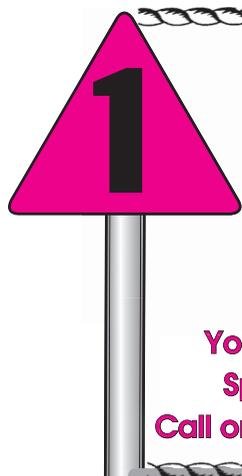
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Native teabush's five-petaled flowers bloom most of the year and attract butterflies and hummingbirds
photo by Gerri Reaves

Plant Smart

Teabush

by Gerri Reaves

T Teabush (*Melochia tomentosa*) is a native perennial shrub or subshrub whose hardiness and beauty recommend its increased use in the landscape. This species endures tough conditions, such as nutrient poor soil, drought and full sun – and produces pretty flowers spring through winter.

Those five-petaled purple, pink or magenta flowers provide nectar for butterflies and attract hummingbirds.

The name teabush refers to the medicinal tea made from the leaves, which is a cold treatment and eyewash.

Other common names are broomwood, woolly pyramidflower and pyramid bush, the latter two names inspired by the plant's tiny reddish brown pyramidal seed capsules.

In the wild, this member of the big hibiscus or mallow family grows in pinelands and dry, open rocky limestone habitat.

Typically, it reaches three to five feet tall but can reach a bushy small-tree size.

The lanceolate alternate leaves are muted silvery green and serrated, or toothed. They are covered with short soft hairs, thus the term tomentosa, which means fuzzy or woolly.

The leaves edges have a scalloped look because each tooth bends away from the leaf plane.

The flowers appear at the branch ends and feature five prominent long stamens with brownish pollen-releasing anthers.

Sources: backyardnature.net, floridasnature.com and wildflower.org.

Plant Smart explores the diverse flora of South Florida.✱

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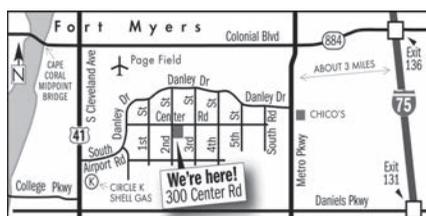


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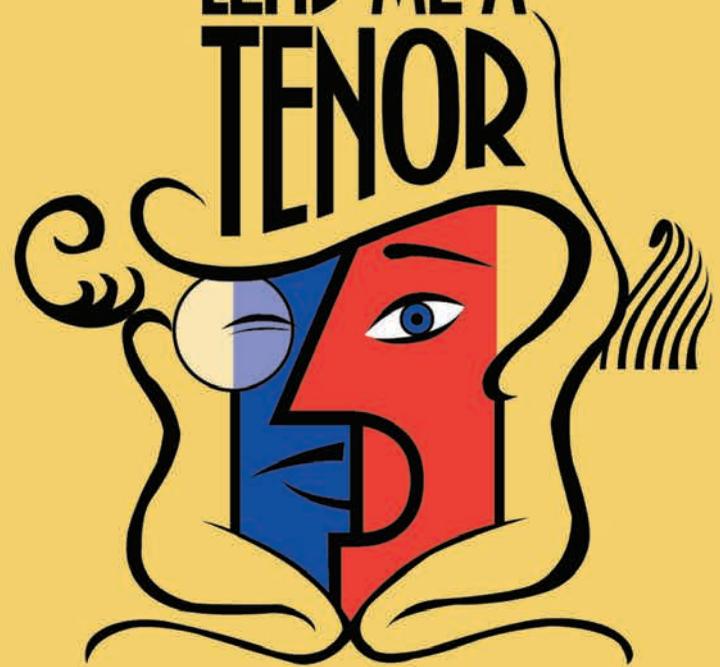
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CIVIC + CULTURAL CORE PROJECT (CCP) FACTS

HOW DID THE PROJECT GET STARTED?

- In 2012 and 2013, three non-profits recognized the need to upgrade aging buildings, performance, workshop, and outdoor spaces, provide better parking, and to address congested traffic flow during day time events.
- The City purchased approximately 25 acres of land in 1986 and 1987 as possible site to satisfy multiple community needs. The CCP would include 13.5 acres of this land.
- A vision emerged to create a community space on City land that honored the Sanibel Plan, contained abundant green space, and assured the future of several community resources.
- In 2013 Sanibel Community Association, Island Seniors Inc., and BIG ARTS completed a needs assessment study for their organization.
- The Historical Village and Museum, Sanibel Public Library, Island Seniors, BIG ARTS, and the Sanibel Community Association met in three public workshops to develop a Master Plan for the Civic Core.
- In 2014 the CCP working group committee was organized comprised of representatives from BIG ARTS, Sanibel Community Association, Island Seniors and members of the City Manager's staff.
- A vision for a walkable, "bikeable" green space emerged that would be a community gathering place for all ages to celebrate life-long learning, the arts, culture and healthy living.

WHAT ARE THE BENEFITS OF THE PROJECT?

- Create a beautiful gathering place for everyone in our community to enjoy the arts, fellowship, senior support, education, and healthy living.
- Help reduce traffic congestion by moving major outdoor events and related parking away from Periwinkle Way
- Provide much-needed, long-term homes for two nonprofit organizations that have a demonstrated, increasing need for resources, and that have been an integral part of the Sanibel community for decades.

WHERE ARE THE 13.5 ACRES LOCATED? See Master Plan map on the www.sanibelccp.org

HOW WAS THE CONCEPT DEVELOPED?

- The CCP working group and City developed conceptual plan over a 3-year period that included a large green space, bike paths, 2 outdoor pavilions and new homes for the Center 4 Life and BIG ARTS.
- There were multiple revisions in response to public feedback, 3 public workshops, 18 feature stories in local and Lee County publications, website with public feedback form, letters to the editor, extensive City Council discussion and working group outreach to neighborhood associations and memberships of affected organizations.

HOW MUCH OF THE LAND WILL BE DEVELOPED?

- 13.5 acres of City land, and 2 acres of BIG ARTS and SCA land.

WHAT IS THE ENVIRONMENTAL IMPACT AND THE SAFEGUARDS?

- 13.5 acres is part of land purchased by City in 1986 and 1987 for public use.
- Land not used for Public Works Department placed by the Council in the Environmentally Sensitive Lands Conservation District
- A recently updated study by the head of the City's Natural Resources Department states that the project plan does not pose an environmental threat to the land and will have limited impact.
- City of Sanibel is committed to appropriate mitigation of land transfer. The City and CCP Working Group are working on a mitigation plan.
- Project subject to all Sanibel regulations, including no native species destroyed.

WHAT WILL IT COST?

- Maximum of \$42 million.

HOW IS IT BEING FUNDED AND WHAT WILL IT COST ME?

- \$12 million private donations from BIG ARTS
- \$8 million City of Sanibel
- \$22 million other sources, including grant request to Lee County
- Estimated cost to homeowner with average home value of \$540,000 is \$110 per year.

WILL THIS MAKE OUR TRAFFIC PROBLEMS WORSE?

- One core project objective: reduce Periwinkle congestion – especially during larger, day-time events.
- Analysis of the plan's traffic flow being conducted by professional traffic engineering firm familiar with Sanibel. Report will be posted immediately upon completion in late January 2017.

IS THIS TOO BIG FOR SANIBEL AND WILL IT ATTRACT MORE OFF ISLAND TRAFFIC?

- Vision is to build better – not bigger—resources that meet community need, solve the problem of failing buildings, and stand the test of time.
- Annual off- island participation in Island Seniors and BIG ARTS programs is less than 10%.
- No change in programming or mission of any participating organization that portends increased off island traffic.
- "By the community and for the community" is the guiding principle of the project.
- Architectural design will be in keeping with Sanibel style.

HOW WILL THE PROJECT MOVE FORWARD?

It is up to the community to decide in a vote on March 7, 2017. You will be asked to weigh-in on two questions:

1. Should the City-owned 13.5 acres envisioned for the project be moved from environmentally sensitive designation, to a designation that allows development?
2. Should the City of Sanibel borrow \$8 million to fund its portion of project costs?

HOW CAN I GET MORE DETAILS AND EXPRESS MY OPINION

- Please go to www.sanibelccp.org where you will find details, images, and copies of all reports referenced, a feedback form and schedule – when it is confirmed – of upcoming public information meetings.
- Please feel free to contact any one of the members of the CCP working group:

Island Seniors, Inc.

Katie Reid

reidkv@aol.com

239-472-0292

Shirley Schulz

schulzshirley@hotmail.com

239-312-4178

Sanibel Community

Association

Tom Sharbaugh

1062shl@gmail.com

239-395-0469

Richard Johnson

rjohnson@baileys-sanibel.com

BIG ARTS

Ralph Clark

rclark50123@gmail.com,

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Chuck Ketteman

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Education Coordinator Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday from 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, January 6, 2 p.m. adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Friday, January 6, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, January 9, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, January 9, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation.

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Tuesday, January 10, 11 a.m., adults \$7, teens \$5, 12 and under no charge CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, January 10, 4 to 4:15 p.m., \$20 for adults, \$10 for teens, 12 and under no charge, advance registration required – Speaker Series: Living with Burrowing Owls, presented by Beverly Saltonstall, Cape Coral Friends of Wildlife volunteer/

Cape Coral has the largest population of burrowing owls (*Athene cunicularia floridana*) in Florida, with an estimated 1,000 nesting pairs and an upwards of 2,500 burrows within the city limits. While the owls are quite tolerant of humans, their homes are still being threatened. Learn about their habitat and hunting characteristics so you can cohabitate with this remarkable species.

Wednesday, January 11, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

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Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 12, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 12, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them

CROW Case Of The Week:

Common Loon

by Bob Petcher



A common loon (*Gavia immer*) offers a distinctive, throaty call that echoes across lakes. Some refer to the sound bellowing from the large, tuxedoed birds in the middle of the lake as eerie.

In all, loons create a variety of vocalizations that could be categorized into four main types: the tremolo; the yodel; the wail; and the hoot. Each of these calls communicates a distinct message.

Loons are migratory birds that mainly live in the northern region of the United States and Canada (as well as Greenland and Iceland) but like to reside in the southern states when the weather gets too cool up north. They are known to be powerful and agile divers that can catch small fish during quick underwater chases.

Loons are less acquainted to land and typically come ashore only to nest. In fact, the duck-like animal actually gets its name for its clumsy, awkward appearance when traversing on land. It has a long body and a short tail that is usually not visible.

At CROW, a common loon was brought in from another wildlife center on December 23 due to its need to grow new feathers. Its primary feathers arrived in very poor condition, with brittle shafts.



Donated feathers from a deceased loon

photos by Kenny Howell

The patient will receive donor feathers from another common loon that happened to pass away at the clinic last week. The feather-repairing procedure is called imping and involves reattaching donor feathers onto a bird's wings by the use of small splints inserted into the hollow shaft of the bird's main flight feathers.

Once the procedure is successfully accomplished, CROW officials say the loon's flight can be restored immediately.

"The loon will be able to fly immediately after the procedure but most take a little time to get used to new feathers," said CROW DVM Intern Dr. Krystal Woo, who further stated the imping procedure is generally a simple



Patient #16-3889 needs its feathers repaired

one with a high success rate. "The success is judged on whether the feathers stay in place until moulting begins. Since the loon is a water bird, we want to be sure they are secure especially for when diving in the water for food. That is why we will keep the loon for a few weeks before (it is) released."

Woo explained that, during imping, "the feather is inserted into the hollow shaft of the broken feather and held in place with epoxy. In time, the inserted feather will be replaced during moulting (shedding of old feathers while producing new ones)."

CROW officials say 40 feathers have been removed from the deceased loon but the exact count of how many will be used during imping will not be known until the bird is anesthetized and there is a

closer examination of the brittle feathers.

"We are estimating the loon might need between five to 10 feathers," said Dr. Woo. "It is a relative quick procedure and should take no more than 30 to 45 minutes."

If the deceased loon's feathers were not available, the patient would have to grow back its own feathers, a process that could take at least two to three months or longer," added Dr. Woo.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪

Free Refuge Programs Available



Every Tuesday through April 23, Calusa Shell Mound Trail guided tours run continuously from noon to 2 p.m. photo courtesy DDWS

From birding and biking the refuge, to learning about manatees and venomous wildlife, the seasonal calendar of free programs and tours at the JN "Ding" Darling National Wildlife Refuge began this week and runs through April 23.

Daily programs begin at 8:30 a.m. and include such diverse topics as Nature Photography, Beach Walk, Birds of Prey in Southwest Florida, and an Indigo Trail Walk.

"We have something for visitors of all ages," said Supervisory Refuge Ranger Toni Westland. "Most of the free refuge programs and tours last about a half hour."

For a full calendar of programs and tours and descriptions, visit www.dingdarlingsociety.org/articles/free-refuge-programs. Free educational programs are made possible through support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).✪

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From page 1

Roberts To Lecture



Myra Roberts with Holocaust survivor Anne Jaffe photos courtesy Myra Roberts



One of Myra Roberts' paintings – from her Hidden In The Trees series – depicts a tree filled with images of Holocaust survivor Anne Jaffe's family members

throughout Florida.

Roberts was selected as one of five 2016 Makers: Women Who Make Southwest Florida by WGPU Public Media, in partnership with the Southwest Florida Community Foundation and the Women's Fund of Southwest Florida. Nominated by the public, the selection of Roberts was based on her impact in the arts and social justice in Southwest Florida.

One of the subjects from Roberts' Hidden In The Trees series, Anne Jaffe, shared her personal story of surviving the Holocaust with the artist.

"Her story is so intriguing and inspiring," said Roberts, who traveled to Delaware to speak with Jaffe. "When she was 10 years old, she had to run for her life into the woods in Poland. She survived, hidden, for two years."

Even more remarkable, Roberts explained, was Jaffe's resolve to live a positive life. "The story she wanted to tell is remembering the man who helped save her family," she added. "She wanted to focus on the 'good' in people, and the positive outcome."

On Thursday, January 26, Roberts will attend the opening of the Dream Peace

exhibit at Hodges University, which will run from 3 to 4:30 p.m. Admission to the gallery opening reception is free.

The following week, on Tuesday, January 31 from 1 to 2:30 p.m., Hodges University will again host Roberts for a gallery lecture entitled The Horrors and Heroes of the Holocaust.

During this session, Roberts will describe her ongoing journey as a painter of "happy retro-Florida" images and works of social commentary. Her goal of the latter is to raise the consciousness of future generations about anti-Semitism, the Holocaust and because light can emerge out of darkness... a dream of peace. Admission is \$10 and advanced registration is required.

Roberts asked that people who attend either or both of her appearances at Hodges University please make a donation to White Helmets, a volunteer civil defense organization in Syria that carries out search-and-rescue and firefighting operations following attacks against civilians. They are apolitical and non-partisan: their mandate is to save lives.

According to Roberts, her cousin, Steven Katz, has personally witnessed the humanitarian work being done by White Helmet volunteers.

"(Steven) served four tours of duty in Iraq, and witnessed the horrors going on in the Middle East," said Roberts, whose cousin currently works at The Pentagon. "The White Helmets are the first responders in Aleppo."

For more information or to make a donation, visit www.whitehelmets.org. "I'm always delighted when people show a curiosity for what I do," she added. "What makes me an unusual artist is that I enjoy taking the time to do something that's raw or visceral or diverse in some meaningful way."

On Monday, February 20 from 1 to 2:30 p.m., Hodges University will also host a lecture entitled A Hero and Survivor of the Holocaust: Robert Hilliard and Steen Metz.

Attendees will hear Hilliard, a World War II veteran and hero who helped to liberate Dachau concentration camp months after the war ended. Discovering sick and starving prisoners who were not receiving the proper help from the U.S. government or Jewish relief organizations, Hillard and a fellow G.I., Edward Herman, began a letter-writing campaign to seek funds from Americans. The letters caught the attention of President Harry Truman, as well as *The New York Times*.

In addition to Hillard's story, guests will also hear from Metz, who was deported, along with his parents, to Theresienstadt concentration camps in 1943 when he was 7 years old. Losing his father to starvation after only six months in the camp, he and his mother were liberated in April 1945. Metz, like Hilliard a longtime resident of Sanibel, has shared his story with more than 12,000 people since October 2011.

Admission to the Hilliard/Metz lecture is \$10 and advanced registration is required. Attend both the January 31 and February 20 lectures for \$15.

Hodges University's Naples campus is located at 2647 Professional Way. For directions, to register for either lecture or for more information, contact April May at amay@hodges.edu or 598-6153.*

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Choice of Ham, Bacon or Sausage
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Shrimp and Grits 15
Jumbo Gulf Shrimp, Cheddar Grits,
Scallions, Bacon, Creole Sauce
Corned Beef Hash & Eggs 14
Bell Peppers, Onions, English Muffin,
Roasted Potatoes (Poached, Scrambled,
Over Easy, Sunny Side Up)

Three Egg Omelet 16
English Muffin or Bagel
Select five items from below.
Vegetables: Asparagus, Red Peppers,
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Spinach, Zucchini and Broccoli
Cheeses: Yellow Cheddar, Gorgonzola,
Feta, Parmesan and Mozzarella
Meats / Fish: Smoked Bacon Sausage,
Ham, Canadian Bacon, Petite Shrimp,
Corned Beef (GF)

Soup Cup 5 Bowl 7
Minestrone
Chef's Daily Inspiration

Caesar Salad 9
Crisp Hearts of Romain
House-made Caesar Dressing
Focaccia Croutons
Add: 4oz Petite Filet 12 Chicken 8
Salmon 12 Jumbo Shrimp 10 (GF)

Heirloom Caprese Salad 10
Fresh Mozzarella, Arugula,
Balsamic Reduction (GF)
Watermelon Salad 9
Mixed Greens, Orange Supremes,
Goat Cheese, Shaved Red Onion,
Pear Gastrique (GF)

Seared Scallops* 14
Corn and Tomato Relish, Cucumber,
Lemon Grass-Ginger Vinaigrette (GF)

Baked Jumbo Lump Crab Cake 14
Roasted Potato, Spinach, Bacon Hash
Chive Beurre Blanc

Butternut Squash Ravioli 16
Brown Butter, Sage, Butternut Squash and
Mushrooms

North Sea Blackened Salmon 18
Potatoes, Bell Peppers, Corn, Spinach
Creole Sauce (GF)

Chicken Marsala 16
Tuscan Potatoes, Petite Vegetables,
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BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists.

The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.

2075 Periwinkle Way (Periwinkle Place), 472-2525

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried butterflied chicken with sage gravy and the snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant famous for its great food and service. Plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and always fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from



Joe Cruz and Dwight Doherty of The Dunes Golf & Tennis Club photo by Bob Petcher

6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.

949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken. The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

1036 Periwinkle Way, 472-6939, 6520 Pine Avenue, 472-5353

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.

11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

630 Tarpon Bay Road, 472-2625

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Contractor Breakfast served Monday through Friday 8 to 11 a.m. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends. The patio lounge menu includes a selection of "happy apps" starting at \$8 and half price drinks during happy hour from 5 to 7 p.m. Dinner reservations are suggested.

1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.

1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop within Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.

2467 Periwinkle Way in Bailey's Center, 472-7222

children's menu is also available. Carry out, indoor or outdoor seating. Check out our all new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of our fresh salads, try our Wizard Waffles, our classic burger, our Mexican plates and indulge in our Indian curry, Vietnamese pho, raw vegan lasagna and more! Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. Our fresh juice bar is always brimming with island smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of our delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday. Come visit and join The Sprout family!

2463 Periwinkle Way in Bailey's Center, 472-4499

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jake's is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

TOTALLY BAKED ON SANIBEL

Totally Baked On Sanibel is the island's #1 source for fresh baked breads, specialty pastries, donuts, cakes, pies, candies and other confections. The unique eatery within Islander Center also offers coffees and breakfast sandwiches. For lunch, daily offerings include off-the-bone, hand-carved meats as well as soups, salads and other specialty items. Wedding cakes are made to order. Open seven days a week 6 a.m. to 5 p.m. Outdoor seating along the bike path.

2407 Periwinkle Way Suite 1, 312-4503

SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida. Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes. Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi at the bar. Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up island favorites at the bar or family-friendly patio. Choose from frosty drinks, signature sandwiches and classic favorites. Visit sundialresort.com/eat for menus, hours and reservations.

1451 Middle Gulf Drive, 472-4151

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in this place! The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

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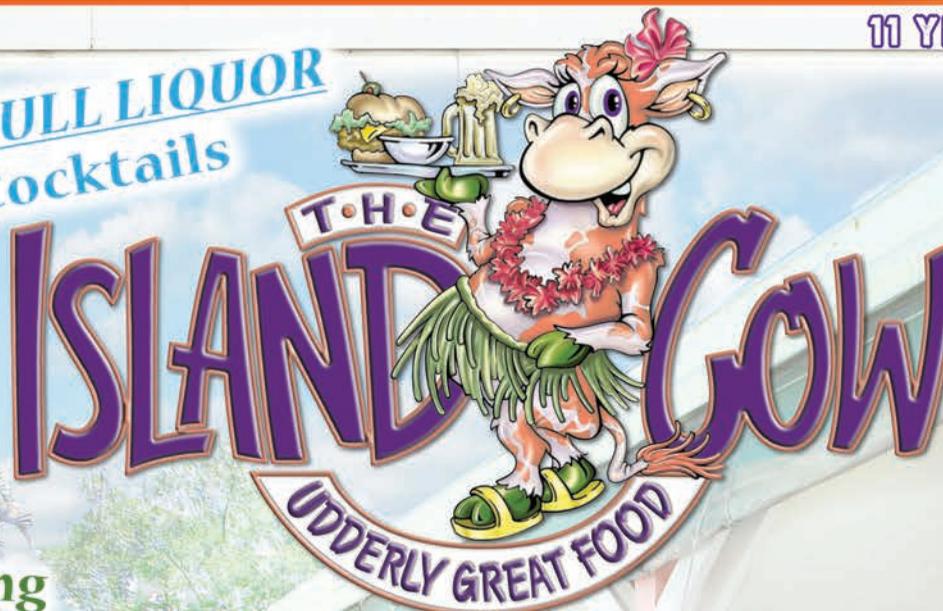
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San-Cap Audubon Lecture Series



Bikers and hikers observing birds and wildlife

photos courtesy San-Cap Audubon

Join the Sanibel-Captiva Audubon Society on Thursday, January 12 at 7:30 p.m. for a program entitled Getting To Know CREW. Brenda Brooks, executive director of the CREW Trust, will share the history, opportunities and the services provided by the Corkscrew Regional Ecosystem Watershed (CREW).

The historic venue for the Audubon lecture series is The Community House, located at 2173 Periwinkle Way on Sanibel, which is currently undergoing extensive renovation. These renovations have not been adequately completed for occupancy, therefore, this lecture will be held at Sanibel Community Church, located at 1740 Periwinkle Way. The hope is renovations of The Community House will be completed in time for Audubon's next lecture. Visit www.san-capaudubon.com.



Brenda Brooks

org or call 395-1878 for further information.

For 27 years, the CREW Land and Water Trust has been charged with protecting the largest intact watershed in Southwest Florida. Brooks will share the unique story of the CREW project, its successes and challenges, recreational and educational opportunities for visitors and the services the watershed provides for local residents. Listed as an Important Bird Area by Audubon, a Florida Birding Trail site by the Florida Fish & Wildlife Commission, and honored with TripAdvisor's Certificate of Excellence for the past two years, the CREW project and its trails are popular with and celebrated by visitors from around the world.

Brooks started working for the CREW Land & Water Trust in 2005 as the environmental education specialist and in two years became executive director. Born in Florida, but raised in southern Pennsylvania, she has been back in Florida for the last 23 years. Prior to coming to CREW, Brooks worked at the Babcock Ranch for 10 years, was a field biologist capturing the exotic Nile monitor lizards in Cape Coral, the first campus naturalist at FGCU and the executive assistant for Big Cypress Watersheds Restoration Coordination Team.

This is the second of eight Sanibel-Captiva Audubon lectures to be held in 2017. As always, all are welcome to attend. Doors open at 6:30 p.m. and a \$5 donation is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.*

Restaurant Begins New Year With New Ownership

Bill, Lise and Geoffrey Letendre, new owners of the Blue Giraffe Restaurant, along with supporting members of the Southwest Florida business community, extends an invitation to the business for a ribbon-cutting ceremony on Wednesday, January 11 from 5 to 6:30 p.m. Attendees will enjoy complimentary appetizers, drinks and giveaways. The Blue Giraffe was purchased on October 1, 2016.

The Letendre family originally moved to Sanibel in 1984 from Amherst, New Hampshire. Brothers Will, Geoffrey and Tim attended Sanibel Elementary School and participated in the Sanibel

Little League and Rec Center basketball programs. The boys worked during summers at several island restaurants. Lise worked as secretary and later as the director of religious education at St. Isabel Catholic Church. Bill was a member of the Rotary Club of Sanibel-Captiva.

The family relocated to Texas in 1992 but continued family reunions on Captiva.

After a 26-year hiatus, the Letendres returned to Sanibel and purchased the Blue Giraffe. Geoffrey will oversee day-to-day operations as general manager, owner and chef. Partners Bill and Lise will step in whenever needed.

Blue Giraffe is located within the Periwinkle Place Shopping Center at 2075 Periwinkle Way, Unit 14. Visit www.bluegiraffesanibel.com to learn more.*

Culinary Olympian Chef Calls Local Golf Club Home

The Sanctuary Golf Club's Executive Chef Joe Albertelli, as part of the American Culinary Federation (ACF) Culinary Team USA 2016, won three Gold Medals. The USA Culinary Team earned the top score and the overall Gold Medal in Culinary Art in the cold-food competition at the 24th Internationale Kochkunst Ausstellung (IKA) International Culinary Exhibition, commonly known as the Culinary Olympics, in Erfurt, Germany.

Overall, the team ranked fourth in the world among 30 national teams and brought home three gold medals. Singapore, Finland and Switzerland placed first, second and third, respectively. There were three Culinary Teams representing the USA. Two of the ACF Culinary USA teams – national and youth – finished in the top 10, while the military team won four gold medals and two bronze medals, proving American cuisine is among the best in the world.

ACF National President Thomas Macrina, CEC, CCA, AAC, who was the business manager for the 2012 ACF Culinary National Team USA, knows firsthand the challenges of competing internationally. "The national team

displayed impeccable calm and courage under intense pressure," he said. "They competed against the best chefs in the world and their coaching, discipline, teamwork and dedication to the craft is what earned the national team gold medals. The youth and military teams showed exceptional skill, and I couldn't be more proud."

"We, the members and staff at The Sanctuary Golf Club are so proud of Chef Joe's perseverance, commitment and devotion to his craftsmanship during his four-year process to be on the USA Culinary Team and ultimately going to the Culinary Olympics," said Ken Kouril, Chief Operating Officer of The Sanctuary Golf Club. "He won several competitions to qualify, including the World Cup. Then, Chef Joe passed the rigorous application process for the USA Culinary Team with his extraordinary food."

"Walking the American flag in the Parade of Nations was just the beginning of the proud moments for me and my team," added Albertelli. "The gold medals enhanced the journey for us. I so appreciate the members supporting me through this amazing voyage."

For more information about the American Culinary Federation, visit www.acfchefs.org. For information about The Sanctuary Golf Club, contact Sheryl Tatum at 322-5182 or statum@sanctuarygc.net.*



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CARD OF THANKS

On Saturday, December 10, 2016 while on vacation on our beloved Sanibel Island, my husband suffered a massive heart attack and died on the pier while we were fishing. So many people came to my aid and also tried to help him and I know no one's names. The Sanibel Police Department were wonderful with all of their help.

I am hoping that someone who was there that day will see this and know how much all of your help meant to me

and my family.

My husband and I were planning on retiring on Sanibel, but I guess that was not in God's plans.

So, if you were there that day with me, praying for me and my husband, I just want to say thank you. He was a wonderful man, a father of eight, and grandfather of 11. He will be missed.

Karen Witte
Lawrenceburg, Indiana✱

Democratic Club

On Thursday, January 12, the Democratic Club of the Islands will be privileged to hear a discussion, Planned Parenthood Under Trump by Arlene Feddo Knox, vice president of philanthropy for Planned Parenthood of Southwest and Central Florida (PPSWCF). She will be joined by Veronica Schell, who is the volunteer and advocacy coordinator for the same area. The meeting will take place at the Sanibel Public Library, located at 770 Dunlop Road, beginning at 7 p.m. The meeting is free and open to the public.

Knox joined PPSWCF in August 2015 and leads the 10-member philanthropy team. She oversees the budget and programs including leadership and major gifts, annual fund, research and analytics, planned giving, online and strategic planning. She holds a master's degree in non-profit organizations/management and a bachelor's in communication from the University of Georgia.

Schell has been with the organization for two years and has worked to grow Planned Parenthood's supporter base in Lee and Collier counties. A graduate of Florida State University, she double majored in international affairs and political science. Since graduation, she has volunteered in the United Kingdom, Moldova and the United States.

Both will present an overview of Planned Parenthood of Southwest and Central Florida's latest health care, education and advocacy work. The presentation will include the latest news about expected health care changes, and how this will impact thousands of patients seen yearly by Planned Parenthood. There will be time for a lively discussion.

Democratic Club members, visiting Democrats, Progressives and everyone concerned about attacks and defunding of this organization by the Trump administration are urged to attend and participate. For more information, call 313-5718 or contact demclubislands@gmail.com.✱

From page 4

Course On War

became a Muslim and led a ministry. He trained chaplains to counsel inmates in penal institutions, including Riker's Island and Sing Sing.

Rabbi Soifer was one of the first ten women ordained as rabbi after Reform Judaism accepted them in 1972. Born in 1950 in Miami, Soifer attended Lawrence University in Appleton, Wisconsin, earned a master of arts in Hebrew Letters at Hebrew Union College in Cincinnati in 1977 and was ordained there one year later. She served as student rabbi at the Jewish Community Center in Union City, Tennessee, and at Temple Beth Shalom in Charlotte, North Carolina before becoming assistant rabbi in New Orleans in 1978. She served Temple Sinai in Reno beginning in 1984 until she formally retired after 25 years there. Rabbi Soifer began her tenure at Temple Bat Yam in 2013.

Rev. Dr. Danner has served at Sanibel Congregational United Church of Christ since January of 2010. He has degrees from Bradford (Massachusetts) College, the University of Maine, Bangor (Maine) Theological Seminary and a PhD in Religious Studies from Boston University. Dr. Danner was ordained in 1980 by the United Church of Christ. He is a Fellow in the American Association of Pastoral Counselors and has studied at the Shalem Institute of Spiritual Formation. He served congregations in New England, New York and New Jersey before moving to Sanibel. He has contributed to two volumes of liturgical materials and has been published in *The Christian Century* and other journals.

"In a world that is evermore fractured and divided, religion often seems a barrier to living in harmony with others. We hope to demonstrate that does not need to be the case," said Pastor Danner. "We can be partners across faith lines."✱

Stories For Grownups Is Back

The Sanibel Public Library will host the first Stories For Grownups session of the new year on Friday, January 6 beginning at 2 p.m. in Meeting Room #4. Admission is free and all are welcome to attend.

This month, the featured storyteller is Dr. Sidney B. Simon, professor emeritus from the University of Massachusetts, and an internationally known authority in psychological education. The author or co-author of 15 books in the areas of values clarification, getting unstuck and forgiveness, Simon is also the author of two children's books, written for his own kids when they were little. W.W. Norton published them in the late 1960s. Simon likes the fact that Norton also published Sigmund Freud.

Simon has appeared on various talk show programs, including the Oprah Winfrey and Phil Donahue shows. He tells good stories, ones that are witty and wise, but he also has the knack for drawing stories from people in the audience. That's half the fun, and half the program. Come and just listen, or see if one of Simon's stories triggers one from your own life.



Sid Simon photo courtesy Sis Simon

Call the Sanibel Public Library at 472-2483 for more information. Stories For Grownups will be held on the first Friday of each month in season.✱

Optimizing Your Health

This series, taught by Karen Semmelman, director of Semmelman Energy Center, explores the virtues of energy medicine. Each class consists of learning "hands-on" tools including the five minute daily energy routine to shift the "bla's" to "ah has" with Eden Energy Medicine. Each monthly workshop held at The Community House on Sanibel is designed to optimize your health, with focus on a specific condition.

Energy Medicine provides the tools to add to our collective health care kit... for ourselves, our families and our community. Free, self-applied and effective, it is powerful and empowering. It has been shown that working with the body's subtle energies can help to relieve pain, sharpen your mind, relieve stress and anxiety, strengthen the immune system, improve digestion, relieve allergies, enhance well-being, manage weight and alleviate insomnia. The bonus is that attendees get to take these tools home with them.

The classes for this season include:

- Energy Medicine First Aid – Tools for headaches, pain, colds and flus, and more. Wednesday, January 11 from 6 to 8 p.m. You will learn tools for tension headaches, neck and shoulder tension, digestion issues, depression, stopping colds and flus before they take hold and more. These are wonderful techniques for using each day.

- Explore Homeopathy, Another Form of Energy Medicine – Join Semmelman and Burke Lennihan, RN, CCH on Wednesday, February 8 from 4 to 6 p.m. Lennihan wrote the book *Your Natural Medicine Cabinet*. Learn from a practicing homeopath about homeopathy and its rich vibrational

healing benefits, which when combined with EEM provide many avenues for immediate shifts of dis-ease of all manners: headaches, toxins, muscle pain, joint point, panic, emotional upset, digestive issues and more. Walk away feeling lighter and brighter.

- Balance And Coordination A Challenge? Trouble Standing On One leg? Regain your Rhythms easily with Energy Medicine Exercises on Wednesday March 22 from 6 to 8 p.m.

- Eyes Sad? Cataracts, night vision, bright light hurts; macular degeneration? Activate your inner healing with Energy Medicine shifts on Wednesday April 12 from 4 to 6 p.m.

As Dr. Mehmet Oz, Chief of Cardiology at Columbia University's College of Physicians and Surgeons predicted on *Oprah*, "The next big frontier in medicine is Energy Medicine."

Semmelman, a matrimonial lawyer for over 30 years, is enjoying this second career as an Eden Energy Advanced Practitioner, teacher and inspirational speaker. Bringing her intuition, investigative and listening skills, teaching skills (having taught to diverse groups in the legal profession on live TV, to live audiences and in workshop settings) and her passion for empowering others, she finds the two careers blend wonderfully.

The Sanibel Community House is a 501(c)3 non-profit organization, whose mission is to enrich community spirit through educational, cultural and social gatherings in the historic Community House. The Community House, located at 2173 Periwinkle Way on Sanibel, is happy to provide this series at a nominal charge of \$15 per course. Advance registration and payment required. Contact Jan at 472-2155

For more information, visit www.sanibelcommunityhouse.net or www.semmelmanenergy.com. ✱

Our email address is
press@islandsunnews.com

Cooking With The Islands' Stars



A variety of main courses, side dishes and appetizers will be prepared
photo courtesy The Community House

The Community House is going to open its doors on Saturday, January 28 at 6 p.m. for what will be the most exciting event of the season: the 2nd annual Cooking with the Islands' Stars. Not only will four well-known local chefs share their love of cooking, but attendees will see the newly-renovated structure and sample some of the best appetizers from local premier restaurants.

"We can't wait for you to see and experience what has been done to your House since spring," said Jan Rimmel, SCA office coordinator. "With your dollars and a lot of love from volunteers, staff and our excellent contractors, the \$3 million building campaign achieved what we set out to do and more. Now, we need to complete furnishing the House. Since our major innovation is a real commercial grade kitchen and bar, Cooking with the Islands' Stars this year is raising money so our Culinary Education Center can be funded, stocked and ready to go."

"I can't believe such a great opportunity has been given to me," added SCA

resident chef Jarred Harris. "To be able to educate and prepare farm to table food from our garden is a dream that few chefs ever realize."

Besides a great kitchen, The Community House grounds are being planted with sustainable fruits and vegetables that are "sometimes unusual, but always enjoyable." The future for the Culinary Education Center is very bright indeed, and will offer programs, classes, demonstrations and a place for local chefs to use as well.

Each and every element of the Cooking With The Islands' Stars event has been carefully fine-tuned to showcase The Community House, local restaurants and the family chefs who will take the stage. Calli Johnson will demonstrate how to prepare cook lion fish tacos, Mary and Fred Bondurant will make a vegetable nest that kids will enjoy, Mike Billheimer will cook freshly caught fish and Sharon Schuyler will bake an award-winning family cake. All of the recipes featured during the program will be shared with attendees.

Appetizers and drinks will be served before the stage event. Guests will sample items from Sanibel Catering Company by Baileys, Traders Store & Café, Sundial Beach Resort, Il Cielo, The Jacaranda, Thistle Lodge Beachfront Restaurant, Sanibel Captiva Beach Resorts, Timbers Restaurant & Fish Market, and The Sanctuary Golf Club. During intermission, members of The Community House Kitchen Guild will serve special desserts to go along with beverages.

To purchase tickets, go to www.sanibelcommunityhouse.net/CWTIS or call The Community House at 472-2155. Or, stop by Bailey's General Store customer service desk and purchase tickets there. Assigned seating is \$100; priority seating is \$200, which includes family chef tasting and up-front seating.*

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Academy Award Contender's Series

La La Land Or Manchester By The Sea

by Stan Gembicki



On Wednesday, January 11 at 12:30 p.m., the Island Cinema will show the second movie in this year's BIG ARTS Academy Awards Contenders Film Series. The movie on January 11 will be either *La*

Land or *Manchester by the Sea*. After the movie, a discussion will take place at the Island Cinema. Tickets are available at the Island Cinema. Other movies in the series will be announced prior to the weekly showing.

La La Land tells the story of Mia (Emma Stone), an aspiring actress, and Sebastian (Ryan Gosling), a dedicated jazz musician, who are both struggling to make ends meet in a city known for crushing hopes and breaking hearts. Set in modern day Los Angeles, this original musical about everyday life explores the



joy and pain of pursuing your dreams.

The film's title is a reference both to a nickname for the city of Los Angeles and to the idiom for being out of touch with reality. The film has also been nominated for numerous awards, including Golden Globe nominations for Best Picture, Best Director, Best Actor for Gosling, Best Actress for Stone, Best Screenplay, Best Original Score and Best Original Song

Manchester by the Sea was written and directed by Kenneth Lonergan and stars Casey Affleck, Michelle Williams, Kyle Chandler, Gretchen Mol and Lucas Hedges. After the death of his older brother Joe (Chandler), Lee Chandler (Affleck) is shocked to learn that Joe has made him sole guardian of his nephew Patrick (Hedges). Taking leave of his job, Lee reluctantly returns to Manchester by the Sea to care for Patrick, a spirited 16-year-old, and is forced to deal with a past that separated him from his wife Randi (Williams) and the community where he was born and raised. Bonded by the man who held their family together, Lee and Patrick struggle to adjust to a world without him. The film has been nominated for numerous awards, including Golden Globe nominations for Best Picture, Best Director, Best Actor for Affleck, Best Supporting Actress for Williams and Best Screenplay.*

Celebrating A Life



From left, Chip Drueding, Maddy Mayor, Mary Buck and Chuck Bonser photos provided

by Di Saggau

Current Events and BIG ARTS Film Society members packed Schein Hall on December 27 to pay tribute to their dear friend, the late Hal Patinkin. Master of Ceremonies Sid Picker said, "We're here to celebrate the life of one of our favorite people, someone who always left us with laughter."

Patinkin loved movies from the 1930s, 1940s and 1950s. His favorite year for films was 1939, so the movie *Destry Rides Again* was shown, starring a very



June Patinkin with three of her sons, Nick, Mark and Doug

young Jimmy Stewart and Marlene Dietrich. Prior to the movie, a short film was shown of an interview with Patinkin talking about his life and involvement on Sanibel.

Following the screening, a reception was held in Phillips Gallery, where wine and desserts were served. Hal's wife, June, and three of their sons were on hand to join in the celebration. One son, Matthew, was unable to attend, and another son, Hugh, is deceased. Sixteen grandchildren and five great-grandchildren were also in attendance.

A number of people shared their favorite memories of Patinkin. It was a night to remember.✪



Master of Ceremonies Sid Picker



Beverly and Bernie Lubetkin



Dick and Marcy Caulkins



From left, Al and Micky Kaplan with Tanya and Mike Hochschild



Jack Cohen and Steve Anish



From left, JR Pascall with Ken Gerson and Susan Rosenberg



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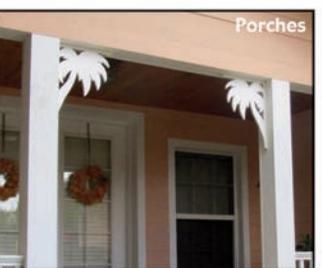
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Walking Tours

Every Wednesday in January at 10 a.m., join SCCF for a walking tour of the Bailey Homestead Preserve, located at 1300 Periwinkle Way. The tour begins at the Gateway Kiosk at the head of the Shipley Trail, just inside and to the left of the west property entrance.

The one-hour program will focus on SCCF's restoration of this 28-acre habitat for wildlife and how the land was used by three generations of the Bailey family. The walk includes the newly-planted gardens at the Native Landscapes and Garden Center, the Windmill, the Pavilion, the Devitt Pond Overlook and entrance to the Bailey family home.

Cost is \$5 per person but is free to members of the Sanibel-Captiva Conservation Foundation.



Taste basil plants at the SCCF Native Landscape and Garden Center

Native Landscape

Join SCCF at the Garden Center under the pavilion on Wednesday, January 11 at 11 a.m. and "spice up your life" – with some new basil

species, that is! Since 2008, a new deadly fungus has been devastating the species of edible basil used for pestos. Join Dee Serage-Century for a basil tasting of three new disease-resistant basil species, one of which is a Florida native basil. Walk through the gardens at the Bailey Homestead Preserve to see how to use the basil in landscapes or container kitchen gardens. Plants will be for sale on site.

Native Pollinators



Monarch butterfly

Thinking about adding a butterfly and wildflower garden to your landscape? Join Dee Serage-Century at the SCCF Native Landscape and Garden Center at the Bailey

Homestead Preserve to learn which native plants will bring those native pollinators flying. Both nectar and larval plants will be discussed and offered for sale. The SCCF laminated butterfly field guide and native bee nesting boxes will also be on hand. Take a guided walk through the Wildflower and Pollinator Garden to get ideas for your home garden. Design and installation services are available through the SCCF Native Landscapes and Garden Center.

Call 472-2329 to reserve space for the Gardening for Butterflies and Other Native Pollinators lecture on Friday, January 13. Participants will meet under the pavilion at 10 a.m. at the Bailey Homestead Preserve.

Weeds And Seeds

On Monday, January 16 and 30, join a group of SCCF volunteers and amateur botanists for a Weeds And Seeds Walk on one of the SCCF preserves. Learn about the native plants that grow on the islands and the critters that use them. Participants will meet the tour guide at 8:45 a.m. on the SCCF Nature Center porch and carpool to the walk site. Participants are asked to wear appropriate shoes and bring some water to stay hydrated. The SCCF Nature Center is located at 3333 Sanibel Captiva Road.

Call SCCF at 472-2329 for more information on these programs. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.*

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Shell Club Meeting January 15

Interesting speakers, door prizes and refreshments are all a part of every Sanibel Shell Club meeting. The next meeting will be held on Sunday, January 15 starting at 2 p.m. at the Bailey-Matthews National Shell Museum, located at 3075 Sanibel Captiva Road.

This month's guest speaker is John Colagrande from Venice, Florida who is known for his informative and entertaining presentations. Colagrande taught secondary school science and, after 35 years of teaching, he knows how to hold a crowd's attention. His program, entitled Mollusk Superlatives, will introduce the audience to shells that are the largest or smallest, longest living, most unusual, etc.

The Sanibel Shell Club meeting is free and open to the public.*

Shell Found



Miriam Holmes photo provided

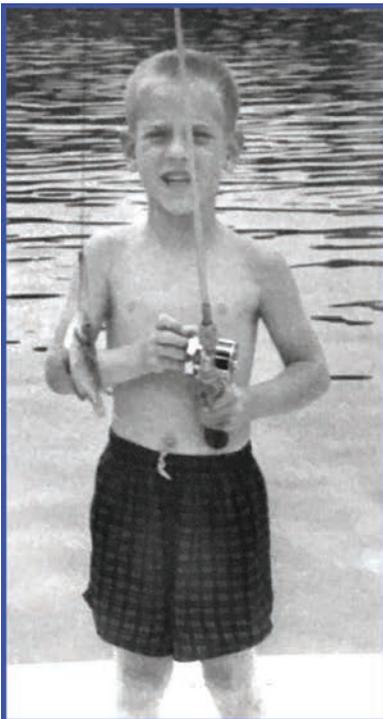
Miriam Holmes, visiting from Fayetteville, Arkansas, found a rare partial junonia shell on December 29 around 8 a.m. along the shoreline down from Bowman's Beach.*

Shells Found



Weston, Emerson and Brian Sirk with their shells photo by A. Ziehl

Weston (18), Emerson (19) and Biran (22) Sirk of Silver Spring, Maryland found a lace murex, tulip, whelks, nutmeg and turban shells on the beach while staying at Pointe Santo. It was the 20th trip to Sanibel for the Sirk brothers, but their first time on the island during the winter.*



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Underwater Magic

image courtesy The Community House

Painting Class Offered At Library

Artist Sissi Janku is well known on the island for her lively, tropical paintings presently on display in her Sanibel studio and in the Island Style Gallery. With the start of the new year, Janku will continue her “bright and juicy” painting classes at The Community House. However, the Wednesday, January 11 class will be held downstairs at the Sanibel Public Library in rooms 1, 2 and 3. The class, which runs from 7 to 9 p.m., costs \$45 for SCA members and \$55 for guests.

Students will explore exciting new ways to paint with acrylics. Starting with a canvas base-coat of bright color then using many tools and techniques, the artwork will come to life. Each piece is unique to the class, with each student producing their take on a common theme. Students will explore various styles, helping them develop the skills and confidence needed to release their creative side. All materials will be provided.

Register online at www.sanibelcommunityhouse.net or call The Community House staff at 472-2155.*

From page 1

Community Youth

school, they hold canned food drives, man 10K water stations, clean and stock equipment and make cards for island seniors. Under unique circumstances, they have even collected donations for the benefit of others needing assistance. Our island youth exemplify The Sanibel School slogan to Unite, Inspire and Empower.

“We love working with the kids; it’s a great bonding opportunity,” said Joi Dupler, FISH agency assistant. “It makes me feel very happy to see kids appreciate what our organization is all about.”

Lyn Kern, office and volunteer manager at FISH added, “We hope they are learning the value of volunteering, that it’s about giving, contributing and helping other individuals and the community at-large. These kids are working with others to make a meaningful contribution to better their community, and we couldn’t be more proud of them.”

When asked why they volunteer, one community service youth responded, “A lot of kids can be self-centered. Once you start to help others, you see it makes you better as a person. If you do good, then others will do good, and it will make the world a better place.”

Here’s a sampling of what our island youth have accomplished when teaming up with FISH:

- Mrs. Wappas’ fourth grade class created cards and encouraged drawings for island seniors.
- Lilly, Kate and Max Doster, Finn and Susanna Howell, and Julia Lemmon sold lemonade at their homemade stand and donated the funds to the special assistance fund for Sanibel Police Officer Jared Ciccone.
- Hannah Fay created and painted the “FISH Tank” at the Sanibel Island Farmer’s Market for food and money collection to benefit the FISH Food Pantry.
- Jackson Marto shopped, assembled and distributed holiday food baskets.
- Olivia DeLuca worked at the Walk-In Center with various office assistance tasks and made food deliveries.
- Cub Scout Den 1740 held a weekend food drive to benefit the FISH Food Pantry.
- Girl Scout Troops 485 and 228 created holiday cards for Adopt-A-Family and holiday food baskets.
- John Pfeifer transferred and cleaned medical equipment.
- Johnny Jensen, Kenny Kouril, Frank Tuminello, Maggie Sue Leatherwood, Ian and Case Vandavelde and Grace Kerns worked in the FISH Food Pantry, picked up and sorted product from the farmer’s market, assisted with backpack assembly, etc.

“We cannot thank these youngsters enough for their dedication to our community,” said Kern. “They truly are an asset to our organization, and the volunteers of tomorrow. Thank you for all you did, and continue to do, for FISH.”

To learn more, contact Lyn Kern or Joi Dupler at 472-4775.*

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ON MARCH 7, 2017 WE RECOMMEND A **NO VOTE** ON THE PROPOSED REFERENDUMS TO REMOVE RESTRICTIONS ON THIRTEEN PLUS ACRES OF UNTOUCHED NATURAL HABITAT OF ENVIRONMENTALLY SENSITIVE LAND. WE ALSO RECOMMEND A **NO VOTE** ON AN EIGHT-MILLION-DOLLAR BOND ISSUE (PART OF THE PROPOSED FIFTY MILLION PLUS TOTAL PROJECT COST) THAT WOULD PAVE OVER AND DEVELOP THESE ACRES INTO MULTIPLE BUILDING SITES.



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- **WHY** disrupt island residents that never dreamed of such a proposal?
- **WHY** spend **EIGHT MILLION** on superfluous city buildings?
- **WHY** burden island residents with **PERPETUAL** operating expense of an unneeded facility?
- **WHY** spend **EIGHT MILLION** to make it more convenient for an exercise class for six weeks?
- **WHY** move Island seniors from their current location where many would like to stay?
- **WHY** are inflated numbers used to fabricate a need for a new senior center?
- **WHY** spend desperately needed government funds on this project when they could be used to benefit all southwest Florida on a real need such as **WATER CLEANUP**?
- **WHY** demolish the Herb Strauss theatre which fits Sanibel's charm and ambiance?
- **WHY** demolish Big Arts, currently located next to our historical village, for a more urbane facility?
- **WHY** build redundant bathrooms and pavilions on the green space in front of the Herb Strauss Theatre detracting from the theatre entrance?



A **NO VOTE** ON THE REFERENDUMS WILL PROTECT LANDMARKS SUCH AS THE COMMUNITY HOUSE THAT COST RESIDENTS NOTHING THROUGH TAXATION AND BENEFIT THE QUALITY OF ISLAND LIFE FOR ALL. A **NO VOTE** ON THE REFERENDUMS IS SAYING YES TO CONSERVATIVE UPDATING AND REMODELING OF EXISTING STRUCTURES ALREADY IN PLACE WHICH WILL MAKE THE BEST BETTER.

BOTTOM LINE: THE CURRENT FACILITIES THAT WOULD BE REPLACED BY THIS COSTLY COSMOPOLITAN PROJECT ARE ADEQUATE AND MORE IN TUNE WITH SANIBEL'S CULTURE.

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Brett Gooch photos courtesy DDWS

DDWS Board Welcomes New Members

The “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) board of directors recently welcomed three new members at its annual membership meeting, including Brett Gooch, Phyllis Gresham and Bill Valerian. The board re-elected incumbent director and vice president Mike Baldwin for another term.

Gooch has been working for Tween Waters Inn Island Resort & Spa on Captiva Island since 2007. He currently serves as general manager for it and West Wind Inn.

Gresham, a retired nurse, has volunteered at the JN “Ding Darling National Wildlife Refuge for 14 years and also serves as chair of the City of Sanibel’s Vegetation Committee and on the board of Sanibel-Captiva Audubon.

Chairman, president and CEO of Liberty Bank NA, Valerian has held leadership positions with several organizations including chair of the convention and visitors bureau of Greater Cleveland, Ohio and national chair of the Institute of Financial Education.

Two retiring board members were voted in as emeritus board members: Jim Scott, who has served on the



From left, DDWS president Doris Hardy, vice president Mike Baldwin, secretary Wendy Kindig



Phyllis Gresham

board for nine years in many positions including president; and Don Wildman, who, during his six years on the board, took leadership of the annual “Ding” Darling & Doc Ford’s Tarpon Tournament.

The board also elected officers for 2017, including president Doris Hardy, vice president Mike Baldwin, secretary Wendy Kindig and treasurer Sarah Ashton.✽

From page 1

Two Exhibits At BIG ARTS

exhibit is an invitation for not only a fresh presentation, but a personal exploration of uncharted creativity exclusive to the BIG ARTS Phillips Gallery.

Jay Lana’s Reken ‘Strekt in the Founders Gallery is something else entirely. A native

of Florida, Lana works with reclaimed materials to create award-winning “functional art.” Rather than following a strict set of standards and precedent, Lana’s art is based on intuition alone. Each piece he creates tells a story of time and place, a photograph in time, which provides each piece with qualities such as strength, grace and balance. No two pieces are alike, and many are meant to challenge your perceptions.

Both exhibits are currently open and run until February 4.

Visit www.BIGARTS.org to learn more about these events and to purchase tickets. Tickets can also be purchased by calling 395-0900.✽

BIG ARTS Monday Night Film Series

Rams

by Di Saggau

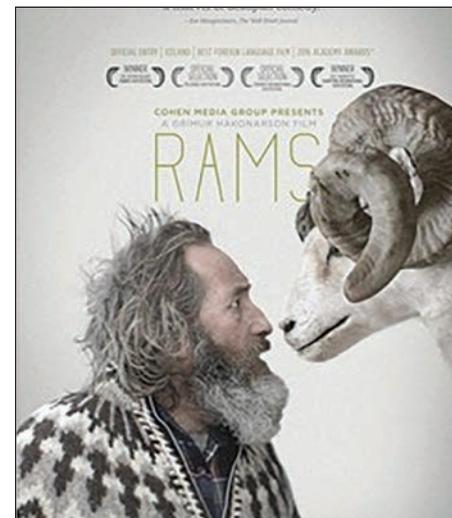


The BIG ARTS Monday Night Movie for January 9 is *Rams*, a drama from Iceland about two Icelandic curmudgeonly bachelor brothers, sheep farmers, who haven’t spoken to one another in 40 years. A scene-stealing sheepdog passes notes between them.

The film encapsulates all the best things about Nordic film-making: polished storytelling, radiant humanism, great acting and immaculate cinematography that shows off the stunning landscapes. The film is shot in widescreen, with striking compositional use of sky, land, rooftops and fences, often in long takes that give you time to hear the crunch of boots over snow, the baaing of sheep, and the whisper of wind over the mountains.

One brother appears to comply with the authorities while the other rages against the enforced slaughter of their herds. *Rams* is an involving and, at times, curiously exciting film because the story is so clean and simple. We never find out exactly what caused the two brothers to stop speaking to each other. We know it must have been bad, or maybe they’re just stubborn, because they live on adjacent farms, see each other every day and raise sheep descended from the same ancient bloodline... but never exchange a word.

A crisis arises that requires all the livestock in a region to be destroyed. This drives the brothers back together again,



though not in the way you might expect. You spend a rather long time during this film watching characters exist. That’s something mainstream American films almost never do, and there’s something quietly riveting about it. Stefi Irwin serves as moderator for the evening. The film runs 109 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and the *Island Sun*.

BIG ARTS is located at 900 Dunlop Road on Sanibel. Tickets are available at www.BIGARTS.org, at the door or by calling 395-0900.✽

Symphony Foundation Grant

The Southwest Florida Symphony Endowment Foundation distributed \$105,000 from its general fund to the Southwest Florida Symphony for fiscal year 2016-17. Each year, the foundation makes an annual distribution of four to five percent of total assets to the symphony in accordance with their grant policy.

“We are pleased to make this contribution to the Southwest Florida Symphony,” said David Hall, president of the Southwest Florida Symphony Endowment Foundation board of trustees and executive vice president, chief financial officer and chief operating officer of Sanibel Captiva Community Bank. “These funds will go a long way toward supporting our beloved symphony.”

As of November 30, 2016, the foundation had total assets of \$2,418,000, including \$2,152,000 in the general fund, \$153,000 in the Van Sickle fund and \$113,000 of symphony funds. The board’s goal is to increase the endowment to \$5 million by 2020.

From page 22

CROW Calendar

some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW’s animal ambassadors will be present.

Thursday, January 12, 2 p.m., adults \$7, teens \$5, 12 and under

The foundation was established in 2002 to build assets for the long-term financial support of the Southwest Florida Symphony, Lee County’s only professional orchestra. Since then, the endowment has grown to more than \$2.75 million. The foundation is managed by an independent board of trustees and receives gifts, provides appropriate investment stewardship and makes regular disbursements of earnings to the symphony.

In addition to Hall, the Southwest Florida Symphony Endowment Foundation board of trustees includes vice president Thomas Kracmer, owner of Cadence Music and Southwest Florida Symphony principal tuba player; secretary Scott Gregory, vice president and business insurance agent, BB&T-Oswald Trippie & Company; treasurer Corey Vertich, a principal with Uhler and Vertich Financial Planners; Doris Colgate, president and CEO of Offshore Sailing School; Robert Diefenbach; and Don King.

For more information about the Southwest Florida Symphony and its Endowment Foundation, visit www.SWFLSO.org or call 210-2345.✽

no charge CROW Case of the Week, presented by a CROW student.

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.✽

The Whistler



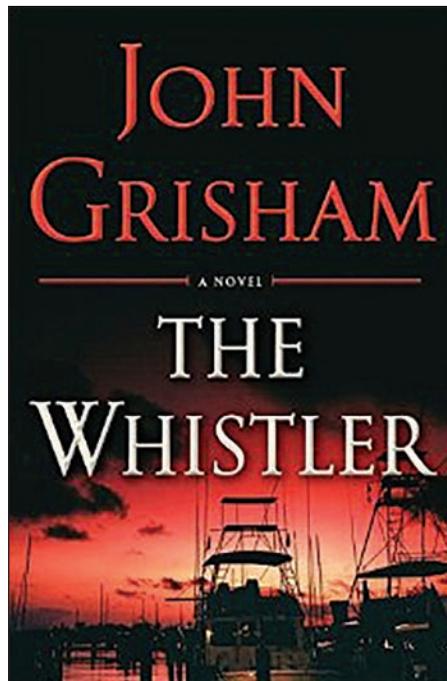
by Di Saggau

I have read every book written by John Grisham and enjoyed them all. He has written 29 legal thrillers and his latest novel, *The Whistler*, is another ambitious look at corruption, this time a judge in

the Sunshine State.

The story begins with Lacy Stoltz and Hugo Hatch, two investigators who work for the Florida Board on Judicial Conduct. They police judicial misbehavior. A disbarred lawyer, who goes by the name Greg Myers, approaches them and asks if they want to investigate a corrupt judge. He is being fed information from an unnamed source. Lacy is a lawyer, not a cop, and it is her job to respond to complaints dealing with judicial misconduct. After nine years with the board, she knows most problems are caused by incompetence, not corruption, but this case wrecks of corruption.

Through a long string of amazing coincidences, the book winds up pitting Lacy against the Honorable Claudia McDover, "A Florida gal who just happens to be the most corrupt judge in the history of America." Grisham involves all of his characters with a tract of Native American land, a casino in the Florida Panhandle that



has welcomed gambling and the way it exists outside Florida law. It takes in a half-billion dollars a year in cash. A ruthless gangster is also involved, one the Native Americans fear and with good reason. He shares the profits with the tribe's leaders and they are all protected by the corrupt judge. The Coast Mafia financed the casino and is now helping itself to a sizable skim of each month's cash. Everyone is making money.

Throughout most of the book, we don't even know who is the

whistle-blower. We just know that Lacy has been contact by an intermediary: Myers, an ex-con who lives on a nice boat, uses a fake name, mysteriously disappears from time to time and shows up as an informant every now and then. He's a fascinating character.

We meet a Native American on death row who was falsely convicted of murder. One of Lacy's friends is murdered, another badly injured. Meanwhile, the judge admires her many treasures that she's been collecting over

the years, cash and diamonds, jewelry, rare coins and more. She's confident she's above the law because she is the law. Inevitably, the wheels of justice start to turn and the story winds down with the kind of legal drama we expect from Grisham.

The Whistler paints part of the Panhandle as a lawless region where terrible things might happen, and do. Grisham is a writer who believes that wrongs can be righted... and that's something we can all agree on.✪

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My daughter is a fifth grade student who has just been put on an IEP due to some disabilities. We are learning how to handle this

situation but, of course, we are very upset. I don't want everyone to know about her learning situation or for her teachers to talk about her with others. How can I handle this?

Melanie K., Fort Myers

Melanie,

When your child gets a diagnosis of disability, it's very common for parents to feel confused, worried and even emotionally overwhelmed. Every

parent is different, and a whole range of feelings is normal. There's no "right" way to feel. You can't prevent your feelings, and you shouldn't try. Dealing with your feelings is part of coming to terms with the diagnosis and moving on with your life, your child's life and your family's life.

Sometimes when you get a diagnosis of your child's condition, you might even feel relieved, especially if you've been worried about your child's development for a while. A diagnosis often means you can start asking questions and making decisions.

As with any difficult situation, the amount of positive responsiveness you receive from others, like your family, friends, and school community also affects how you feel. Encouraging support will help you feel more positive about this new situation, so I encourage you to join a support group in your town or online. This will help in answering many questions and



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validating some of your feelings.

In regard to your concern about confidentiality there are state and federal rules about confidentiality for a student with an IEP, Individualized Education Plan. Confidentiality is required from the faculty and staff however your child's teachers must have a copy of your daughter's IEP in order to understand your daughter's educational needs and the various accommodations and services that have been identified as important for her.

Most kids with disabilities receive part or most of their instruction in general education classes taught by regular education teachers. In the past, many regular education teachers did not know that children were receiving special education services. As you can imagine, this often led to some confusion and problems. These problems are often worse at the middle school and high school levels, because schools are larger and communication can be less effective.

The reauthorized IDEA (Individual with Disabilities Education Act) changed the IEP process. Now, at least one regular education teacher of the child must attend IEP meetings. However, this doesn't mean the child's IEP is public knowledge. Most teachers are very sensitive to the confidentiality required with an IEP.

You may want to meet with your daughter's case manager at school to discuss your concerns about confidentiality. Most schools have a

plan on how best to insure that any communication in regard to special education issues is kept confidential.

You may also want to familiarize yourself with FERPA, The Family Educational Rights and Privacy Act. It is a federal law that protects the privacy of student education records. This law applies to all schools that receive funds under an applicable program of the U.S. Department of Education.

FERPA gives parents certain rights with respect to their children's education records. These rights transfer to the student when he or she reaches the age of 18 or attends a school beyond the high school level. More information on FERPA can be found online at www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html.

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

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Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

A Family Jigsaw Puzzle

by Tanya Hochschild

From miles away we came,
A family of sixteen,
four different cities,
wound in by shared ancestry
to spend a week of the summer
together
on Maui,
where two of the family live.

Each of us a part, a color, a shape –
when fitted together,
complete a picture,
much like the jigsaw puzzle
begun on day one of our vacation.

Each day spent in conversations,
walks on the beach,
meals across a diningroom table,
we filled each other with information,

built shared memories,
completed stories disrupted by distance.

We worked on the thousand-piece puzzle,
Klimpt's *The Kiss*, many gold tiles,
impossible to distinguish one from another.
Yet like the family, each one different.
As days went by, individuals emerged,
personalities developed,
We grew together, family scattered on a continent,
pieces scattered on a tray.
We helped each other find needed shapes.

Soon a pattern revealed,
one by one,
piece by piece,
the painting came together.

At week's end,
sixteen around the table,
cheer as we fill the frame.
With 15 minutes before cars left
for the airport,
three pieces to go,
one group photo to take,
the youngest asks to place the last piece.

We all jumped up to high five,
with kisses and calls of "Goodbye, I'll call you"

Our family began breaking up.
The completed puzzle lay resplendent on the table.

*Tanya Hochschild is member of a Sanibel Writers Group, has participated in ArtPoems and Writer's Reads on the island, and had two books published.**

Library Programs

The Sanibel Public Library's upcoming programs can be found on the library's website calendar at www.sanlib.org. Weekly youth programs run through January 19.

On Thursday, January 5, photographer Ada Shissler discusses her Island Images photography exhibit from 5 to 7 p.m. at a Library Open House. A Sanibel resident since 1989, the retired realtor began printing her travel photos on canvas following a trip to India in 2009. More than 50 of her images, displayed on a variety of media, will be exhibited in January at the library. The open house reception supported by the Sanibel Public Library Foundation.

On Monday, January 9 at 2 p.m., author David Watts will be signing and

talking about his book, *The Accidental P.I.* His book is a thrill ride following his 50-year professional career as a private investigator. From murder, rioting, gambling and drug raids to sex cases and fraud, this behind-the-scenes peek at real-life cases shows how investigators get the job done.

Author Thomas Bogar will have his book talk for *Backstage at the Lincoln Assassination* at 2 p.m. on Tuesday, January 10. Bogar's book is the story of the 46 stagehands, actors and workers at Ford's Theatre, and what they witnessed in the chaotic hours before John Wilkes Booth was discovered to be the culprit. Bogar has taught theater history, dramatic literature and theatrical production for 40 years, most recently at Hood College in Maryland. He holds a PhD in theatre history/

literature/criticism from Louisiana State University. He also is the author of *American Presidents Attend The Theatre*. His writing has appeared in *Washington History* and *Maryland Historical Magazine*. Bogar is the recipient of two National Endowment for the Humanities fellowships.

Simply Sanibel poems and a reading by Lorraine Walker Williams will be held at 3:30 p.m. on Tuesday, January 10.

Author Lyn Milner will discuss her book *Allure of Immortality: American Cult, Florida Swamp & Renegade Prophet* – the story of Cyrus Teed and the Koreshans – at 2 p.m. on Wednesday, January 11. In 1894, Teed and his followers moved from Chicago to the jungle of Estero to build a communal utopia, where they believed they would live forever. Milner's radio

stories and essays have been broadcast on National Public Radio's *Morning Edition* and *Weekend Edition*, and on American Public Media's *Marketplace*. Her print work has appeared in *The New York Times*, *USA Today* and *The Hollywood Reporter*.

At 6:30 p.m. on Thursday, January 12, there will be a Basic Budgeting workshop presented by FISH of SanCap and Fifth Third Bank. In this class, attendees can learn to evaluate income sources, develop a basic budget, and efficiently manage money. There is no charge to attend, but register in advance by calling FISH at 472-4775.

The public is invited to these library programs. There is no additional cost to participate. For more information about the Sanibel Public Library, call 472-2483 or visit www.sanlib.org.*

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FINE ARTS

- Linda Benson: Bamboo Pen & Ink with Basic Drawing and Art Journaling; four weeks. Members \$155; non-members \$194. Wednesdays from 10 a.m. to noon, January 4 through 25
- Linda Benson: Oil Painting: Make It And Take It; four weeks. Members \$195; non-members \$244. Wednesdays from 2 to 4 p.m., January 4 through 25
- Gisela Damandl: Peote Bracelet; two weeks. Members \$121; non-members \$151. Thursdays and Friday from 9 a.m. to 4 p.m., January 26 and 27
- Gisela Damandl: Sculptural Peote Bracelet; one session. Members \$61; non-members \$76. Saturday from 9 a.m. to 4 p.m., January 28
- Francesco Gillia: Instructed Life Drawing; four weeks. Members \$115; non-members \$144. January 9 through 30.
- Francesco Gillia: Constructing The Human Figure in Simple Forms; four weeks. Members \$85; non-members \$106. January 9 through 30.
- Philip Hilton: Painting Watercolor; six weeks. Members \$105; non-members \$131. Thursdays from 1:15 to 3:45 p.m., January 12 through February 16.
- Jane Hudson: Acrylics For Beginner and Intermediate painters; four weeks. Members \$85; non-members \$106. Fridays from 9:15 to 11:45 a.m., January 6 through 27.
- Petra Kaiser: Glass Fusing; four weeks. Members \$99; non-members \$124. Wednesdays from 9:30 a.m. to 12:30 p.m., January 4 through 25.
- Petra Kaiser: Glass Fusing; four weeks. Members \$99; non-members \$124. Thursdays from 9:30 a.m. to 12:30 p.m., January 5 through 26.
- Mary Klunk: Portrait Drawing/Painting; four weeks. Members \$85; non-members \$106. Mondays from 9:30 a.m. to noon, January 9 through 30.
- Barbara Lipman: Acrylic Painting, Still Life; six weeks. Members \$84; non-members \$105. Tuesdays from 10 a.m. to noon, January 10 through February 14.
- Bea Pappas: Pouring Textures with Watercolors (Beginners); three weeks. Members \$131; non-members \$164. Tuesdays from 9:30 a.m. to 4 p.m., January 3 through 17.
- Bea Pappas: Printing with Gelli Products; three weeks. Members \$131; non-members \$164. Wednesdays from 9:30 a.m. to 4 p.m., January 4 through 18.
- Bea Pappas: Experimental Master Class; three weeks. Members \$131; non-members \$164. Thursdays from 9:30 a.m. to 4 p.m., January 5 through 19.
- Mary Lou Peters: A Gentle Introduction To Watercolor Painting; one session. Members \$45; non-members \$56. Monday from 9 a.m. to noon, through January 30.
- Mary Lou Peters: First Steps In Watercolor; six weeks. Members \$195;

non-members \$244. Tuesdays from 1 to 4 p.m., January 3 through February 7

- Mary Lou Peters: Next Steps In Watercolor; six weeks. Members \$195; non-members \$244. Fridays from 1 to 4 p.m., January 6 through February 10
- Carol Rosenberg: Life Drawing, non-instructed open studio; four weeks. Members \$64; non-members \$80. Fridays from 9:30 a.m. to noon, January 6 through 27.

- Carol Rosenberg: Life Drawing, non-instructed open studio; four weeks. Members \$64; non-members \$80. Fridays from 12:15 to 2:45 p.m., January 6 through 27;

POTTERY

- Marjorie Bronsted: Clay, Sculpting, Ceramics & Pottery on the Wheel; six weeks. Members \$98; non-members \$123. Wednesdays from 3:30 to 6 p.m., January 4 through February 8
- Jerry Edelman: Pottery Open Studio, non-instructed; four weeks. Members \$48; non-members \$60. Mondays, 9 a.m. to noon or 1 to 4 p.m., January 9 through 30.
- Kelly Flaherty: Pottery on the Wheel; six weeks. Members \$95; non-members \$120. Tuesdays from 6:30 to 9 p.m., January 24 through February 28
- David Hoggatt: Clay 101/201: How to be Creative with Clay; six weeks. Members \$100; non-members \$125. Thursdays from 9 a.m. to noon, January 12 through February 16

DANCE

- Bobby Logue: Adult Tap Workout; three weeks. Members \$50; non-members \$63. Tuesdays from noon to 1:30 p.m. (for dancers with experience) January 17, 24 and 31 (no class January 3 or 10).
- Bobby Logue: Intermediate Tap; three weeks. Members \$50; non-members \$63. Fridays from 9 to 10:30 a.m., January 6, 13 and 27 (no class January 20).
- Bobby Logue: Beginners Tap; three weeks. Fridays from 10:45 to 11:45 a.m., January 6, 13 and 27 (no class January 20).

MUSIC

- Steve Cramer: Chorus Rehearsals; 12 weeks. Members \$115; non-members \$144. Tuesdays from 6:30 to 8:30 p.m., January 3 through March 28.
- Lynn Martindale: Voice Lessons, half-hour private. Members \$40; non-members \$50. Saturdays, time scheduled with instructor, January 21 through April 15.

CLASSES & DISCUSSION

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Story Inside You: Getting To The Heart of Writing; three days: Members \$100; non-members \$125. Tuesday, Wednesday, Thursday, 1 to 4 p.m., January 24, 25 and 26.

- Myra Klahr: Free Demo: Poetry Writing: What Is Inside Shines Out. Friday from 2 to 3 p.m., January 6.

- Myra Klahr: Poetry Writing: What Is Inside Shines Out. (Six weeks) Members \$102; non-members \$128. (Four weeks) Members \$68; non-members \$85. Mondays from 2 to 4 p.m., January 9 through February 13.

- Vicky Lettmann The Joy of Writing; six weeks. Members \$110; non-members \$138. Mondays from 9:30 to 11:30 a.m., January 23 through February 27.

- Bob Ogden: Drama Discussion Group: View, Read and Discuss the Theater; 12 weeks. Members \$60; non-members \$75. Fridays from 10 a.m. to noon, January 13 through March 31

- Barbara Peterson: Spanish I/II: Beginners and Intermediate. Saturdays from 9 to 10:30 a.m. January 14 through February 18. Spanish III: Advanced Class. Saturdays from 10:30 a.m. to noon, January 14 through February 18

- Gerard Damiano: The iLearn Series. Members \$50; non-members \$63. This course will demonstrate how to get the most out of your personal technology, regardless of what particular devices you use. Strategies to help you use the Smart Phone, Tablet and Smart Watch to your advantage.

- Free Lecture. Monday from 10 to 11 a.m., January 16.

- iLearn 1: Communication. Thursday from 2 to 5 p.m., January 26.

- iLearn 2: Travel. Tuesday from 2 to 5 p.m., January 31

- Mac Basics: What's New In OS10.12 Sierra. Wednesday from 9 a.m. to noon, January 25

- What's New In iOS 10 For iPhone & iPad. Wednesday from 9 a.m. to noon, January 18.

- Harvey Schipper: An Invitation of Photographic Storytelling; three weeks. Members \$85; non-members \$106. Mondays from 9 a.m. to noon, January 9 through 23.

- Denny Souers: Photography, Beginners (class time/location varies throughout series); four weeks. Members \$111; non-members \$139. Thursdays from 9 a.m. to noon, January 5 through 26.

- Larry Davidson: The Global Economy in the Headlines During Year One of a New Presidency; four weeks. Members \$150; non-members \$185. Fridays from 1 to 4 p.m., January 20 through February 10

- Ran Niehoff: Humanity's Next Frontier: A Glimpse at What Might Be Found Over the Horizon of History; three weeks. Members \$80; Non-members \$100. Wednesdays from 9:30 to 11 a.m., January 11 through 25

- Ran Niehoff: Matters of Life and Death; three weeks. Members \$80; non-members \$100. Fridays from 9:30 to 11 a.m., January 13 through 27.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit www.bigarts.org/workshops or email info@bigarts.org.



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The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com



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Year In Review 2016

compiled by Jeff Lysiak

January

City Addresses Traffic Issues With Informational Video

During the first Sanibel City Council meeting of the year, Mayor Kevin Ruane unveiled a short video – available online at www.mysanibel.com – featuring Ruane talking about on-island traffic, which is typically experienced throughout peak season (now through April), avoiding driving on and off the island during periods of high traffic (2:30 to 5:30 p.m.) and making plans to travel around the island by bike and/or by foot.

“As the mayor of Sanibel, I readily admit to being biased about our tropical oasis here in Southwest Florida,” Ruane said during the video. “Sanibel is a world-class destination, and enjoying the best of the island takes a little planning.”

The 70-second video, which features clips of island scenery – including Light-house Beach, the JN “Ding” Darling National Wildlife Refuge, Periwinkle Way and West Gulf Drive – also suggests that visitors plan on spending “more than just a few hours” on Sanibel. Ruane explains that the best way to enjoy the island and avoid traffic is to stay on Sanibel: do some shopping, have dinner and stay overnight.

“If you only have a few hours to visit Sanibel, during the busy winter months, please keep in mind the island traffic is exceptionally heavy in the mornings and again in the afternoon,” Ruane points out. “So you may want to choose to visit us when you have more time to truly experience what Sanibel has to offer rather than sitting in traffic.”

February

Injured Eaglet Is Returned To Nest After Stay At CROW

After observant viewers of the popular Southwest Florida Eagle Cam noticed that something may be wrong with one of the two newborn eaglets, the hospital director at the Clinic for the Rehabilitation of Wildlife (CROW) retrieved the 12-day-old American bald eagle chick and brought it to Sanibel for treatment.

On February 9, Dr. Heather Barron brought the injured eaglet – the hatchling of internet sensation Harriet the eagle and her new mate, M15 – from its nest in North Fort Myers to CROW, where it was examined by the wildlife hospital’s staff.

“People who were viewing the webcam noticed that one of the eaglets had become tangled in something,” Dr. Barron said the day after rescuing the chick, which has



The 12-day-old American bald eagle chick – named E8 – was brought to CROW for treatment for injuries from being entangled in monofilament line photos by Jeff Lysiak

been dubbed E8. “I had to cut the eaglet from the monofilament line, since it was tethered to the nest and could only move a couple of inches.”

Once Dr. Barron collected E8 from the nest, she determined the eaglet had suffered significant soft tissue damage in its left foot which had been tangled, along with showing signs of dehydration. A radiograph of the bird indicated that there were no broken bones or internal injuries. CROW staff immediately began administering fluids, food and antibiotics.

Following a thorough examination after four days at CROW, hospital staff decided that the eaglet had recovered enough to be returned to his nest, where he rejoined sibling E7 and parents Harriett and M15.

March

Real-Time Sanibel Street Cams Activated

The newest component of the City of Sanibel’s 2016 Traffic Communications Strategy officially launched on March 17.

Residents and visitors to Sanibel now have access to real-time road conditions on Span C of the Sanibel Causeway as well as both eastbound and westbound Periwinkle Way at Casa Ybel Road via three individual webcams.

“We have dedicated 2016 to testing a number of pilot traffic management strategies including investigating hardscape improvements, behavior modifications and technology deployment to determine where we see our best return on investment,” Sanibel Mayor Kevin Ruane stated upon activation of the pilot project. “We look forward to hearing feedback from our citizens if live streaming of current traffic conditions is helpful as we plan our days during peak season.”

To view the Sanibel Street Cams or for additional information on the City of Sanibel’s 2016 Traffic Communications Strategy, visit www.mysanibel.us/traffic.

April

Roosevelt Addresses Congressional Crowd At ‘Ding’

Last year on April Fool’s Day, a skunk ape was spotted by dozens of visitors strolling through the shallow waters of the JN “Ding” Darling National Wildlife Refuge. So it should have come to no surprise for anyone on Sanibel to have seen President Theodore Roosevelt delivering a pair of standing-room-only lectures at the refuge’s Visitor & Education Center on April 1.

In reality, it was Teddy Roosevelt impersonator Joe Wiegand, who comes to the refuge annually in honor of the 26th President of the United States’ connection to both Southwest Florida and the National Wildlife Refuge System, created by Roosevelt in 1903. Wiegand, who has been bringing Teddy Roosevelt to life for more than a decade, has performed in all 50 states and overseas, including a 2008 White House performance in honor of Roosevelt’s 150th birthday.

During his 45-minute lecture, Wiegand discussed details of Roosevelt’s adventurous lifestyle – before, during and after his presidency – the laws he helped establish to protect and preserve the country’s natural resources as well as anecdotes of the affable American icon. “In any moment of decision, the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing,” he told the crowd.

Wiegand also elaborated on Roosevelt’s history as a prolific author. “I wrote 30 books in my lifetime,” Wiegand boldly proclaimed as Teddy might have in his day. “I did not write well, but I took well to writing.”

May

Groundbreaking Held For Community House Project

With their \$3 million capital campaign nearly complete, Sanibel Community Association board and staff members gathered with local supporters and businesses at The Community House on May 13 to officially break ground on a six-month reconstruction, restoration, renovation and expansion project.

“Construction begins today,” proclaimed Sanibel Community Association board member Mike Kelly, who noted that a survey of the site’s property lines, and the installation of a silt fence were the final steps required by the City of Sanibel prior to permits being issued. “We hope to have the construction substantially done by the middle of November.”



From left, Billy Kirkland, Mike Kelly, Mark Anderson, Bill Sartoris, Tom Sharbaugh, Marge Meek, Nicole McHale, Friedrich Jaeger, Amy Nowacki, Teresa Riska-Hall and Calli, Dane, Richard and Bailie Johnson

Built in 1927, more than 50 island organizations and over 50,000 people currently use The Community House for yearly activities. Some of the more popular activities held at the structure are the annual Sanibel Shell Festival, arts and craft fairs, pancake breakfasts and spaghetti dinners, a holiday miniature golf tournament as well as fundraisers for nearly all local service organizations. In addition, the historic building has hosted weddings, celebrations of life, dances, movie screenings and more.

Benchmark Construction is the general contractor for the project and architect Amy Nowacki completed the renovation designs.

“This project has been a long time coming. Hopefully, everything will get done on time and we’ll be open in time for the next season,” added Kelly. “There are a lot of people looking forward to using The Community House again.”

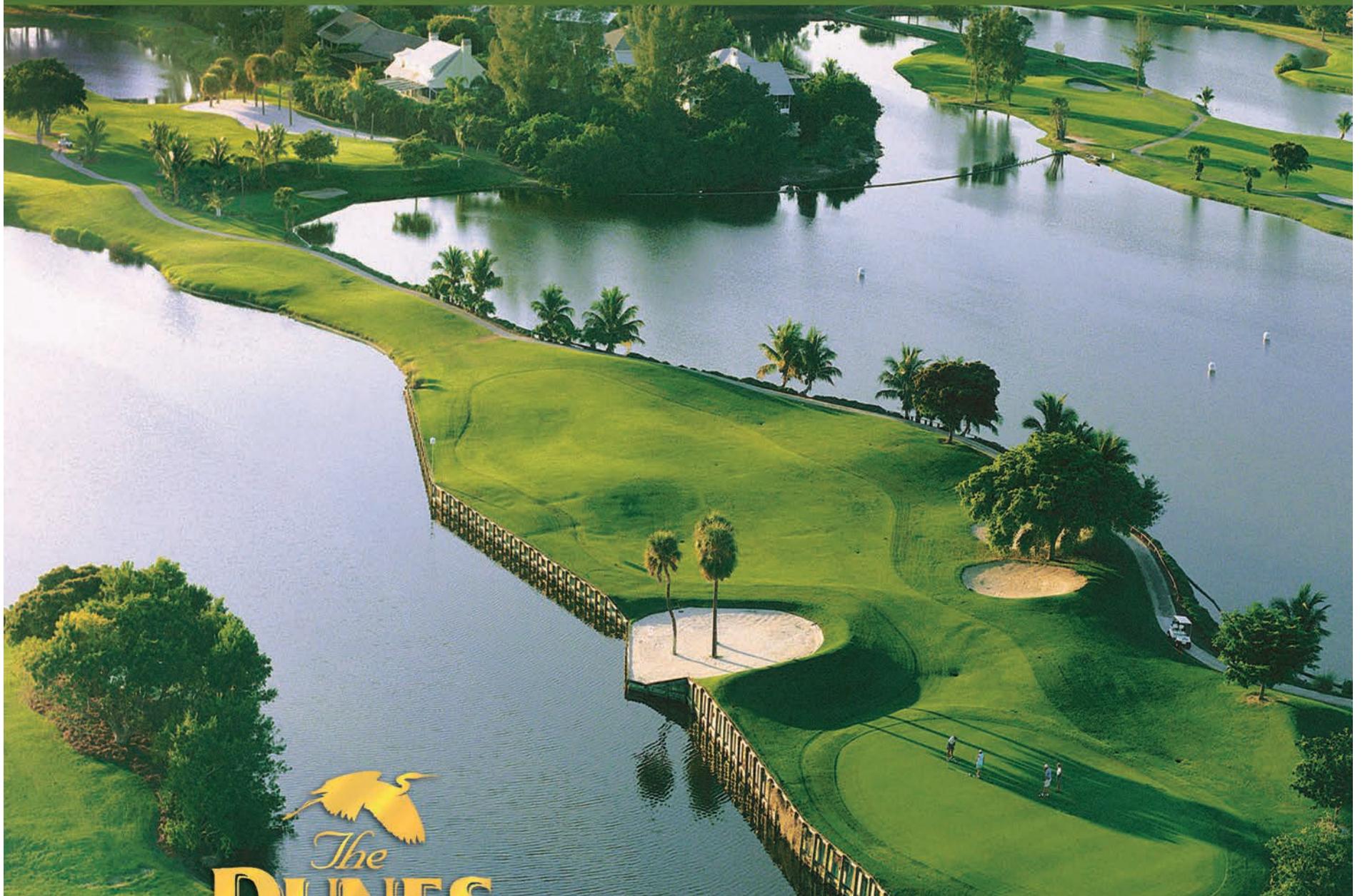
June

MPO Presents Roundabout Study Update

During the June 7 city council meeting, a member of the Metropolitan Planning Organization delivered a brief presentation of the status of their Lee Countywide roundabout study, including details on the top location they are considering for a roundabout: the Lindgren Boulevard/Periwinkle Way intersection on Sanibel.

According to Don Scott, MPO executive director, Sanibel’s most heavily travelled intersection is one of 18 locations being investigated in the county. The ongoing study, which is expected to be completed by October, has already completed initial screenings, traffic data collection and projections, an operational analysis of roundabouts vs. traditional intersections, geometric conceptual designs, construction

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CHR Mardi Gras Tickets On Sale Now

Community Housing and Resources (CHR) is inviting all to attend their annual Mardi Gras fundraiser, coming up on Saturday, February 11 at The Dunes Golf and Tennis Club.

Now in its fifth year, CHR's Mardi Gras has earned a reputation of being one of the most fun and anticipated events on the island, with the 2017 event sure to surpass all others in revelry and merriment. Proceeds from the event enable CHR to continue its mission of providing affordable housing on Sanibel for the island's workforce, families, senior citizens and disabled residents.

CHR's Mardi Gras event will feature plenty of delicious food, an open bar, a signature bourbon tasting lounge sponsored by American Barrels Bourbon, a tarot card reader and a live marching band leading a festive parade to the famed island celebrity swim relay. Partygoers will enjoy music and dancing, a raffle with great prizes provided by Lowe's Home Improvement and a grand prize trip package to New Orleans. Guests will also have the opportunity to further support CHR by "shopping" at the Lowe's Houses of Love area, where cabinetry, appliances and more can be purchased at extreme discounts to help CHR with critical renovations of their 74 rental properties.

Attendees will dress in their most Bourbon Street-appropriate attire, enjoy a taste or two of bourbon, and join their friends and neighbors in supporting CHR at this "party with a purpose." Purchase tickets online at www.sanibelchr.org/mardigras or by emailing info@sanibelchr.org.

Community Housing and Resources, Inc. (CHR) is a 501(c)(3) nonprofit organization dedicated to providing affordable housing for families and individuals working full-time on Sanibel as well as long-time retired or disabled residents of Sanibel. For more information, visit www.SanibelCHR.org or call 472-1189.*



Partygoers at last year's Mardi Gras fundraiser photo courtesy CHR

San-Cap Motor Club Cruise-In



Classic automobiles lined up at Periwinkle Place photos courtesy San Cap Motor Club



Vintage hot rods and classic automobiles on display

by the Shell Love Bug, the famous VW Bug created by shell expert Pam Rambo. The car is outfitted with more than 20,000 local shells adhered to its body with a spectacular, eye-catching design.

The San-Cap Motor Club meets at Periwinkle Place, located at 2075 Periwinkle Way, the first Saturday morning of every month through May 2017. No pre-registration is necessary; just show up with your car, truck or bike. Donuts, coffee and other refreshments will be provided.

For more information, call Scot Congress at 472-4177 or Mike Stone at 322-0044.*

The San-Cap Motor Club will be showing off their wheels at its monthly Cruise-In Cars and Coffee at the Periwinkle Place Shopping Center on Saturday, January 7 from 9 to 11 a.m. Attendees are asked to "Look for the checkered flag!" Whether you are a member of the club or not, whether you have a vintage car to show off or just love cars, everyone is welcome to stop by.

The club also announced that this month, it is expecting an appearance

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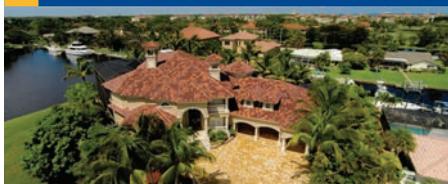
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Rotary Happenings

submitted by Shirley Jewell

Happy New Year, everybody!



Rotarians are already looking ahead to 2017 and plans of all kinds are on the drawing board ready to implement. Of course, coming up faster than we think is our Rotary Arts & Crafts Fair on February 18 and 19 on the grounds of The Community House. Along with the unique art and craft items on sale, there will be an expansion of a larger and more diverse food court area. Save the date now and include in that Valentine card/February 14 a note promising to buy him or her an exceptional present at the fair, just a few days later.

On January 19, the Sanibel-Captiva Rotary Club is co-hosting with the Children's Education Center of the Islands (CECI) the Islands Young Professionals group for a getting-to-know-you event. Rotary is hoping to work together on some community

giving projects and is looking forward to finding out what that could be at this event.

One of the community giving projects suggested has been the possibility of putting together a Habitat For Humanity team build from Sanibel. Exploration of this type of project is being investigated by Rotarians John Clark and Jim LaVelle.

Since December 16 was our last official club assembly for 2016, the club had two important items on the agenda. An up-to-date wrap-up report from the Sanibel-Captiva Rotary Trust (the giving arm of Sanibel-Captiva Rotary) highlighting grants given out for Rotary year 2015-16. Local giving was \$48,106 and international giving was \$43,870, the combined total was \$91,985. Most of the funding of these projects come from our fundraising activities and that goes back to the Rotary Arts and Crafts Fair in February. Our fair committee is hard at work trying to make this year's fair the best fair ever. So, come out and have fun at the fair and help Rotary provide a funding source for projects that benefit our community, region, state and internationally.

Of course, leadership of our club is an essential ingredient to the success of our club and that was the second

agenda item to be wrapped up before the end of the calendar year 2016. The club election date is always set for the last club meeting of the year mandated by Rotary International. Club officers elected at this meeting will serve in their office for one year – from July 2017 to July 2017 – while new board directors and trust board members will serve three-year terms. These officers will not be inaugurated until March and will not start their official duties until July, giving the officers the time to understand the responsibilities of their office and the continuance of multi-year commitments by the club and participate in future planning of the club.

Newly-elected club officers are President Holli Martin, President-Elect John Danner, Vice President Eldon Bohrofen, Secretary Chet Sadler, Treasurer Jack Alexander and Sergeant-at-Arms Don Russell.

Newly-elected club board officers James Cardle and Cindy DeCosta will serve three-year terms while trust board officers Chris DeCosta and Barbara Ellis will also serve for three years.

Rotarians work hard and play hard, which was evident at our Holiday Party, held that same evening after the elections. We had lots of things to celebrate, it's been a great year for Rotary and, hopefully, many more to come.

Thanks to Rotarian John Danner, who made all the arrangements for the party at Sundial this year, and our current club President Charlie Emerson for setting the spirit of the holidays

with appreciation of club members giving their time, talent and treasuries toward the accomplishments of Rotary throughout the year. It was a joyful time with chatter, laughter, song and friendship permeating the dining room. Rotarians are special people; their hearts are big and their determination to help promote peace on earth through connecting with people around the globe and working together on many humanitarian projects that provide a special human bond with an outcome of universal friendship needed in today's world.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

Top Ten Books On The Island

1. *Sanibel Flats* by Randy Wayne White
 2. *The Girl On The Trail* by Paula Hawkins
 3. *A Man Called Ove* by Fredrik Backman
 4. *The Art Forger* by B. A. Shapiro
 5. *Fates and Furies* by Lauren Groff
 6. *Born To Run* by Bruce Springsteen
 7. *Hidden Figures* by Margot Lee Shetterly
 8. *Seduced* by Randy Wayne White
 9. *Hillbilly Elegy* by J. D. Vance
 10. *No Man's Land* by David Baldacci
- Courtesy of MacIntosh Books and Paper**

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Friends Who Care
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Sanibel Captiva Lions Club
Sanibel-Captiva Rotary Club
Sanibel Captiva Sail and Power Squadron
Sanibel-Captiva Shell Club
Sanibel Little League

Sanibel Music Festival
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Wright Takes Reigns Of Shipping Business

by Jeff Lysiak

Changing of the guard recently occurred at one of the island's longtime businesses, and the new owners would like to introduce themselves to their customers, both frequent and first-timers.

Rob Wright and Kathy Wright, a mother and son team who have been Lee County residents for the past decade, purchased Qwik Pack & Ship on Sanibel from previous owner John Thomas on October 14 of last year. Since then, the Wrights have been learning the ins and outs of the packing and shipping industry from Thomas first-hand.

"I've been training at the store since last August," said Rob Wright, 27, who was raised in the Tampa/St. Petersburg area. "John taught me all about packaging, running the FedEx and UPS software as well as all of the day-to-day operations of the business."

According to Wright, his father was an employee of UPS for more than 15 years. After graduating from Florida Gulf Coast University in 2008 with degrees in marketing and business management, the younger Wright was excited to "jump feet first" into the shipping industry.

"It was all sort of brand new to me - my background is in the food and beverage industry," he explained. "I thought this would be a great business opportunity."

Wright's mother, Kathy, brings 30 years of customer service experience in the banking



Rob Wright, the new owner of Qwik Pack & Ship, purchased the business late last year photo by Jeff Lysiak

industry to the new Qwik Pack & Ship team.

Following the family purchasing the business from Thomas, the Wrights completed an extensive remodel of the Qwik Pack & Ship location, including painting the interior of the store along with installing new flooring and adding new furniture.

"It's a brand new look, but with the same excellent customer service," said Wright, who noted that the store's grand opening will be held on Saturday, January 14 at 5 p.m. All are welcome to attend.

Qwik Pack & Ship, located at 1456 Periwinkle Way, Suite B on Sanibel, is open Monday through Friday from 9:30 a.m. to 5:30 p.m. and Saturday from 10 a.m. to 4 p.m. For more information, call 472-0288, email rob@islandbusinesscenter.com or visit www.islandbusinesscenter.com.*

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Darryl S. Gordon photo courtesy San Cap Trust Company

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Prior to joining the firm, Gordon was a regulatory financial examiner in Tampa for the Florida Office of Financial Regulation for 17 years. In addition to managing similar components for The Trust Company, he frequently served as the examiner in charge, responsible for all phases of the examination process, which included reporting on the findings.

Gordon also worked for the Florida Division of Retirement as a benefit specialist reviewing retirement accounts to determine benefit payment obligations according to Florida Statutes. He counseled retirees and beneficiaries concerning survivor benefits under the Florida Retirement System.

Gordon is a Certified Fraud Examiner and received his degree in accounting with a minor in finance from Jacksonville University, graduating with honors magna cum laude.*

Sanibel Captiva Holdings, Inc. recently announced the addition of the firm's new Chief Compliance Officer Darryl S. Gordon, CFE to oversee and implement compliance standards for The Sanibel Captiva Trust Company and its divisions of The Naples Trust Company and The Tampa Bay Trust Company.

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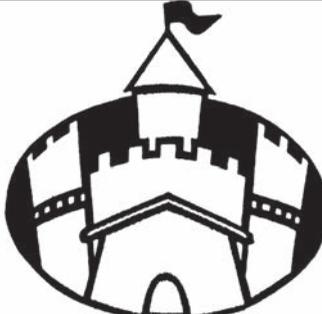
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- Minutes from shopping & Beaches
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- Sweeping Gulf Views from the screened lanai
- Small Gulf Front Complex w/ Pool
- Central location & adjoining preserve lands
- \$699,000 (2160188)

Becky Mulka 472-5187 x 204

BEACHVIEW ESTATES

NEW LISTING



- Expansive golf course views!
- 3 BR/2.5 BA Floor plan
- Great room w/fireplace
- Heated pool & spa
- \$1,149,000 (2161316)

Karen Bell 472-5187 x 270

DUPLEX BY THE BEACH!

NEW LISTING



- Each side is 1 bed/1 bath
- Great rental income
- Private beach access
- Wood burning fireplace
- \$595,000 (2161304)

Rose Dakos 472-5187 x 233

POPULAR ISLAND SUBDIVISION

PRICE REDUCED



- 3BR/2BA with large great room
- Light & bright kitchen & dining room
- Spacious screened deck overlooks private grounds
- In Gumbo Limbo near all Island conveniences
- \$559,000 (2160941)

Mary Lou Bailey 472-5187 x 246

BUILD YOUR DREAM HOME



- Oversized gulf access lot
- Seawall, view of intersecting canal
- All assessments paid
- Cul-de-Sac
- \$209,900 (2161203)

Susan Dunn 472-5187 x 258

ISLAND WOODS



- 3 bedroom/2 bath home with den
- Cozy screened lanai
- Piling Home with storage and under building parking
- Paved Driveway, Lush vegetation
- \$529,000 (2161007)

Deb Smith 472-5187 x 251

GULF SHORES SUBDIVISION

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- Wonderful home site on the Sanibel River
- Private deeded beach access
- Nice lot size 91' x 135'
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- Large pool, in-ground hot tub, breathtaking grounds
- \$649,000 (2160247)

Jim Hall 472-5187 x 215

LOVELY CROWN COLONY HOME

NEW LISTING



- Great location, lake & golf course views
- 3BR/2BA Areca model, flowing floor plan
- Family room + formal dining room
- Pool with great views, equity golf available
- \$560,000 (2161308)

Anthony Gaeta 472-5187 x 231

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- Kitchen w/ generous island & breakfast bar
- Master retreat w/ huge bath & WI closet
- Private 2nd master suite for guests
- 25-acre lake front resort & 5-star amenities
- \$624,900 (2161225)

Ted Benjamin 472-5187 x 247

DIRECT GULF ACCESS



- 4BR/3.5BA, East end canal home
- Fireplace, pool, vaulted ceilings
- Water views from almost all rooms
- Borders conservation land
- \$1,799,000 (2160968)

David Schuldenfrei 472-5187 x 250



Will Power

Five Reasons Baby Boomers Need To Update Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

It's new year's resolution time, so I thought I'd throw in the plug for considering an update to your estate plan. I was born at the tail end of the baby boomer generation, which is said to include all those born between 1946 and 1964. We've been a royal pain-in-the-rear generation – first swelling the ranks of classrooms causing the construction of new schools, and then making college admissions hyper-competitive, afterwards increasing the demand for first home purchases and so on.

We even created a baby-boomlet of our own progeny in the 1980s and 1990s.

Now the oldest baby boomers are beginning to retire – while most remain in the prime of our working careers. We're expected to put a strain on the Social Security and Medicare programs, and many haven't saved enough for retirement. There are a number of reasons for that, from overconsumption to stock market and housing crashes to believing the mirage of never-ending youth.

And that last item – the mirage of never-ending youth – is also what traps those who haven't looked at their estate plan in quite some time. When baby boomers arrive at my office, they generally produce existing wills that call for guardianships for their children (who are now grown adults themselves) and name long-deceased parents as executors and trustees.

Which brings me to today's topic: the top five reasons that baby boomers need to update their estate plans.

1. Relationships Change – Just as I mentioned above, your old wills, trusts and power of attorney documents might name people to serve in posts such as personal representative, trustee and health care surrogate who you may have lost touch with or who are no longer close to us. While attorneys in northern jurisdictions often name themselves as trustee of their clients' trusts, you may now be a Florida resident or that attorney may have long since retired. It's time to take a fresh look at who you have named to conduct your affairs for you in the event of your disability or death. Also, we may now be in a different relationship or marriage than we found ourselves in when we first prepared our estate plan. Blended families typical of second marriages require a thoughtful, detailed plan to prevent problems between a surviving spouse and step-relations.

2. Children Grow Up – Your will drawn 20 years or more ago may have contemplated making distributions for your young children that are now fully grown with kids of their own. Your adult children may also be some of the best candidates to serve as your personal representative under your will or as your trustee under your trust. You may also want to protect the inheritance you leave your grown children from adult issues such as divorce or lawsuits.

3. Your Health – While none of us like to admit it, age usually presents more health issues to deal with. You want to make sure that your health care surrogate documents are up to date, as well as your living will that designates what you want to have happen should you end up on life support with no hope of recovery. None of us wants to be the next Terri Schiavo, so it is important that your health care documents are up to date with today's law and with your intent.

4. Your Stuff – It's probably time to review your assets and how your estate plan provides for you, in the event of your disability, and your loved ones after your death. In our youth our main assets probably consisted of a home, term life insurance and maybe a few investments. As we enter middle-age, we may no longer have term life insurance (instead, we may have whole or universal life policies that contain cash value), and we may have larger investment accounts as well as IRA and 401(k) accounts. As the types and amounts of assets that we own changes, it is important that our estate plan change with them. An estate plan built around a young family with term life insurance should look drastically different than an estate plan for someone in the prime of their working career or who is nearing retirement.

5. Your Legacy – Finally, many of us like to consider what kind of legacy we leave behind. It might include a charitable legacy with institutions or causes near and dear to our hearts, or it might mean how we want our progeny to carry on with the wealth that we've accumulated. Perhaps we're concerned that we'll take away the incentive to lead a productive life, or we may want our wealth to be used for certain activities we find beneficial – such as education or health care.

There's a lot to consider. Make it a priority to dust off the will or trust that you've neglected for so long, and use these five points to write down what concerns you the most about your own planning. Then, take that to your attorney to provide a framework for your discussions and plans.

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Symphonic Chorale Fundraiser

The Symphonic Chorale of Southwest Florida is holding its annual Fundraising Gala on Saturday, January 28 from 6 until 10 p.m. at The Landings Yacht Club in Fort Myers, located at 5200 Landings Drive.

The evening's theme is Where There Is Love, There Is Music. The fundraiser will feature a full-course dinner, entertainment and both a live and silent auction. Baritone Ed Pember

will entertain with music that spans a variety of genres including classical, opera, Broadway and art songs. The emcee for the evening is Robert Van Winkle, NBC-2 weather anchor.

Pember resides in Fort Myers, but brings an international reputation to Southwest Florida and to this gala. His singing career began with his service in the United States Air Force, and his performances with the Air Force Band. Once he returned home to his native Michigan, he performed as a featured artist with numerous symphony orchestras and chorales including the Michigan Opera Theater and the Detroit Symphony, and later developed

continued on page 24B

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From page 1B

Year In Review

costs, an evaluation of cost vs. benefit and rankings.

"From a technical perspective, the Periwinkle/Lindgren intersection came out number one in Lee County," said Scott, who noted that the cost of installing a roundabout – estimated at approximately \$510,000 – would be paid for through federal funds, which have yet to be secured.

Mayor Kevin Ruane, who invited Scott to make his presentation during the meeting, hoped that an update on the roundabout study would quell rumors that construction on a roundabout on Sanibel would begin as soon as this summer. "Rest assured that's not going to happen," he said.

Scott added that after more designs and simulation studies are conducted, final approvals for roundabouts in the county aren't anticipated until spring 2017 at the earliest.

"I just wanted to let everybody know that we're still very early in this process," Ruane told the audience at MacKenzie Hall. "I'm looking forward to having some spirited debate over whether or not this is needed here."



Beachgoers wave farewell to the cameras following the final live segment on Monday's *Good Morning America* broadcast from the Sundial Beach Resort & Spa on Sanibel.

National Seashell Day Featured On Network TV

In recognition of National Seashell Day, Sanibel's shoreline and shell seekers were featured prominently during the June 20 *Good Morning America* broadcast, which highlighted the inaugural "shell-abration" as well as a number of local residents and visitors, organizations and island destinations.

The popular ABC morning program broadcast three live segments from the beach adjacent to the Sundial Beach Resort & Spa on Sanibel, where chief meteorologist Ginger Zee introduced the national weather forecast and interviewed youngsters, shellers and representatives from the Bailey-Matthews National Shell Museum and the Clinic for the Rehabilitation of Wildlife (CROW).

During the network show's first live segment, local shell enthusiast Pam Rambo was interviewed while a group of more than 25 beachgoers demonstrated the "Sanibel Stoop." Another segment featured Zee chatting with shell museum staff, who shared information about live mollusks with youngsters Timothy Parker, Brynley Dowden and Hayden Corey. Later, Zee interviewed CROW's Rachel Rainbolt, who talked about the wildlife clinic's work and animal ambassador Lola, an American kestrel.

In the final segment of the morning, Zee bid viewers at home a fond farewell before playfully running into the waters of the Gulf of Mexico. The last shot of

the broadcast included onlookers waving goodbye from Sanibel's shoreline.

National Seashell Day, created by the Lee County Visitor & Convention Bureau, also included shell-themed activities throughout the region along with a number of events held at the Bailey-Matthews National Shell Museum. They included a scavenger hunt, live tank talks, arts and craft projects and an appearance of the Shell Love Bug, a Volkswagen Beetle decorated with more than 19,000 seashells.

"Our beautiful shells have long attracted writers, artists and innovators to our beaches for creative inspiration and a connection to nature," said Tamara Pigott, executive director of the Lee County Visitor & Convention Bureau. "National Seashell Day is a celebration of the gifts from the sea that make the beaches of Fort Myers and Sanibel so special."

July

Record Year For East End Nests

Jewel Jensen, a volunteer with the Sanibel-Captiva Conservation Foundation's Sea Turtle Monitoring program for the past five years, was very excited – and just a bit nervous – to be conducting her first solo nest inventory on July 15.

But she certainly wasn't alone.

Jensen, joined by fellow volunteer Phil Weyman along with several other program helpers and a handful of curious onlookers on Sanibel's east end, hoped to find a few live sea turtle hatchlings in Nest #5. That nest, located adjacent to the Shell Island Beach Club in Zone 1, was reported to have hatched five days earlier.

"I've been so excited to be doing my first solo inventory," said Jensen, a retired teacher from Illinois. "I was up reading late last night because I wanted to make sure all of my notes and procedures were in order."

Sea Turtle Monitoring program officials confirmed that Sanibel's east end had broken the record for nest numbers since SCCF began recording them. "We officially have 122 loggerhead nests on the east end," a July 13 press release announced. "We are having an excellent season!"

Just one year ago, a then-record 120 nests were recorded on the east end. Prior to that, the average for nests on the east end was 38 per year.

August

Scott Takes Over As Sanibel Fire Chief

Last week, longtime Sanibel Fire & Rescue District member Matt Scott officially took over the reigns as chief of the department, ascending to the helm following the recent retirement of Danny Duncan.

Originally hailing from just outside of Boston, Massachusetts, Scott moved to Sanibel in 1987. Two years later, he began volunteering with the city's fire department.

"I had been working days in the construction business and nights as a cashier and stock person at Bailey's (General Store)," recalled Scott. "I think this all began because I was always running into the guys from the fire department at the store."

According to Scott, the department's assistant chief at the time – Charlie Frederick – encouraged him to stop by

the fire station and look into a career as a firefighter. In 1989, Scott began training as a volunteer firefighter. By the time the department hired him as a full-time employee in August of 1993, Scott knew he had found his new "family."

"I'm just hoping to continue down the same route that Charlie and (former chiefs) Rich Dickerson and Danny Duncan put us on," he said. "We've got a great board of fire commissioners that's been very supportive of everything we do."

Goss, Maughan Fail In Primary Election Bids

In the August 30 Lee County Primary Elections, Sanibel Island residents Chauncey Goss and Jason Maughan fell short in their bids for federal elected office.

Goss, the Sanibel City Council member who had been running against Naples businessman Francis Rooney and fellow Collier County resident Dan Bongino in the U.S. Congressional Representative District 19 race, earned 32.59 percent of the vote. Rooney won the election with 50.02 percent of the vote, while Bongino garnered 17.40 percent of ballots cast.

Maughan, one of the city's planning commissioners, had sought election against incumbent Lizbeth Benacquisto of Fort Myers in the State Senator District 27 race. Benacquisto won the election with 68.59 percent of the vote, with Maughan earning 31.41 percent of ballots cast.

September



Sanibel Fishing Pier officially reopened to anglers and visitors following a three-month, \$154,000 rehabilitation project

Sanibel Fishing Pier Project Completed

After nearly three months, the City of Sanibel announced last week that the Sanibel Fishing Pier – located at Lighthouse Beach Park – has officially reopened following an extensive rehabilitation project.

Closed since June 6, the fishing pier welcomed back anglers on September 6.

"The city is very pleased to open the new city fishing pier," said Keith Williams, public works director who oversaw the project. "We hope that our residents and visitors enjoy utilizing it. We appreciate everyone's patience with the recent closure, but feel the product was well worth the wait."

According to Williams, the decking, handrails and wooden structural elements of the pier were in poor condition. The city was able to retain the existing concrete pilings and piling cap, but replaced all other components of the facility. They include decking, railings, a covered area with bench seating and fish-cleaning stations.

The decking and railing top caps were constructed using composite lumber, while the railings are made of aluminum.

Among the new features of the refurbished fishing pier are improved ADA accessibility, an expanded covered area, improved fish cleaning stations (with a potable water supply) along with new composite decking material that features a 50-year lifespan.

The renovation project – which cost an

estimated \$154,000 – was funded by the Tourist Development Council in cooperation with the City of Sanibel and the Lee County Board of Commissioners.

October



From left, artist Kimberly Nealon, Joey's Custard co-owner Debi Almeida and actor/comedian Kevin Nealon

Actor Makes Surprise Visit To Island Business

On October 19, Joey's Custard – located in the Bailey's Shopping Center on Sanibel – was paid a surprise visit by actor, comedian and *Saturday Night Live* alumnus Kevin Nealon.

Nealon, whose sister, Kimberly, has an array of paintings displayed at the recently-opened business, was joined by other members of his family, including his parents – longtime Captiva residents Kathleen and Emmett Nealon – as well as Kimberly's fiancée, Dr. Jose Leal.

"They decided to come visit and take a look at Kimberly's artwork on the walls and enjoy dinner," said Debi Almeida, co-owner of the business along with her son, Joey. "It was quite something, as customers were coming in and someone even said, 'He looks familiar... I think I golfed with him at The Dunes.'"

According to Almeida, the Nealon family ordered several panini sandwiches and coffee, followed by some ice cream for dessert. During the visit, Kevin took several selfies in front of Kimberly's artwork.

"It was actually quite touching; it was obvious he wanted to support her endeavor," added Almeida, who playfully challenged the actor to a game of chess during the two hour visit. "It added a wonderful element to Joey's... and frankly, I was starstruck for a few minutes until I realized how kind they are."

Nealon, who is currently co-starring on the CBS sitcom *Man With A Plan* alongside Matt LeBlanc, promised to return to Joey's Custard during his next visit to the island.

November

Now Or Neverglades Tour Stops At Chamber

As part of its 12-day, 22-city tour across Florida, The Everglades Foundation's Now Or Neverglades tour bus made a brief visit on this island on November 2, holding an educational briefing and declaration signing event in the parking lot of the Sanibel & Captiva Islands Chamber of Commerce.

Led by Eric Eikenberg, CEO of The Everglades Foundation, the tour is encouraging individuals and businesses to sign the Now Or Neverglades declaration supporting the goal of increasing water storage south of Lake Okeechobee and the construction of the water storage reservoir identified in

continued on page 14B

Superior Interiors

ABCs Of Decorating



by Linda Coin

Harmony is the eye-appealing arrangement of parts to form a consistent, satisfying whole. For instance, a rustic, ladder-back chair may look completely out of harmony placed next to the classic

elegance of a Georgian console. As a rule of thumb, formal design works best with other pieces of formal design, just as country pieces mix well with other provincial pieces. However, today's style invites a more eclectic mix of furniture, so be careful not to confuse harmony with monotony.

The second principle, proportion, relates to composition and size. A room with good proportions will consist of width, length, and ceiling height in pleasing ratio to each other, as well as to the windows, doors, and any other architectural aspects. Good proportion also applies to well-designed furniture. Variety in dimensions attracts the eye, which is much more interesting than a square. Proportion is extremely important in decorating, from the complicated art of window treatment design to the size of the wall décor and tabletop accessories.

Another important aspect in decorating

is balance. This is the art of keeping two parts in a state of equality. There are two types of balance: symmetrical (formal) and asymmetrical (informal). An example of formal balance is two identical end tables flanking a sofa, creating a sense of formal order. Informal balance is achieved by creating a sense or illusion of balance using two design elements that are not identical. Bright colors seem to "weigh" more than soft pastels, and irregular shapes take on more weight than regular shapes. All these elements are part of the balance of a room.

Rhythm is the fourth important design principle and it is basically a measure of motion. Just as music develops rhythm through a repetition of beats, decorating can develop its rhythm through recurring patterns or colors. When a design, line, or color is repeated, the eye is carried along as interest mounts.

Last, but certainly not least, every beautiful interior has a focal point—a special quality that makes that room unique. If a room doesn't have an architectural focal point, emphasis must be created, often with a fantastic piece of furniture or art. A room without a focal point can get boring quickly.

The ABC's of interior decorating — harmony, proportion, balance, rhythm, and emphasis — are the building blocks of a well-designed room. Decorating is a combination of principles that require very thoughtful planning.

The ABC's of good interior decorating include five basic principles of design: harmony, proportion, balance, rhythm, and emphasis. Before tackling any decorating project, it helps to have an understanding of these five elements. A

well-designed room uses each of these principles.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindeciden.com. ✨

BeautifulLife:

Chill Out



by Kay Casperson

Do you feel guilty when you give yourself a "me" day? How about when your kids don't have anything on their schedule and you have not found something for them to do? Guess what?

As a society, we have talked ourselves into believing that we have to fill every moment with something that you or (others) have decided is productive. What happened to the days that we could take a day off here and there to do nothing?

There is a study out that determines that kids have half as much free time today as 30 years ago, and it is not producing the most positive results. The pressure from others to constantly be performing tasks and accomplishing things has trickled down to what we expect from others — including our children — and it is causing more stress, fatigue and illness.

I have a T-shirt that my kids bought

me for Christmas last year that reads, "Today I Will Do Absolutely Nothing!" It has a picture of Snoopy sleeping on top of his dog house. I wear that T-shirt when I need to remind myself that it is time to put all things aside and just chill out! In fact, I make it a point to put on my calendar days for unstructured time for myself and also my family. I encourage my husband, my children and even my elderly dad (who seems busier than all of us) to enjoy a day of chilling out.

Try it! What you will find is that you will be able to think more clearly, dream about things that you want to do, plan for things that you have not had time for or just take a break from having to make decisions, accomplish something or change the world. You will find yourself far less stressed about filling every moment for yourself or others and will see some amazing results.

My affirmation for you this week is:

"I will make an effort each week to create unstructured time to chill out, dream, play and listen to my heart."

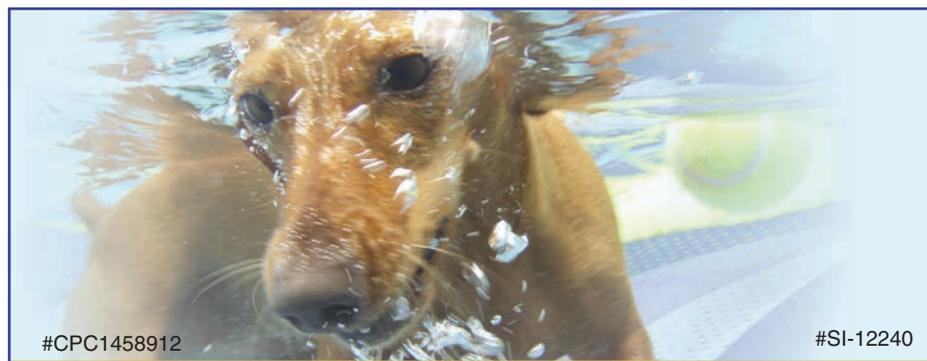
Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at kaycasperson.com. ✨

MOAA Meeting

The next meeting of the Lee Coast Chapter of the Military Officers Association of America (MOAA) will be held at Crown Colony Golf and Country Club at 5:45 p.m. on Monday, January 16. Their guest speaker will be Cliff Smith, president of the United Way of Lee, Hendry, Glades and Okeechobee counties. He will discuss United Way's new efforts to help veterans in need.

Former, retired or active duty uniformed officers who are interested in joining MOAA should contact Jeff Nichols at 515-720-5204 for membership information. ✨

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Bank Makes Two December Gifts



From left, WLOI winner Mabel Beerman, Bank of the Islands' Vicky Bowers and Darrin Grotrian, and Maggie Goldsmith of FISH of SanCap photos courtesy BOTI

Bank of the Islands (BOTI) ended 2016 with two more non-profit donations through its We Love Our Islands program. The lucky winners were Mabel Beerman and Linda Yoder. Each was spotted with a We Love Our Islands decal on their vehicles, winning them the right to select which local non-profit group would receive a charitable contribution from Bank of the Islands. Beerman chose to donate her winnings of \$200 to FISH of SanCap while Yoder directed her \$100 winnings to Sanibel Community



Winner Linda Yoder, center, with Bank of the Islands' Darrin Grotrian and Natacha St. Sauveur

Church.

"We really hope the We Love Our islands program will continue to showcase the organizations, like FISH and the Community Church, that contribute so much to the fabric of our community," said Willy Ocasio, Bank of the Islands' assistant vice president and Sanibel-Captiva office manager. "We Love Our Islands has a big milestone to celebrate that we'll be announcing shortly. The program continues to be such a great way to show how much we appreciate being your island bank."

All islanders are invited to stop by the bank's Sanibel and Captiva offices to get a free We Love Our Islands decal and details on how you and your favorite charity can become our next lucky winners. Bank of the Islands is located at 1699 Periwinkle Way, at the corner of Casa Ybel Road, on Sanibel. The Captiva office is at 14812 Captiva Drive, next to the Captiva Post Office.*

Sanibel Captiva Lions Club Awards Two Francis Bailey Scholarships



Sanibel Captiva Lions, back row from left, Bill Sartoris, Jim Graham, David Stigler and Bill Sadd; front row, Francis Bailey Lions Scholarship winner Andrea Berrain, Lions President Debi Almeida and scholarship winner Lauren Lockard photo courtesy San-Cap Lions Club

Last week, the Sanibel Captiva Lions Club awarded its Francis Bailey Scholarship to Andrea Berrain and Lauren Lockard.

"Andrea and Lauren are young islanders with bright futures ahead of them and we, the Lions Club, are honored to help them succeed," said Lion Bill Sadd, a longtime member of the scholarship committee.

Berrain, a sophomore at the University of Florida, is double majoring in international studies (Europe) and anthropology. She is focusing on migration studies (particularly pertinent in Europe) and shifts in morphology through the evolution of the genus Homo, some of which have occurred directly as a result of migration.

"The Lions Club scholarship has provided me with amazing opportunities that would be otherwise inaccessible to me," said Berrain. "With going to college in the first place being the most incredible, as well as having the ability to study sustainability politics in Europe this past summer. I am extremely grateful to the Sanibel Captiva Lions Club, and am forever thankful to be a recipient of the scholarship."

Lockard is a freshman at Saint Anselm College in Manchester, New Hampshire, where she is majoring in biology and plays on the women's lacrosse team. After her four years at Saint Anselm, she will attend physicians assistant school for two additional years. Lockard wants to be a PA in the Boston, Massachusetts area.

"The Lions Club scholarship means a lot to me," Lockard said. "It shows me that people in my community care about my future and hope to see me excel. This scholarship furthers my drive to succeed on the athletic field and in the classroom. I am very grateful for this scholarship."

The Sanibel Captiva Lions Club has been awarding the Francis Bailey Lions

Scholarship to eligible youth since 1992. Eligibility is determined each school year.

For more information on Sanibel Captiva Lions Club, visit sanibelcaptivalions.org or find the club on Facebook at SanCapLions. The club meets on first and third Wednesdays at George & Wendy's Seafood Grill. Visiting Lions are always welcome.*

Women's Empowerment Series At BIG ARTS Continues

BIG ARTS and the Zonta Club of Sanibel-Captiva will premiere Part II of their three-part Women's Empowerment Series on Thursday, January 5. The opening event was met with enthusiasm by an attentive crowd that included a presentation on Thistle Farms' executive director and CNN Hero of the Year 2016 nominee, the Reverend Becca Stevens. Her powerful message of cooperation and unity in the face of adversity was an engaging and inspiring experience.

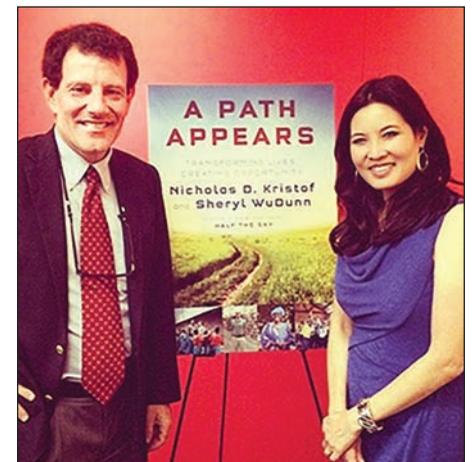
BIG ARTS and Zonta bring their series momentum into the next program offering, A Path Appears: Transforming Lives, Creating Opportunity. In this segment, audiences will screen a portion of the documentary *A Path Appears* by Pulitzer Prize-winning husband and wife team Nicholas D. Kristof and Sheryl WuDunn.

With scrupulous research and on-the-ground reporting, Kristof and WuDunn explore how altruism affects us, what are the markers for success, and how to avoid the pitfalls. In their recounting of astonishing stories from the front lines of social progress, we see the compelling, inspiring truth of how real people have changed the world.

The film features contributions by actors and advocates such as Mia Farrow, Eva Longoria, Malin Akerman and Regina Hall. Through heartrending, inspiring storytelling, *A Path Appears* takes viewers on a journey across the country, and the globe, to drive home the universality of gender inequality and the roots of vulnerability and leads viewers to a deeper understanding of these critical issues, as well as identifying proven methods of bringing about change.

Following this, president and CEO of the Southwest Florida Community Foundation Sarah Owen will moderate a panel discussion and question-and-answer session between two survivors who wish to bring their story of success to light. The panel seeks to give audiences a look in to the lives of those in our community who have risen to triumph over challenges and the organizations that made their success possible.

A Path Forward: Transforming Lives, Creating Opportunities begins at 7 p.m. in BIG ARTS Schein Hall. Visit www.BIGARTS.org for more information and to purchase tickets. Tickets can also be purchased by calling 395-0900.*



Nicholas D. Kristof and Sheryl WuDunn photo courtesy BIG ARTS

From page 11B

Year In Review



Eric Eikenberg, left, CEO of The Everglades Foundation, discussing the Now Or Neverglades action plan to restore the Everglades and help protect Florida's waters. Also pictured is Ric Base, president of the Sanibel & Captiva Islands Chamber of Commerce.

the Comprehensive Everglades Restoration Plan enacted by Congress in 2000.

"The Comprehensive Everglades Restoration Plan is now 16 years old – old enough to get a drivers' license – but we still don't have a critical project: the EAA Reservoir," said Eikenberg. "We face deadly algae in the wet season and droughts in the dry months. Years of neglect are wrecking our coasts, starving the Everglades and jeopardizing the water we all drink."

The Now Or Neverglades tour bus arrived in the chamber parking lot, where it was welcomed by a number of city officials – including Vice Mayor Mick Denham, councilmen Marty Harrity and Chauncey Goss, Natural Resources Department Director James Evans and planning commissioner Jason Maughan – along with several residents and business owners.

The declaration – supported by more

than 200 scientists and signed by over 31,000 people thus far – enforces the belief that increased storage, treatment and transportation of water south of Lake Okeechobee in the Everglades Agricultural Area (EAA) is essential to:

- Stopping the damaging discharges to the St. Lucie and Caloosahatchee rivers and estuaries
- Restoring the flow of clean, fresh water to the Everglades, Florida Bay and the Florida Keys
- Protecting the drinking water for 8 million Floridians and tourists

"We need to continue to build an army of supporters," added Eikenberg. "It's about Florida and it's about the beauty of this state."

Harrity, along with other officials on hand, agreed. "This issue is all inclusive – north, south, east and west," he said. "When you finally get people on board, that's when you can accomplish something."

December

Sanibel Officer Shot, Suspect In Custody

For the first time in the history of the city, an officer from the Sanibel Police Department was shot on Sunday evening following a routine traffic stop along Periwinkle Way.

According to police and media reports, Sanibel officer Jarred Ciccone was sitting in his vehicle around 8 p.m. on November 20 when the suspect drove by and opened fire. Ciccone was struck in the shoulder; he was transported to Lee Memorial Hospital in Fort Myers, where he was treated and later released.

After the initial shooting of Ciccone, the suspect drove into The Dunes neighborhood before exchanging gunfire with both Sanibel Police Department officers and members of the Lee County Sheriff's Department. That exchange occurred near the intersection of Bailey Road and Sand Castle Road. The suspect later fled the scene and barricaded himself inside of his residence near the 1400 block of Sand Castle Road.

Officers shot the suspect in the shoulder and back. That man – later identified by multiple sources as Jon Webster Hay, 49, of 1476 Sand Castle Road – surrendered to authorities and was taken into custody around 10 p.m.

William Tomlinson, the recently retired Chief of Police of the Sanibel Police Department, responded to media inquiries at the scene.

"We always try to tell them to be as safe as possible... we know that this can happen. It's one of the things we're always afraid of," said Tomlinson. "It's always in the back of our minds, so we want to make sure that all officers, no matter what department they're from, that they take all the precautions necessary and just be safe."

Citizens To Vote On Civic Core Project In March

The decision over whether the citizens of Sanibel would like to invest an effort into supporting a centralized island civic and cultural core campus will appear as a public referendum on the March 7, 2017 ballot.

During the December 6 city council meeting, Sanibel's Civic and Cultural Core project – which is estimated to cost

approximately \$42 million – was approved to move forward following a unanimous vote by members of the council.

When it was last discussed in detail, the proposed multi-faceted facility will include a new Island Seniors (Center 4 Life) building along with the BIG ARTS performance hall, theater and learning center interconnected to the existing library, city hall and Sanibel Historical Museum & Village by meandering walkways as well as bicycle and pedestrian paths.

The proposed campus, which would be located on a reconfigured Dunlop Road to accommodate the 25-acre site, also includes additional green space and a large community green for public gatherings.

The estimated cost to construct the proposed Civic and Cultural Core is \$42 million, including \$21 million to build the performance hall, theater, gallery and education center, \$8 million to build the new Center 4 Life, pavilions and other facilities and \$13 million for roads, parking and infrastructure.

Funding for the project has been proposed to come via grants and other funding sources (\$22 million), BIG ARTS (\$12 million) and the City of Sanibel (\$8 million), in addition to the city's contribution of 25 acres of land, along with BIG ARTS' one acre of land.

Also during December's council session, the long-debated issue over whether to amend the City of Sanibel's charter provision to compensate elected members of the city council – \$1,500 per month for each council member and \$2,000 per month for the mayor – will not be put up for a public referendum in the spring after the ordinance failed to receive the unanimous support of the current council.*

HAPPY NEW YEAR!

3790 West Gulf Dr.



Fabulous renovation and quality of this 3 BR/2-1/2 BA w/office elevated home with enclosed deck overlooking the over-sized salt water pool!

\$1,600,000

Loggerhead Cay #434



Exceptional top floor 2 BR/2 BA remodeled unit located on the Island's East End. Nicely furnished. Great rent income!

\$639,000

Pointe Santo C36



2 BR, 2 BA with great GULF views...! Silestone counters, new tile, upgraded kitchen/baths. On site Mgmt. AMENITIES! Excellent rental income.

\$875,000

4155 Dingman Drive



SHORT SALE OPPORTUNITY! 3 BR/3 BA on approx. 1 acre on private cul-de-sac. In need of imagination/renovation. Walk to beach!

\$1,099,000

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\$235,000

Sandalfot 4C3



GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt.

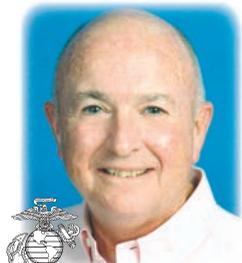
\$669,000

9247 Dimmick Drive



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\$629,000



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Please join me at the Heart Walk on January 29th... Life is why!

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email ocean@comcast.net or contact the center.

Wednesday, January 11 at 2:30 p.m. Featured book: *Lab Girl* by Hope Jahren – “*Lab Girl* is the story of a girl who becomes a scientist. It’s also the story of a career and the endless struggles over funding, recognition and politics that get in the way. It’s the story of the plants and soil she studies. But – and this is the weirdest, coolest part about this book – it is really the story of two lab partners and their uncommon bond” – *Washington Post*

Morikami Museum and Japanese Gardens Private Tour – Tuesday, January 10, Cost is \$48 for members and \$58 for non-members.

Take an in-depth look at the current exhibits (including the Origami exhibit) in the museum galleries, the Seishinan Tea House, the Donald B. Gordon Memorial Library as well as a brief introduction of the gardens. After the private tour,

lunch is on your own at the Morikami’s Cornell Café. After lunch, tour Rojien: The Garden of the Drops of Dew. Round trip transportation is included. Limited to 30 participants, first come, first served. Advanced registration is required by January 3.

Rosy Tomorrows Heritage Farms Tour and Lunch – Wednesday, January 25. Cost is \$25 for members and \$35 for non-members.

This is a repeat favorite of a casual farm walking tour where you can see the free range animals and learn more about the organic and holistic methods used at Rosy Tomorrows Farm. The pre-fixe lunch is all fresh from the farm and prepared by the head chef and staff. You will also have the opportunity to purchase organically grown produce, organically raised and pastured meats and prepared foods. Carpooling is available. Advance registration required by Friday, January 20.

Edison Ford Winter Estates Inside The Homes Tour and River Cruise – Monday, January 30. Cost is \$67 for members and \$72 for non-members.

Begin the adventure with a scenic river cruise, narrated by a knowledgeable captain and docent. Lunch is on your own at Pinchers Restaurant, located on the Caloosahatchee. After lunch, take a tour inside the homes, where you will step back in time and imagine Fort Myers as

it was for Thomas Edison. Discover how Edison lived, studied, dined and entertained in this behind-the-scenes tour. Advance registration is required by Friday, January 27. Limited to 20 participants, first come, first served.

Arts & Crafts Fair – Saturday, February 4 from 9 a.m. to 2 p.m. More than 40 local vendors will be selling their creative designs. Pottery, shell designs, paintings, fabric art, jewelry, glass works, books, tropical plants, photography, wreaths, canned goods and much more. Sponsored by the Center 4 Life and Island Seniors, Inc. There will be a bargain priced hot dog lunch for hungry guests.

Learn To Play Mahjongg with Katie Reid – January 23 to 27 from 9:30 a.m. to 12:30 p.m. Cost is \$15 for members and \$30 for non-members.

Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies are provided. Register in advance.

Learn To Play Bridge with Christl and Bruce Smith – January 30, February 1, 6 and 8 from 9 to 11:30 a.m.

Cost is \$20 for members and \$35 for non-members.

Class is limited to eight students and you must be able to attend all four classes. Register in advance.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

New Game: Hearts – Friday at 12:30 p.m.

New Game: BINGO – Friday, January 27 at 1 p.m.

Kayaking offered on Tuesdays and Thursdays, January through March – January 3 and 5 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks.

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First Aid Tools Workshop

Join Karen Semmelman, an Advanced Energy Medicine Practitioner and former matrimonial lawyer, to experience your own energies shift as you learn tools that you take home with you! The Wednesday, January 11 workshop from 6 to 8 p.m. (the first in a series of four this year) on First Aid includes learning tools for tension headaches, neck and shoulder tightness, digestion issues, depression, stopping colds and flus, reducing pain and many more. Energy Medicine provides the tools to add to our collective health care kit... for ourselves, our families and our community. Free, self-applied and effective, it is powerful and empowering.

During this workshop, you will learn “hands on” tools that take five

minutes daily to shift the “Bla’s” to “Ah Ha’s” with Eden Energy Medicine. The November issue of *Bottom Line Personal* extolls the virtues of energy medicine. Work with subtle energies to restore your energy when tired; sharpen your memory; boost your immune system; and alleviate stress and pain. After addressing the 5-Minute Routine, learn First Aid tools to take home with you and share with your family and friends. It works, it’s fun, it’s easy and it’s under your control. Empower yourself with EEM. Join Karen to gain the gift of knowledge to self-heal.

Next month’s workshop will be to Explore Homeopathy. Another Form of Energy Medicine. Join Semmelman and Burke Lennihan, RN, CCH on Wednesday, February 8 from 4 to 6 p.m. Lennihan wrote the book, *Your Natural Medicine Cabinet*. Learn from a practicing homeopath about homeopathy and its rich vibrational

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League Of Women Voters

The shooting of a Sanibel police officer last November was a wake-up call, reminding us all that mental illness can be a dangerous fact of life. Does Lee County offer quality, affordable mental health care?

The League of Women Voters of Sanibel is hosting The Health of our Mental Health System luncheon at noon on Thursday, January 19 at the Sundial Beach Resort and Spa. Open to the public, featured speakers are Vacharee Howard with the National Alliance on Mental Illness for Lee, Charlotte and Hendry

continued on page 18B



Vacharee Howard

photo courtesy League of Women Voters

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16447 Captiva Drive
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Web ID 216067959 \$3,495,000



16177 Captiva Drive
Pat Moore 239.233.1808
Web ID 216063176 \$3,450,000



407 Bella Vista Way East
Burns Family 239.464.2984
Web ID 216067952 \$3,199,000



16181/16179 Captiva Drive
Pat Moore 239.233.1808
Web ID 216063202 \$2,950,000



11103 Sierra Palm Court
Russ Crutchfield 239.560.2742
Web ID 216066431 \$798,000



Pointe Santo De Sanibel #B-25
Burns Family 239.464.2984
Web ID 216009783 \$789,000



3152 Twin Lakes Lane
Brooke Brownyard 239.281.4179
Web ID 216061336 \$789,000



Loggerhead Cay #181
Burns Family 239.464.2984
Web ID 216075963 \$699,000



16109 Waterleaf Lane
Maxwell Thompson 239.989.3855
Web ID 216039537 \$684,900



16648 Bobcat Court
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Web ID 216031655 \$639,000



1040 Sand Castle Road
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Web ID 216055183 \$639,000



9820 Capstan Court
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2. East End Canal Home

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- Updated throughout, stainless appliances
- **\$870,000** EUR €831,616

3. Captiva - "Villa Elena"

- 4 BR/3 BA Mediterranean style home
- Updated, swimming pool, beach & dock access
- **\$1,699,000** EUR €1,608,783

4. Luxury Meets Location - Sanibel

- 4 BR/5 BA Butterknife home built in 2004
- Large gourmet kitchen, steps to the beach
- **\$1,849,000** EUR €1,767,424

5. Gulf Access Canal Home - Sanibel

- 3 BR/3 BA, on navigable canal
- Boat dock and lift, Gulf access
- **\$1,425,000** EUR €1,425,000

6. Colony Beach Estates

- 4BR/4BA Direct Gulf front gated community
- Gorgeously updated throughout
- **\$2,999,000** EUR €2,893,435



7. 3 BR/3.5 BA on West Gulf Drive - Sanibel

- Steps to the Gulf, swimming pool, beach access
- Newer construction, large open kitchen
- **\$1,349,000** EUR €1,289,483

8. Ferry Landing - Bayfront on Sanibel

- 3 BR/2 BA with stunning Bay Views
- Community boat dock, swimming pool & tennis
- **\$2,195,000** EUR €2,098,159

9. Panoramic Bay Front Views On Captiva

- 4 BR/4.5 BA - Beach access nearby
- Boat dock/lift, open kitchen, swimming pool
- **\$2,295,000** EUR €2,193,747

10. Bay Front Views - Sanibel

- 3 BR/4 BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with Bay views
- **\$2,895,000** EUR €2,767,276

11. Gulf Front, South Seas - Captiva

- 4 BR/3 BA completely renovated & decorator furnished
- Nightly rentals, excellent income
- **\$3,495,000** EUR €3,340,805

12. Snug Harbor Town Home - Sanibel

- 3 BR/2 BA with partial Gulf views
- Updated throughout, under bldg. parking
- **\$739,000** EUR €706,396



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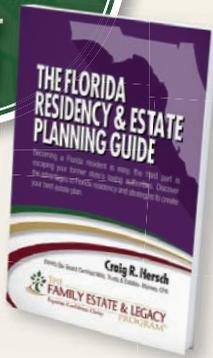
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Thursday, February 2
2:00 p.m. – 4:00 p.m.
Sanibel Community House
2173 Periwinkle Way
Sanibel, FL 33957

Tuesday, February 7
2:00 p.m. – 4:00 p.m.
Temple Beth El
16225 Winkler Road
Fort Myers, FL 33908

Wednesday, February 8
2:00 p.m. – 4:00 p.m.
Naples Daily News
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From page 15B

First Aid Workshop

healing benefits, which when combined with EEM, provide many avenues for immediate shifts of dis-ease of all manners: headaches, toxins, muscle pain, joint point, panic, emotional upset, digestive issues, and more. Walk away feeling lighter and brighter.

As Dr. Mehmet Oz, Chief of Cardiology at Columbia University's College of Physicians and Surgeons predicted on *Oprah*, "The next big frontier in medicine is Energy Medicine."

Semmelman, a matrimonial lawyer for 30 years, is enjoying this second career as a certified Eden Energy Practitioner, teacher, and inspirational speaker. Bringing her intuition, investigative and listening skills, teaching skills (having taught to diverse groups in the legal profession on live TV, to live audiences and in workshop settings) and her passion for empowering others to clients and participants in workshops, she finds the two careers blend wonderfully.

The Sanibel Community House is a 501(c)3 non-profit organization, whose mission is to enrich community spirit through educational, cultural and social gatherings in the historic Community House. The Community House, located at 2173 Periwinkle Way on Sanibel, is happy to provide this series at a nominal charge of \$15 per course. Advance registration and payment required. Contact: Jan at 472-2155. For more information, visit www.sanibelcommunityhouse.net or www.semmelmanenergy.com.✪

From page 15B

League Of Women Voters

counties, and retired Washington, DC attorney Dottie Pacharis, whose personal experience has shaped her advocacy for improved mental health services.

Howard has 15 years of experience in social work since earning her masters degree from the University of St. Louis in Missouri. Since 2013, she has been working as the executive vice president for the National Alliance on Mental Illness (NAMI) in Lee County, where she provides vision, leadership and management to accomplish the mission of NAMI. She is a proven human services professional in management, community development, research and analysis, advocacy, fundraising, grant writing, governance, and board and budget management. She has worked with communities and families in the education, substance abuse and mental health fields.

Pacharis is a retired attorney who now lives on Fort Myers Beach. She is the author of *Mind On The Run – A Bipolar Chronicle*, based on her son's struggle with bipolar disorder. Following his death, she channeled her grief into advocacy for greater funding for research and support for those living with mental illness and their caregivers. She currently serves on the board of Hope Clubhouse of Southwest Florida, an organization dedicated to helping people with mental illness lead lives of dignity, respect and acceptance.

The League of Women Voters believes that a basic level of affordable, quality health care should be available to all. The Florida League strongly supported the expansion of Medicaid during the last session of the Legislature, but that effort failed.

Looking toward future efforts, noted Sanibel LWV President Robyn Cook, attendees at the luncheon will hear the speakers address the status of mental health services in Lee County, and discuss the expected impact of the 21st Century Cures Act recently passed by Congress.

Reservations are required by calling Ellen Strobel at 395-2969 or by email at LWVSanibel@gmail.com. Deadline for reservations is noon on Monday, January 16.

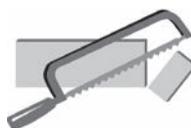
On January 19, doors open at 11:30 a.m. The Sundial luncheon location is at 1451 Middle Gulf Drive on Sanibel. For those with reservations, the luncheon cost is \$25. Those who prefer to hear the speakers but skip the luncheon are invited to join the program at 12:30 p.m.✪

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Chubb Classic Returns Here Next Month For The 30th Consecutive Year



by Ed Frank

As we begin a new year, it marks the 30th consecutive year that one of the most popular golf tournaments on the PGA's Champions Tour will be played in our local area.

In fact, the newly-renamed Chubb Classic (it was the Ace Group Classic for more than a decade) is the longest running tournament in the same metropolitan area on the Champions Tour.

The February 13 to 19 tournament at TwinEagles Club in Naples will again feature the top senior golf professionals in the world, just as it has for the last 30 years.

All 30 top money winners from the previous year, along with eight World Golf Hall of Fame members, competed here in 2016.

Although the final field that will compete for the \$1.6 million purse will not be announced for a few weeks, defending champion Bernard Langer is certain to return. Langer led wire-to-wire last year with a winning score of 15 under par, edging Fred Couples by three strokes.

Langer, a member of the World Golf Hall of Fame, has won the local tournament three times in seven appearances, along with two second-place finishes to win more than \$1.1 million in this tournament alone.

With 26 wins on the Champions Tour, Langer trails only Lee Trevino (29) and Hale Irwin (45) on the senior circuit.

This long-running tournament began in 1988 at Pelican Bay in Naples and was won by the famed Gary Player. His first-place check was \$45,000 out of the \$300,000 purse. Langer's first-place prize last year was \$240,000.

The tournament has been played on nine different courses over 30 years, the last five at TwinEagles.

More than \$3 million has been donated to local charities through this event. The First Tee, Make-A-Wish Foundation and the Alzheimer's Support Network are among the charities that will benefit from the 2017 Chubb Classic.

Tickets now are on sale by calling 593-3900. To recognize the local support for this 30-year-old event, general admission ticket prices have been reduced 40 percent. Daily general admission tickets are \$15.

Everblades Start 2017 Atop Division And Conference

Winners of four of their last five games, the Florida Everblades began the week – and the new year – with a first-place standing in the ECHL Eastern Conference and the South Division.

The Everblades began a seven-game homestand this week with a three-game series against the Manchester Monarchs on Wednesday, Friday and Saturday nights at Germain Arena. The puck drops at 7:30 p.m. tonight, Friday, and 7 p.m. on Saturday.

Manchester, with a 20-8-1-1 season record, trails Florida by just one point in the Eastern Conference and holds a first-place standing in their North Division.

Florida hosts both South Carolina and Orlando next week at Germain in the homestand.*

SPORTS QUIZ

- Who was the first San Diego Padres player to hit for the cycle?
- How many no-hitters did Hall of Fame pitcher Tom Seaver toss during his career?
- When was the last time before 2015 that Clemson held the top spot in The Associated Press college football poll?
- Name the only expansion team in NBA history to make the playoffs in its first season.
- Between the NHL and the World Hockey Association, how many goals did Gordie Howe tally during his career?
- In 2016, Oksana Chusovitina, 41, of Uzbekistan became the only gymnast to compete in seven consecutive Olympic Games. Who had been tied with her at six?
- In 26 U.S. Open appearances through 2016, how many times had golfer Phil Mickelson failed to make the cut?

ANSWERS

1. Matt Kemp, in 2015. 2. One, for the Cincinnati Reds in 1978. 3. It was the final poll of the 1981 season. 4. The 1966-67 Chicago Bulls. 5. He tallied 975 goals. 6. Bulgaria's Jordan Vovchev. 7. Three times.

SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through January 2

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	177	83
Second	Sandycappers	122	138
Third	Fresh Legion Crew	117	143
Fourth	Sanibel Café	104	156

January 2 Results

Bunt's Ball Busters	16	Sandycappers	4
Fresh Legion Crew	13	Sanibel Cafe	7

Sanibel 8-Ball Pool League

Busters Strong

Mike DeWitt and Terry Ricotta led first place Bunt's Ball Busters to a 16-4 victory over second-place Sandycappers. DeWitt and Ricotta went 4-0 against Taylor Hay and Kevin Pottorf. Dave Doane and Noah Smith logged 3-1 wins over John Reigert and Jack Cunningham as Bunt's built its league lead to 55 games. Sandcappers top shooter John Bates had two wins over Rich Ennis.

Fresh Legion Crew moved 13 games in front of Sanibel Café with a 13-7 pasting of the Café. Doc Lubinski, Tarzan Russell and Kip Buntrock produced 3-1 wins over Jimbo Gaubatz, Rich McCurry and Matt

Hall to aid the Legion Crew cause. For Sanibel Café, Randy Carson and Pete Mindel helped avoid total disaster by going 2-2 against Gator Gates and Tom Yorgey.

Many miracles occurred during these first matches of the New Year. For the first time in league history, Sanibel Café and Fresh Legion Crew submitted their lineups before the 5 p.m. deadline. DeWitt executed a rare jump shot to make the 10 ball and gain perfect position for his winning 8-ball shot. Ennis and Mindel executed stunning kick shots to manufacture 8-ball wins. John Reigert introduced his new illegal "push through" shot during his match with Doane. Smith made four balls on the break in one of his games. Buntrock and Hall finally finished their 70-minute match.*

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Golf carts lined up prior to last year's Sanctuary Community Golf Challenge
photo courtesy The Sanctuary Golf Club

15th Annual Sanctuary Community Golf Challenge Date Announced

The Sanctuary Golf Club, as title sponsor, is hosting the 15th annual Sanctuary Community Golf Challenge on Saturday, January 21. This event has raised more than \$1.3 million in the past years for the Charitable Foundation of the Islands (CFI) and its predecessors, solely from the generous support of The Sanctuary membership as well as other Sanibel and Captiva residents and businesses.

There are numerous sponsorship opportunities ranging from the \$7,500 Diamond Partnership, which includes additional rounds of golf, lunch and dinner at The Sanctuary Golf Club to a \$250 Hole Sponsorship. All proceeds go directly to the Charitable Foundation of the Islands, which in turn distributes the funds to assist island nonprofit organizations and individual

island residents, and workers who have experienced hardships such as medical and financial emergencies.

"The Sanctuary Golf Club's members have warmly embraced this event with their exceptional generosity and commitment to this fundraiser," said Ken Kouril, general manager and COO of The Sanctuary Golf Club. "The Sanctuary Community Golf Challenge allows opportunities for the membership to contribute and support our community."

Brett Kist continued, "This event fills up quickly, so sign up your foursome early. There are non-playing sponsorship levels available, if you do not play golf or cannot participate in the event. Your generosity goes to support the Sanibel - Captiva community."

The Sanctuary Community Golf Challenge begins at 10:30 a.m. with a brunch, followed by a 12:30 p.m. shotgun start. Afterwards, golfers meet at the clubhouse for drinks and hors d'oeuvres, an awards presentation and the ever-popular Helicopter Drop.

For more information about The Sanctuary Community Golf Challenge, contact Brett Kist at 472-6223 or bkist@sanctuarygc.net.*

Golf Invitational

On December 14, 120 local businessmen gathered to golf in the 20th annual Paul Sands Memorial Slaw Dog Invitational at the Cypress Lake Country Club. The Slaw Dog tournament was founded by motorsports entrepreneur Scott Fischer of Scott Fischer Enterprises and the late realtor, Paul Sands of VIP Realty Commercial.

The invitational is a holiday tradition which has raised thousands of charitable donations every year. This year, the tournament raised \$7,000 for Blessings in a Backpack of Southwest Florida, to feed over 70 kids every weekend for an entire school year who are on the federally-funded free meal program. They also raised \$7,500 for the Paul Sands REIS Scholarship Fund, which will give three scholarships to students at FGCU and

FSW interested in pursuing a career in real estate, as well as \$1,500 to Stockings 4 Kids, which donated 150 stockings of toys to less fortunate children in Lee County supported by United Way agencies.

In addition to the monies raised by participants, many local businesses supported the event as well. Scott Fischer Charities and the tournament organizers thanked Mark Marinello of Doc Ford's Rum Bar & Grille, Dan Kraft of Entech Computers, Lisa Sands of VIP Realty - Commercial, Tony Lapi of Sanibel Captiva Beach Resorts, David Michie of Marine Max Yacht Sales, Mike Banson of Allure Luxury Condominiums, Scott and Diana Willis of Jason's Deli, Cushman & Wakefield, and Blue Moon Pizza for their generous support.

Scott Fischer Charities, Inc. is a non-profit charity organization. For more information, call Cia Sherman at 690-4648.*

From page 15B

Center 4 Life

Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes - Tuesday, January 10, 17, 24 and 31 at 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes
Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness - Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and

body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

Essential Total Fitness - Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness - Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga - Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga - Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*



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dearRPharmacist

3 Tips To Help You Stay Sober



by Suzy Cohen, RPh

Dear Readers: I feel like every family – including mine – has someone who is an alcoholic, and wishes they could stop drinking. One of my relatives has struggled with alcoholism and drug

addiction since he was 14. Now, over 60 years of age, he's still suffering. I'm sure out of the millions of you who read my articles each week, some of you actually want help, and need hope. I'll give you that today. The actual part of "quitting" is not as hard as staying sober thereafter.

So, if you've made it your New Year's resolution to stop drinking, or stop taking sedatives, sleeping pills or tranquilizers, here is some important research and information that I want to share:

- You must have patience. Failure occurs when people give up instead of bearing with it, and holding on. Those receptors in your brain can, and do heal. You see, if you drink (or take benzodiazepine sedatives), the GABA receptors on your cells are atrophied. This means the little areas on your cells that hug GABA and pull it into your cell are dead. It's called downregulation if you want to look it up. Time is the only thing that will allow those receptors to regrow and heal. This is why you have to be patient and have faith. The receptor sites will upregulate.

- Supplements and medications usually backfire. The chemistry of addiction is such that these feel-good endorphins are needed constantly. So, when you suddenly stop getting endorphins (in the form of alcohol,

antidepressants, benzodiazepines, opiates like hydrocodone or heroin), your cells starve. The "happy" brain chemicals aren't there any more.

Conventional medicine's answer to this is to prescribe medications quickly because it restores some feel-good endorphins. The problem with this (and this is common sense if you think about it) is if your receptors are downregulated, the new medication will obviously backfire. The key is to re-sensitize your receptors, not push production of endorphins, there's nowhere for them to go, their levels spike causing terrible side effects.

- Use micro doses of anything you want to try. Supplements that may help raise GABA are available without prescription. I don't recommend any of them early in withdrawal, but maybe after a few months. Micro dosing is key to testing any supplement you want to try. Supplements that support your GAD enzyme are most helpful because the GAD enzyme forms the calming neurotransmitter called GABA. It's GABA that is elevated when you drink! Two inexpensive, over-the-counter nutrients can support the GAD enzyme, and they are lysine and P5P (pyridoxal 5 phosphate) but there's a trick to taking those.

I have some more incredible information about GAD and alcohol and benzo recovery. If you would like read my extended article, I have to email it to you. Just go to my website (suzycohen.com) and sign up for my free newsletter. Hang on and stay focused, I believe you can heal if you give it enough time. Most people unfortunately give up too soon because they don't know what I've just taught you. Share my article with someone you love.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Eden Energy Medicine

Heart To Mouth Gives Woman Her Voice



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

This week's column is reflective of the power of our individual intention and its impact on our health.

During an EEM session with a woman who was having trouble "getting her words out properly" following a diagnosis of heart and insulin issues, I asked her to make sure she regularly made a connection between her heart and a point on her groin area. However, when I saw her the following week to review how she did with her homework, she reported that as soon as she placed her hand over her heart and other hand over her mouth, she immediately was able to speak. She placed her hands in this position each time she was experiencing a sense of being unable to speak or when her words

would not come forth or they were scrambled. Reporting that each time this happened, she made her energetic connection, finding it made a huge difference and she was able to speak accurately and appropriately!

As she told me her story, I just laughed and she asked what was so funny. I told her this was such a wonderful new exercise that she intuitively created, and I would pass it along. Her own heart life force sent energy right to where she needed it, enabling her to speak coherently. The moral of the story is to set your intention in this new year, realizing that matter does follow energy and can change your life in profound ways – sometimes so completely unexpected. As Donna Eden says, "Your illness is not your fault, but your healing is your responsibility."

Make those resolutions with positivity, intention and a sense of wonder at your own power to change you and thus the world.

Have fun with your energy! Next week's topic is Figure 8's Around Eyes To Release Trauma.

*If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My daughter must have been born bossy, and her personality has never changed. She demanded and forced me into an assisted living community, which I cannot afford. I needed a little help, but not this lack of independence. In order for my insurance to pay, I have to just give up and let others do all of my care – care that I could do myself.

What can I do to get out of this mess?

Miriam

Dear Miriam,

You are a competent adult. As such, you can make your own choices regarding where you want to live.

My experience has been that well meaning adult children err on the part of safety for their parents without understanding the serious consequences on independence and happiness for their parents. I believe that there is a place for assisted living, however, it must be the right time, and sometimes that time never comes for many older people.

Discuss with your physician his or her perspective of your health status and ability to be independent in the home. Then, pick up the phone and start locating needed services for your home. The trend is for older adults to live in their own homes. There are many companies in the business of providing in-home services.

Pryce

Dear Miriam,

I was always under the impression that living communities checked out the person's ability to pay, first and foremost.

I would call my attorney and tell him your problem. Does your daughter have power of attorney? If not, you can make your own decisions and find out your options. Are there other family members who could help you? Maybe this daughter could get advice from them.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.**

Doctor and Dietician

Can Weight Loss, Exercise Change Cholesterol Levels



by Ross Hauser, MD and Marion Hauser, MS, RD

In our experience, most people can reverse high cholesterol without the use of medication. Generally, high cholesterol or fat in the blood is directly correlated with abdominal fat. Look at your belly. Do you have a lot of belly fat? If so, working on decreasing belly fat can help improve your cholesterol! Try eating a healthier diet for six straight weeks, along with regular workouts. Then, do a fasting lipid profile with your doctor and see what it shows.

Many people ask us about supplements. It is OK to use garlic, red yeast extract and other natural supplements to support healthy cholesterol levels, but diet and exercise are key for long-term success. Excess

amounts of carbohydrates will lead to the storage of fat and cholesterol. Therefore, by primarily eating protein, vegetables and whole grains, there is a good chance you will lose excess weight. You do need to give up any soda – diet or regular – as well as fake foods and coffee creamers, sweets, white bread, white rice, etc. Nuts and seeds are good snacks in moderation. Don't go crazy with fruit. We recommend only one or two servings per day for weight loss.

Ramp up the exercise, too. This will help eliminate fat and increase muscle to boost your metabolism. Weigh yourself weekly for the six-week period. If you can, workout six days per week. Do something aerobic twice per week, weight training twice per week, and another exercise you like twice per week, such as yoga, Pilates, swimming or running.

If you find yourself facing high cholesterol, triglycerides, blood sugars or weight, remember, you can work on improving these with the proper diet and exercise. Never underestimate the power of food!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.***

Got A Problem? Dr. Connie Is In

by Constance Clancy



Q: My Chi Gong teacher mentioned kundalini energy the other day and I am not sure what this is. Can you please describe what this is and does?

A: Kundalini energy is described

as a coiled serpent power at the base of your spine. It is a force that can be awakened through various modalities such as tai chi, yoga, massage and chi gong. This energy can rise up your spine by awakening the life force, or prana. When it rises up your spine, it can be like an electric current to the crown of your head as it nourishes your cells and life force.

In Hindu mysticism, the kundalini is seen as the goddess Shakti who surges up to unite with her beloved, Lord Shiva, the Supreme One.

What you can experience in your body is a sense of bliss. If you can learn to ignite this energy up through your spine, you will notice a spark that will seem invigorating and timeless. It's not something you can think your way through, just allow what happens to happen. Don't force it.

Once you are in the flow, say while you are in your Chi Gong class, your energies will be awakened, so just allow yourself to yield, and to let go with the sensations and emotions you are feeling. If you can learn

continued on page 24B

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Parmesan Roasted Snap Beans

- 12 ounces fresh snap beans, trimmed and rinsed
- 1 teaspoon salt
- 1 teaspoon freshly ground black pepper
- ½ teaspoon garlic, minced
- 2 tablespoons Parmesan cheese, grated

Preheat oven to 425 degrees F. In a large bowl, combine beans, salt, pepper and garlic; mix well. Spread beans out on a baking sheet and bake for 10 minutes.

Remove from oven and shake to move the beans around the sheet, then bake another 5 minutes. Remove beans from oven and sprinkle with cheese. Serve with Feta and Dill Dip.

Feta and Dill Dip

- 1 cup plain low-fat yogurt
 - 1 tablespoon fresh dill, chopped
 - 1 tablespoon crumbled feta cheese
- Mix all ingredients and serve.*



Parmesan Roasted Snap Beans

photo courtesy Fresh From Florida

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PETS OF THE WEEK

Maria is a 3-year-old pitbull terrier mix female who is overflowing with unconditional love and is ready and willing to be anything you want her to be... except homeless. She's hoping to remedy that in the new year. Her eyes are as beautiful and joyful as she is.

Her adoption fee is \$75.

Sweet little Varsity is a 1-year-old domestic shorthair spayed female who has been patiently waiting for a new family. She's the ideal companion to cuddle with and has a charming, quiet personality that is sure to make her a perfect family member.

Her adoption fee is \$50.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Maria ID# 683738



Varsity ID# 682666

From 10B

Fundraiser

his operatic repertoire through his performances with the New York City Opera, including *Moses In Egypt*, *La Perichole* and *A Quiet Place*. He has also been a guest artist on *The Today Show* and *Phil Donahue*.

This gala evening is an important one to the Symphonic Chorale, but also to the community. Money raised at the gala allows the chorale to continue bringing exceptional music to Southwest Florida audiences.

"Ticket sales to concerts only cover about 35 percent of our costs when we bring a production to the community," said Lynn Apelgren, Symphonic Chorale board president. "Events like our fundraising gala help offset those costs and allow us to present beautiful musical experiences and still keep ticket prices affordable."

To make reservations, visit the Symphonic Chorale's website at www.symphonicchorale.com. The cost per attendee is \$85.

The Symphonic Chorale of Southwest Florida is a highly select, auditioned professional core chorus under the artistic direction of conductor Dr. Trent Brown. Members come from Fort Myers, Naples, Bonita Springs, Cape Coral and surrounding areas.*

From page 22B

Dr. Connie

to nurture this energy, you will actually experience this energy ascend from your lower body to your head.

During whatever sessions you are practicing, keep relaxing deeper and deeper, and go with the energy flow. Stay out of your head and into your heart. Over time, you can experience benefits of clarity, balance, and optimal well-being for your mind, body and spirit.

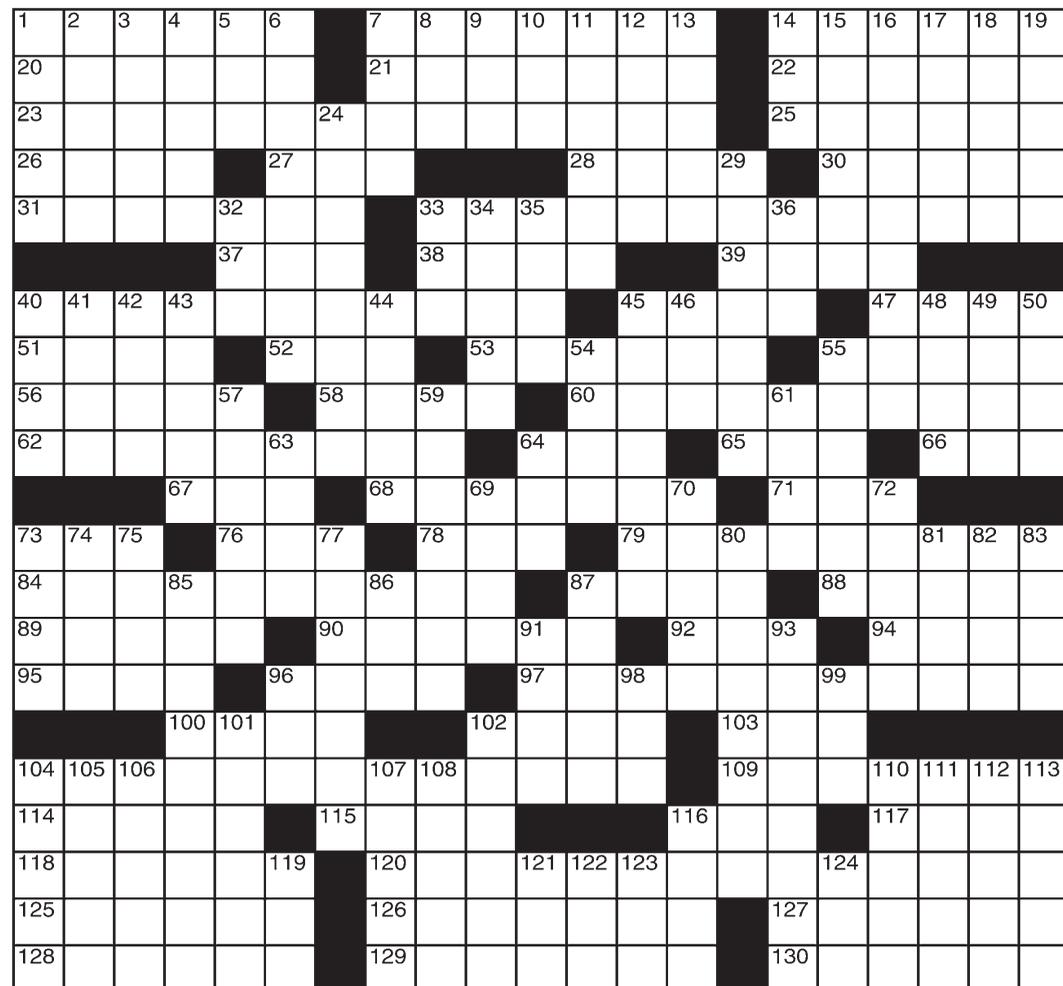
Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.*

PUZZLES

Answers on page 29B

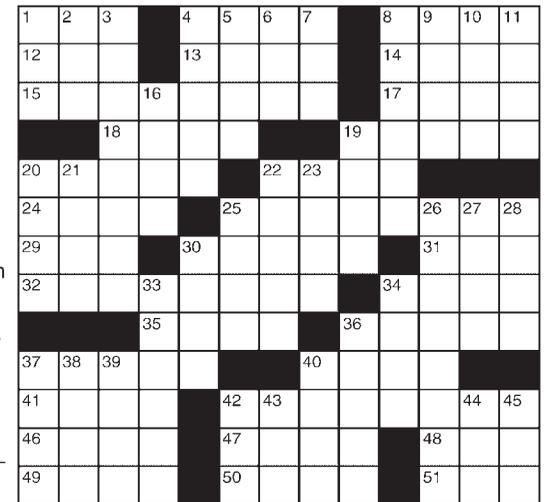
Super Crossword MIDDLE NAMES

- ACROSS**
- 1 Abe of "Fish"
 - 7 In hitting position
 - 14 "Neue Liebeslieder" composer
 - 20 Idolized
 - 21 Details of one's life
 - 22 Angle unit in math
 - 23 Doctors testifying about injuries, e.g. [Trebek]
 - 25 Third-largest Danish city
 - 26 East — Alto
 - 27 Former space station
 - 28 Tributary of the Seine
 - 30 Compound conjunction
 - 31 Fox's quality
 - 33 Uses a pogo stick [Chavez]
 - 37 Back muscle, informally
 - 38 Assns.
 - 39 Soft throw
 - 40 It's variable with a zoom lens [Ginsberg]
 - 45 Wry Mort
 - 47 See 95-Across
 - 51 The same, to Simone
 - 52 NM-to-NJ dir.
 - 53 Absorb slowly
 - 55 "Rapture" singer Baker
 - 56 St. Kitts and —
 - 58 Confident assertion
 - 60 They're part of history [Seagal]
 - 62 Modest reply of gratitude [Hawke]
 - 64 Item fitting in a rowlock
 - 65 Vain one's problem
 - 66 Tyke
 - 67 Above, in an ode
 - 68 Not prone to fading in daylight, as a fabric
 - 71 Wonder
 - 73 Winter malady
 - 76 "Coolness!"
 - 78 It hangs from a hoop
 - 79 Regulations on importing and exporting [St. Johns]
 - 84 Initial race advantages [Lovett]
 - 87 Épée relative
 - 88 Putrefy
 - 89 Guardian —
 - 90 Hansel's sis
 - 92 Heat qty.
 - 94 Goatee site
 - 95 With 47-Across, swooned-over sort
 - 96 "It's cold!"
 - 97 Current fashion [Lubitsch]
 - 100 Water, in Oaxaca
 - 102 Winged god
 - 103 G8 country
 - 104 Curt comment [Previn]
 - 109 Moralist's statement
 - 114 Rural towers
 - 115 Twisting fish
 - 116 Enzyme suffix
 - 117 Skinny
 - 118 Not inclined
 - 120 Saying "I do" [Bergman]
 - 125 Lamented loudly
 - 126 By mistake
 - 127 One of the Ramones
 - 128 Fall blooms
 - 129 Region centered on the upper Oder valley
 - 130 Makes off-peak calls?
 - 34 Playwright Joe
 - 35 Cries of repugnance
 - 36 "Buddy List" co.
 - 40 — shui
 - 41 Pointed arch variety
 - 42 Spelunking spot
 - 43 Samuel of the Supreme Court
 - 44 Bottle parts
 - 45 Reaches, as new heights
 - 46 Barn brayer
 - 48 By — of (due to)
 - 49 "Chained" actor Kruger
 - 50 Hold up
 - 54 Movie-rating gp.
 - 55 Stated firmly
 - 57 Crow of pop
 - 59 Into pieces
 - 61 "Crikey!"
 - 63 Asian sea
 - 64 Frequently, to Donne
 - 69 Chick's home
 - 70 Cree or Erie
 - 72 Decide (to)
 - 73 Heroic act
 - 74 Thin street
 - 75 Egg on
 - 77 Humiliate
 - 81 Hurting, as a joint
 - 82 Grieve loudly
 - 83 December 31 song word
 - 85 "Stormy Weather" singer
 - 86 Abbr. on a bus schedule
 - 87 See 9-Down
 - 91 Watson of "Noah"
 - 93 Erratic
 - 96 Frank holder
 - 98 Nickname for Dwight Gooden
 - 99 Airline to Sweden
 - 101 Riotous joke
 - 102 Dutch lager
 - 104 Honshu city
 - 105 Exchange for a ten
 - 106 Naval force
 - 107 TV's Philbin
 - 108 Nicholas Gage novel
 - 110 Brought out into the open
 - 111 Spiteful
 - 112 "— much better now"
 - 113 Stem joints
 - 116 Taj Mahal site
 - 119 Mag staffers
 - 121 Mario's three
 - 122 Auditing gp.
 - 123 "— don't!"
 - 124 Vintage auto



King Crossword

- ACROSS**
- 1 "— -la-la!"
 - 4 Blue hue
 - 8 Docket entry
 - 12 Part of TGIF
 - 13 Sitarist's rendition
 - 14 Fairy tale preposition
 - 15 What old soldiers do
 - 17 Actress Gilpin
 - 18 Sea flock
 - 19 Packaged
 - 20 Missouri river
 - 22 One-on-one fight
 - 24 Moistens in the morn
 - 25 Clingy crustacean
 - 29 Narc's org.
 - 30 Sightless
 - 31 Melody
 - 32 Small telescope
 - 34 On the briny
 - 35 July birth-stone
 - 36 Ballet wear
 - 37 Hiawatha's carrier
 - 40 Antitoxins
 - 41 Sandwich cookie
 - 42 Shakespeare in-law
 - 46 Historic name in TV talk
 - 47 Reed instru-
 - 8 Dome
 - 9 Pinnacle
 - 10 Aching
 - 11 Oklahoma city
 - 16 Work units
 - 19 Flex
 - 20 Probability
 - 21 Leak slowly
 - 22 "Loves me (not)" flower
 - 23 Grecian vessels
 - 25 Spill the beans
 - 26 Gilligan, notably
 - 27 Stead
 - 28 Historic periods
 - 30 Sad
 - 33 Rut
 - 34 Emanation
 - 36 Giggly sound
 - 37 Barbershop need
 - 38 Geometry calculation
 - 39 Jock's antithesis
 - 40 Halt
 - 42 Swine
 - 43 "The — Daba Honeymoon"
 - 44 Past
 - 45 Longing
- DOWN**
- 1 Vacationing
 - 2 Man-mouse link
 - 3 Retreat
 - 4 Stretch, as the neck
 - 5 Deviates off course
 - 6 Khan title
 - 7 Yea canceler

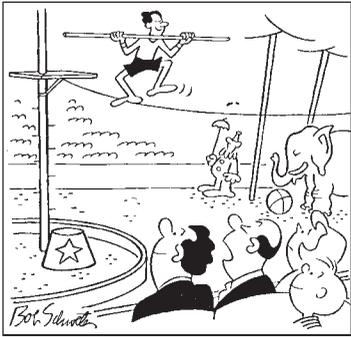


MAGIC MAZE — GRAPES

S V S P L I E B Y V R O L I F
 C Z W C T Q E D N K I F C Z W
 U R P M O J H (N I A G A R A) E
 C Z X U S N W Q I R N L A F J
 G E C T Z T C H X D B N V O T
 R P N L A J A O I H A Y E H C
 A Y W R V C D B R T T C H C R
 P N L K U S S E L D E E S N I
 G E C T R O P U I E B N Z U X
 W U S R P I S O M R M L I B M
 J I G E R D B A Y X D W U W T

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|----------|-----------|----------|---------|
| Bunch of | Muscadine | Red | Sultana |
| Concord | Muscat | Ripe | White |
| Dried | Niagara | Seedless | Wine |
| Hybrid | Port | Sour | |



"That's nothing — he should try coming home at four in the morning and avoid the _____ stairs."
answer on page 27B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Mystery

GAMINE

Fraud

FREAK

Anger

EQUIP

Sordid

LAZYES

TODAY'S WORD

	3		5			7
	1	4	2			9
9					4	
		3		6		8
8			7			5
	5				3	9
		2	6			8
1			4		2	
	6			1		7

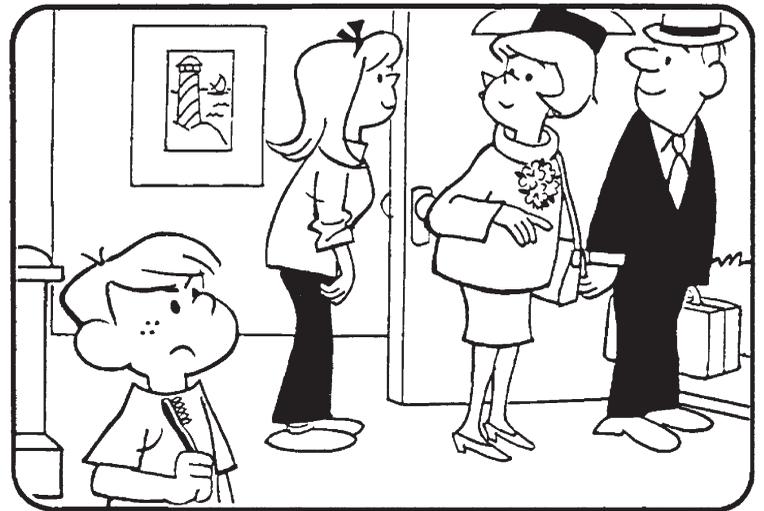
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

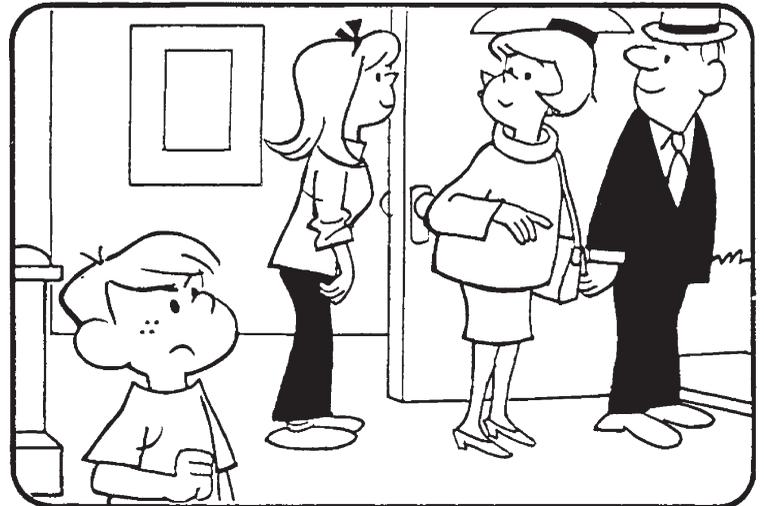
answer on page 29B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Picture is missing. 2. Toothbrush is missing. 3. Body is slimmer. 4. Hat is smaller. 5. Corsage is missing. 6. Suitcase is missing.

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LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with The Riverside Band, playing classic rock and more. On Monday, it's Renata. Wednesday is Jerry B. Variety Show, featuring Motown and classic hits. Sir Mitch plays classic rock, R&B and dance on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's John McLane.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday with Woody Brubaker and Barbara Smith. Dusk plays on Saturday. On Sunday it's Barbara Dexter. Woody Brubaker plays on Wednesday. Mike Arnone plays on Thursday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays with Danny Morgan & Friends.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.✪

My Stars ★★★★★

FOR WEEK OF JANUARY 9, 2017

ARIES (March 21 to April 19)

A hectic period begins to wind down. Take time to draw some deep breaths and relax before getting into your next project. A long-absent family member makes contact.

TAURUS (April 20 to May 20)

You're eager to move forward with a new challenge that suddenly dropped in your lap. But you'd be wise to take this one step at a time to allow new developments to come through.

GEMINI (May 21 to June 20)

You're almost ready to make a commitment. A lingering doubt or two, however, should be resolved before you move ahead. An associate could provide important answers.

CANCER (June 21 to July 22)

Caution is still the watchword as you move closer toward a decision about a new situation. If you act too fast, you might miss some vital warning signs. Go slowly and stay alert.

LEO (July 23 to August 22) Your new goal looks promising, and your golden touch does much to enhance its prospects for success. In your private life, Cupid does his best to make your new relationship special.

VIRGO (August 23 to September 22) That impatient side of yours is looking to goad you into moving before you're ready to take that big step. Stay calm and cool. Let things fall into place before you act.

LIBRA (September 23 to October 22) A legal matter you hoped could finally be settled could be a pesky problem for a while, until all the parties agree to stop disagreeing with each other. Be patient.

SCORPIO (October 23 to November 21) Partnerships – personal or professional – which began before the new year take on new importance. They also reveal some previously hidden risks. So be warned.

SAGITTARIUS (November 22 to December 21) Your associates are firmly on your side, and that persistent problem that has caused you to delay some activities should soon be resolved to your satisfaction.

CAPRICORN (December 22 to January 19) Favorable changes continue to dominate, and you should be responding positively as they emerge. Someone wants to become more involved in what you're doing.

AQUARIUS (January 20 to February 18) A friend wants to share a secret that could answer some questions you've wondered about for

a long time. Meanwhile, travel aspects continue to be strong.

PISCES (February 19 to March 20) Stay on your new course despite so-called well-meaning efforts to discourage you. Rely on your deep sense of self-awareness to guide you to do what's right for you.

BORN THIS WEEK: You have the capacity to meet challenges that others might find overwhelming, and turn them into successful ventures.

THOUGHT FOR THE DAY

"The greatest happiness of life is the conviction that we are loved – loved for ourselves, or rather, loved in spite of ourselves." – Victor Hugo

SCRAMBLERS

solution

1. Enigma; 2. Faker;
3. Pique; 4. Sleazy

Today's Word

SQUEAKY

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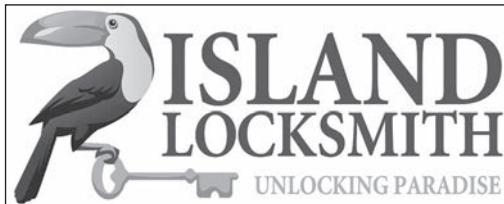
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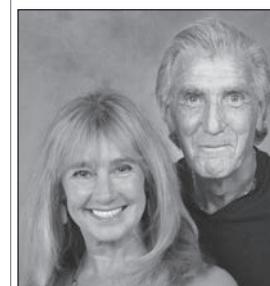
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 ANGEL GRETTEL BTU CHIN
 TEEN BRRR MODERNSTYLE
 AGUA AMOR USA
 OFFHANDREMARK ITSASIN
 SILOS EELS ASE INFO
 AVERSE GETTINGMARRIED
 KEENED INERROR DEEDEE
 ASTERS SILESIA YODELS

KING CROSSWORD

OOH CYAN CASE
 FRI RAGA UPON
 FADEAWAY PERI
 ERNS BOXED
 OSAGE DUEL
 DEWS BARNACLE
 DEABLIND AIR
 SPYGLASS ASEA
 RUBY TUTUS
 CANOE SERA
 OREO HATHAWAY
 MERV OBOE AGE
 BADE GAPE YON

MAGIC MAZE

— GRAPES

SUDOKU

2	3	8	9	5	6	4	1	7
6	1	4	2	3	7	9	5	8
9	7	5	1	8	4	3	6	2
4	2	3	5	6	9	8	7	1
8	9	6	7	2	1	5	4	3
7	5	1	8	4	3	2	9	6
3	4	2	6	7	5	1	8	9
1	8	7	4	9	2	6	3	5
5	6	9	3	1	8	7	2	4

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*NS 11/11 CC TFN

DUE TO ILLNESS IN FAMILY JANUARY & FEBRUARY JUST BECAME AVAILABLE

Adorable 3 bed, 2 bath beach home, with HotTub 5 lots to private Beach Access, sleeps 8 and fully equipped January - \$6,500. - February \$7,500. Check out VRBO# 405209 for pictures & additional info Call Brooke @ 239-281-4179 to book today!
*NS 12/30 CC 1/20

ANNUAL RENTAL

ISLAND COTTAGE

Charming 3/2 island cottage renting for 2017 Mid island close to beaches and island amenities. Jan- May \$4,000 monthly June-Oct \$1,800 monthly Contact 2600coyle@gmail.com
*NS 11/18 CC 5/26

CAR WASH & WAX BY HAND

Sanibel & Captiva Islands. Exterior & Interior Cleaning. Tire Dressing. I come to your Home, Condo or Hotel. Reasonable Rates. Satisfaction Guaranteed. 239-284-3639.
*RS 12/16 CC 1/6

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way
*NS 5/6 BM TFN

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

HELP WANTED

REAL ESTATE AGENT

Licensed, driven, and self-managed Agent who will be responsible for Interval and Timeshare buyers. Will develop knowledge of the local market, pricing and staging homes as well as managing the closing process. Active Florida Real Estate license necessary and exceptional customer service skills required. Email resume to: mfindlay@southseas.com EEO/AA/M/F/D/V.
*NS 12/30 CC 1/20

HELP WANTED

Sanibel DQ is looking for hardworking individuals with ability to multi-task and work in a fast paced environment. We are hiring full and part time positions. So stop on in and fill out an application today. 1046 Periwinkle Way. 472-1170.
*NS 12/30 CC 1/20

LOAN NEEDED

LOAN NEEDED

Looking for private investor loan to consolidate personal debt. I live on Sanibel and can offer second mortgage on my home. Amount needed is \$150,000. This will payoff existing debt. Please respond to sanibelforme@hotmail.com
*NS 7/22 CC TFN

AUTOS FOR SALE

MERCEDES BENZ 560SEL 1988

150k Miles. Great condition, A/C great, tires great MUST SEE - on Sanibel Asking \$9,000. Call 215/768-5117
*NS 1/6 CC 2/10

AUTOS FOR SALE

1992 NISSAN 240 SX CONVERTIBLE

Excellent Condition. 55,000 Original Miles \$6,000. Call Don 239-314-5117.
*NS 12/23 CC 1/13

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800
*RS 1/4 NC TFN

LOST AND FOUND

LOST CAT

All Black. Last seen in Lungren area. May respond to name of 'Blackie'. Reward. Please call 239-277-0058.
*NS 12/9 CC TFN

FOR SALE

RECUMBENT TRICYCLE

Red, manufacturer SUN-22. Excellent condition, lightly used. New price \$1,100; asking \$600, Or Best Offer. Located on East End Sanibel, 239-579-0720. Helmet available at no add'l cost.
*NS 1/6 CC 1/13

FOR SALE

GOD BLESS AMERICA

Lydia and Paul Cook want to THANK SANIBEL FOR 11 GREAT YEARS! PERIWINKLE WAY AUCTION & CONSIGNMENT is now online at www.SanibelConsignment.com under www.EBTH.com Get auction prices on all antiques, sealife jewelry, nautical items. Ikki Matsumoto island themed prints & Sanibel seashells. God Bless American & our loyal friends!
*NS 11/18 CC TFN

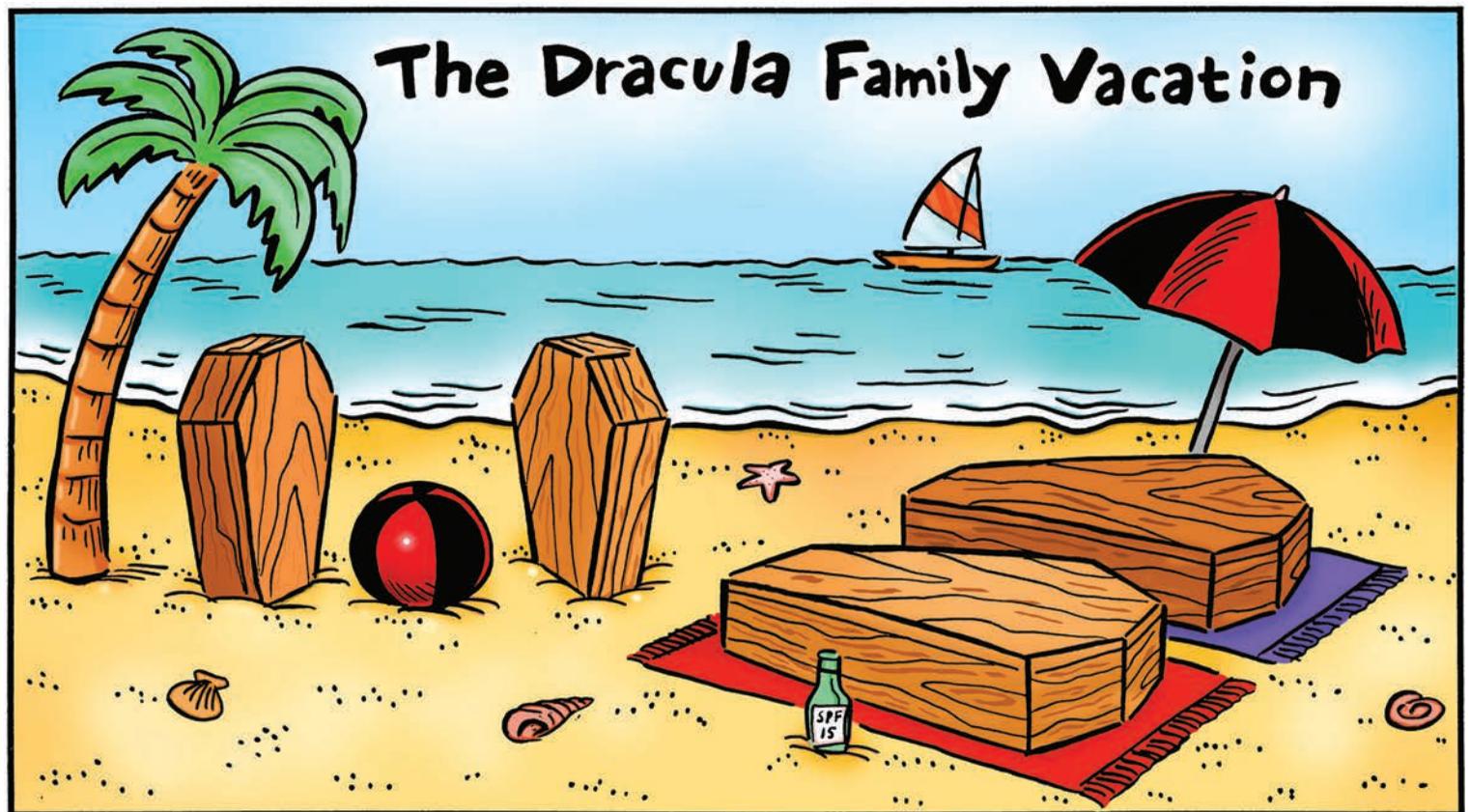
GARAGE • MOVING • YARD SALES

MOVING SALE

HUGE indoor moving sale multi family "no early sales or inquiries" 2628 Coconut Drive 8 a.m. Saturday, January 7.
*NS 1/6 CC 1/6

Read us online at IslandSunNews.com

HORTOONS



Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Dinkins Bayou	Sanibel	2009	3,660	\$2,695,000	\$2,515,000	3
Southport on The Bay	Bonita Springs	1992	3,400	\$2,375,000	\$1,800,000	244
Cape Coral	Cape Coral	2010	5,061	\$2,040,000	\$1,900,000	14
Island Shores Club Section	Fort Myers Beach	1965	3,500	\$1,695,000	\$1,572,000	217
Woodsedge	Estero	2007	3,784	\$1,495,000	\$1,450,000	518
Cape Coral	Cape Coral	1976	5,233	\$1,200,000	\$1,150,000	198
Seaside Estates	Fort Myers	2004	3,239	\$989,500	\$915,000	190
Montelago	Miromar Lakes	2003	3,086	\$945,000	\$897,000	5
Sanibel Bayous	Sanibel	1987	1,866	\$648,000	\$600,000	231
Cape Coral	Cape Coral	1991	3,626	\$629,900	\$609,900	66

472-HOME (4663)
888-603-0603

2242 Periwinkle Way, Sanibel Square #3

More info & real estate
blog at SanibelSusan.com

Sanibel REALTY ASSOCIATES *Susan*

HAPPY ★ NEW ★ YEAR



Sand Pointe #122

- Desirable West Gulf Dr condo
 - 2nd floor 2 bedroom, this view
 - Remodeled open kitchen
 - Updated baths too
 - Restored balcony with new tile
 - Years of weekly rental income
 - Grossing ~\$40K+/yr
- \$749K furnished & with bookings



Sundial East #R401

- Top-floor corner penthouse
 - Tropical courtyard to gulf view
 - Large 2 bedroom plus den
 - Remodeled kitchen & baths
 - Stack washer/dryer
 - Tiled living spaces
 - Vacation & rental ready
- \$799,000 furnished



Lighthouse Point #129

- Convenient east-end
 - Easy-access 3 bedroom
 - ~1700 sq. ft. of living space
 - One tier back from bay beach
 - Residential community
 - Large exterior storeroom
 - 2 bay-view living areas
- \$599,000 furnished



Nutmeg Village #303

- West Gulf Dr residential condo
 - Top-floor 2 bedroom
 - Gulf views from every window
 - Bright remodeled kitchen
 - Covered parking
 - Private storeroom
 - Fabulous beach-side amenities
- \$799,000 furnishings available



Loggerhead Cay #264

- Gulf-view top-floor 2 bedroom
 - Remodeled white kitchen
 - Years of successful income
 - Grossing ~\$60K/annually
 - Olympic-sized pool
 - Clubhouse, tennis & more
 - Future bookings to be honored
- \$598,300 furnished



Pointe Santo #C34

- 3rd floor center 1 bedroom
 - This amazing water view
 - Whimsical beachy decor
 - Easy weekly rentals
 - Grossing ~\$45K/year
 - Pool, tennis, clubhouse, etc.
 - Planned events & activities
- \$599,000 with future bookings



Gulf Beach #102

- Small east-end complex
 - Beach-front 2 bedroom
 - Wide tropical view to gulf
 - Recently updated kitchen
 - Impact windows plus storm shutter on screened balcony
 - Pet friendly
- \$799,000 furnished & bookings



High Tide #C101

- 2600 sq. ft. West Gulf Dr condo
 - Spans entire floor so private, light & bright
 - Great room with open kitchen
 - Large master suite
 - Split plan guest suite
 - Den or 3rd bedroom also
- \$1,195,000 furnished, less art



Beachcomber #A102

- East-end gulf-front luxury
 - 2600 sq. ft. with gulf, beach, & pool views
 - Small 20-unit community
 - Pool & tennis
 - Covered parking & storeroom
 - Most furnishings negotiable
- \$1,495,000



2010 Sunrise Circle

- Large elevated pool home
 - On inland lakeside cul-de-sac
 - Over 3400 sq. ft. under air
 - Almost 7500 sq. ft. total
 - Elevator, fireplace, tile floors
 - Great room & family room, plus den or 5th bedroom
- Excellent value at \$799,000



537 Lake Murex Circle

- Well-maintained & near-beach
 - Large tropical yard, pavers too
 - 3+bedrooms & 3+baths
 - Split plan on lake, facing south
 - Huge waterside pool plus spa
 - Elevator, new kitchen & HVAC
 - Living level impact windows
- \$899,000



9441 Peaceful Drive

- Residential lot in Gumbo Limbo
 - Oversized at ~170' x 155'
 - Borders preserved land
 - Sunny back yard faces west
 - Ideal location for pool home
 - Central location handy to bay & gulf beaches, & shopping
- \$299,000



1550 Centre Street

- Residential lot ~100' x 115'
 - In heart of the island, in Sanibel Center community
 - One block north of Periwinkle
 - Convenient to bike path, bay, gulf, Jerry's Center, causeway
 - Backs to natural utility parcel
- \$199,000